

Diagnostic Work Up Guidelines

Asymmetry Focal Asymmetry Architectural Distortion Mass	➔	Spot 2D/3D in views seen True Lateral 2D/3D +/- Ultrasound if finding persists
Circumscribed Mass	➔	Ultrasound Only
Calcifications	➔	2D spot mag CC and ML True lateral 2D/3D
Palpable Mass	➔	Full View 2D/3D CC & MLO with Triangle marker placed at area of palpable mass. Tangential view 2D/3D. Ultrasound (first if pregnant)
Focal Pain	➔	Full view 2D/3D CC & MLO with Square Marker placed at area of focal pain +/- Ultrasound
New Nipple Inversion	➔	Full view 2D/3D CC & MLO Retroareolar Ultrasound
Discharge	➔	Age 30 and above-Full view 2D/3D mammo and retroareolar U/S Under 30- Retroareolar US first +/- Diagnostic mammo
6 Month Follow up Calcs	➔	CC & ML mag views only
12/24 Month Follow up Calcs	➔	Full view 2D/3D CC & MLO CC & ML mag views
6 Month Follow up Asymmetry	➔	Full view 2D/3D CC & MLO + same spots done at last visit
Males	➔	Age 30 and above-full view 2D/3D with Triangle (if lump) +/- Ultrasound Under 30- Ultrasound First +/- mammo and Rad discretion
Women Under 30= Ultrasound first +/- Mammo at Rad discretion Mammo done less than 3 months ago = start with Ultrasound		