**UFE Protocol – Dr. Forauer, Dr. Hoffer, and Dr. Munger.**

**Pre-Operative Orders:**
- Instruct patient to hydrate the day before. Drink 1 liter of water.
- Have patient arrive 60 minutes prior to procedure to start medications.
- Place Foley to gravity
- Urine pregnancy test before giving medications.
- NS at 100 cc/hr IV
- Tylenol 975 mg PO
- Ancef 2 gram IV (Vancomycin 500 mg if patient has PCN allergy)
- Reglan 10 mg IV (**Not for Dr. Forauer patients**)
- Decadron 10 mg IV (**Not for Dr. Forauer patients**)
- Toradol 60 mg IM (In the event of renal impairment give 30 mg; **Dr. Forauer will give split doses during the procedure rather than before**)

**Procedure:**
- Versed and Fentanyl IV. Increments of 1 mg and 50 ucg each. Average dose is 1.5 mg and 75 ucg during procedure. Final additional dose of 1 mg and 50 ucg at completion.
- SCDs placed.
- Connect Dilaudid PCA in IR room prior to transfer to Recovery Room. PCA is used for maintenance, once pain under control; the patient will need ongoing bolus PRN Dilaudid pain control in Recovery.
- Toradol 60 mg IM (**For Dr. Forauer, will give split doses during procedure rather than before, All other Doctors before procedure, as above**)

**Postop Orders:**
- Continue NS at 100 cc/hr; may discontinue once tolerating oral intake.
- Discontinue Foley within 5 hours, BEFORE transfer to floor.
- Use Dilaudid in 0.5-1 mg increments PRN pain in Recovery Room (Avoid Morphine)
- Zofran 4 mg IV Q 6 hr prn nausea.
- Tylenol 975 mg PO (6 HR after initial dose, likely on floors)
- Toradol 30 mg IV Q6H after initial dose.
- Oxycodone 5-10 mg when taking PO liquids.
- Up, walking and voiding in 6 hours.

**Discharge Prescriptions:**
- Oxycodone 5/325 tablets. Take 1 – 2 Q 4 – 6 hours prn breakthrough pain.
- Naprosyn 500 mg P.O. T.I.D. x 5 days. Start tomorrow. May discontinue if pain resolves.
- Doxycycline 100 mg P.O. B.I.D. x 5 days. Start tomorrow.
- Zofran 4 mg SL Q 6 hours prn nausea.
- Colace is recommended if needed.

** - Unique items to Dr. Forauer.
**UFE Protocol – Dr. Percarpio**

**Pre-procedure/Pre-procedure area orders/instruction:**
- Instruct patient to hydrate the day before. Drink 1 liter of water.
- Have patient arrive 90 minutes prior to procedure to start medications.
- Place Foley to gravity
- Urine pregnancy test before giving meds.
- IV N.S. at 100 cc/hr

Give meds before leaving pre
- Toradol 30 mg IV
- Ancef 2 gram IV
- Reglan 10 mg IV
- Zofran 4 mg IV
- Decadron 10 mg IV
- Tylenol 1000 mg IV/PO
- Dilaudid 0.5-1 mg IV (depending on opiate naïve vs tolerant)

**Intra-Procedural**
- SCDs
- Lidocaine 2 % SQ
- IV NS per protocol
- Fentanyl /versed moderate sedation PRN usually starting with 50 mcg and 1 mg
- Preservative-free Lidocaine 0.5% 5 cc of injected into each uterine artery immediately after particles
- Dilaudid PCA pump

**Post-procedure**
- Continue Fentanyl PRN until pain is controlled on PCA
- D5W½ NS @200 cc/hr until D/C with PO fluids
- Zofran 4 mg IV PRN
- Remove foley preferably before sent to floors, sooner if radial access or after 2 hrs or 4 hrs post sheath pull
- Tylenol 1000 mg IV/PO (6 HR after initial dose, likely on floors)
- Toradol 30 mg IV 6 HR Q6H after initial dose, likely on floors

**Discharge**
- Oxycodone 5-10 mg PO q 4 - 6 hrs
- Naproxen 500 mg PO BID x 5 days
- Compazine 25 MG PR BID PRN
- Zofran 4 mg PO Q6H PRN
- Colace 100 mg PO bid prn
- Ciprofloxacin 500 mg BID for 5 days