



KERN NATIONAL NETWORK
FOR FLOURISHING IN MEDICINE
Character. Caring. Practical Wisdom.

Geisel KNN Student Chapter

Mairead Pfaff, Tamar Mosulishvili, Vincent Busque on behalf of Geisel's KNN chapter



23/24 Chapter Initiatives

- Humanizing Geisel podcast launch
- KNN student member retreat
- Professionalism vs Humanism discussion
- Building KNN presence on campus



Use of Framework

We focused on **introducing** the KNN framework, **defining** each term within the framework, and began **exploring** how students can develop these aspects within the context of medical school.

In each KNN chapter meeting, we **focus on one component** of the framework. We emphasize the importance of first establishing the individual relationship with a KNN core concept, and then work towards **sharing that concept** with the broader community.

Humanizing Geisel: The Podcast aims to increase connections and facilitate sharing of wisdom between students, staff, and faculty through sit-down interviews. The overarching goal is to digitalize the sense of community and increase the sense of belonging within and outside our institution.



- Launched in January 2024. Episodes featuring Geisel students, faculty, and/or staff posted every two weeks, on Friday!
- Allowed us to collaborate with a local high school student, Willa Merrill, as an editor.
- As of March 2024:
 - Five episodes published
 - 14 episodes recorded



Listen to the episodes^

A **student-led retreat** focusing on developing the KNN framework and its applications to preclinical and clinical life at Geisel was held in November 2023. Student leaders led workshops on different aspects of the KNN framework including reflecting on our core values, expressing authentic caring, relinquishing fears, meditating, and elevating underrepresented voices in medicine. Students left with skills needed to implement components of the KNN framework into their lives during medical school.



What We Are Learning

Through KNN student meetings, retreat, and podcast, we are engaging students and the broader Geisel community with the KNN framework at different levels.

Our key takeaways from these different initiatives:

Student-led retreat:

- Deep engagement with the framework is helped by creating an intimate environment
- Workshops led by peers deepened influence

Podcast:

- Reaches and connects the broader community
- Self-paced nature further expands impact

Chapter meetings:

- Faculty participation helps with recruitment and helps students know institution cares about KNN values

Noticing change (even if small) through conversations, buy-in, reflections, and attitude changes.

Acknowledgements

Thank you to everyone who participated in Geisel's KNN events and initiatives over the past year, including students, staff, and faculty.