Dartmouth Health

Dartmouth Hitchcock Medical Center

# Radiation Safety Patient Instructions

## PLUVICTO (Lu-177 vipivotide tetraxetan)

## Urinary Incontinence or Catheter Use

**Follow these instructions for 3 days after receiving PLUVICTO.**

**If the patient has urinary incontinence (unable to hold urine):**

- A Foley catheter is the preferred method for managing urinary incontinence and radiation safety precautions.
    - The Foley catheter is inserted into the urethra and goes into your bladder.
    - A Foley catheter is not removed each time you need to empty your bladder. The Foley catheter continuously empties urine from your bladder into a collection bag.
    - Empty the Foley bag into the toilet **at least once every hour** for the first 8 hours after administration of the dose.
    - After 8 hours, continue to empty the Foley bag into the toilet every 2 to 3 hours.
    - Flush the toilet with the lid down after every emptying of the Foley bag.
- If diapers or pads are used:
    - Change diapers or pads **at least once every hour** for the first 8 hours after administration of the dose.
    - Wipe down the private areas after removal of diapers or pads.
    - After 8 hours, change diapers or pads every 2 to 3 hours.
- Caregivers may assist with emptying urine bags, changing diapers or pads, and cleaning private areas as long as disposable gloves are worn at all times.
- Catheters, diapers, pads, and gloves used for the first 3 days must be held for 30 days before disposal into the trash. A basement or outdoor area is the preferred holding location. Contact Radiation Safety if there are any questions.

**If the patient is not incontinent but uses a catheter (straight catheter) to empty their bladder:**

- Use a catheter to empty your bladder **at least once every hour** for the first 8 hours after administration.
- After 8 hours, continue to empty your bladder every 2 to 3 hours.
- Make sure that all urine goes down the toilet. Flush the toilet with the lid down after each emptying of your bladder.
- Clean up any splashes of urine. Be careful not to splash urine while removing the catheter.
- Catheters used for the first 3 days must be held for 30 days before disposal into the trash. A basement or outdoor area is the preferred holding location. Contact Radiation Safety if there are any questions.

**Contact Radiation Safety for any radiation safety related questions:**

Call (603) 650-5000 and ask to page Radiation Safety. Please make sure to leave your phone number with the operator.