



**ELEVATE**

# CERTIFICATE

IN LEADERSHIP FOR WOMEN PHYSICIANS

Explore core competencies, Take time for reflection, Gain clarity

Inspires **Women Physicians** to Own their Leadership Style and Lead with Intention

Determined to stem the tide of women physicians exiting the medical profession, the American Medical Women's Association (AMWA) launched an innovative, empowering leadership development program. **AMWA ELEVATE** Certificate in Leadership is a dynamic, six-month program designed to meet the specific needs of women physicians.

"AMWA conceived the program to fulfill a recognized need for issue-oriented problem-solving capabilities that are not addressed during training," says Dr. Theresa Rohr-Kirchgraber, AMWA President and Professor of Medicine at AU/UGA Medical Partnership in Athens, Georgia. "Women physicians need insights to surmount the challenges of implicit bias and establish a confident leadership presence."

**AMWA ELEVATE** aims to reverse the glaring gender gap in leadership for women physicians. "We believe that by preparing a more diverse pool of women physicians for leadership success, program participants will be instrumental in assuring that the healthcare leaders of the future reflect the patients they serve," says Dr. Tamara Chang, **AMWA ELEVATE** Program Founder and Director, and Medical Director of Provider Wellness for MultiCare Health System.

"We want to uplift our highly-trained, brilliant and caring women in medicine," she adds. "By providing women physicians with the adeptness they need to attain their career goals, and a greater degree of job satisfaction through **AMWA ELEVATE**, we are confident that the entire profession will also be elevated."



**AMWA ELEVATE** participants expected to play major role leveling the playing field for women in medicine

**AMWA ELEVATE** attracts women physicians looking for an opportunity to move their career forward. According to Dr. Chang: "We help participants – some of whom already have leadership roles and many who are, in their own words 'flying blind' – to better understand their purpose and align their values to their core leadership philosophy and style, and so much more."

**AMWA ELEVATE** helps to open the eyes of women physicians to their own amazing potential as leader. The programs so they can understand what drives and inspires them so they have a clear sense of exactly what they really want to accomplish after completing the program.

**Learn More and Apply:**  
[bit.ly/amwa-elevate](https://bit.ly/amwa-elevate)



**Join the Next Cohort**



## INNOVATIVE ELEMENTS:

- **Targeted Modules**

- On-demand content introduces essential core competencies

- **Small group coaching**

- Led by a certified professional leadership coach, participants explore and apply competency themes as they refine their leadership styles

- **One-on-one coaching**

- To personalize and accelerate individual competency and augment leadership-building

- **Monthly Mastermind Sessions**

- Peer working group for deeper exploration of monthly themes

- **Leadership Intensive Portfolio**

- A final demonstration project challenges participants to express their evolution and command of the competency concepts

- **Continuing Education**

- Earn up to 18 reflective-based CME credits

**AMWA ELEVATE** graduates receive a waiver of the communications and organizational behavior prerequisites for the Master of Medical Management degree at Carnegie Mellon University.



"I was walking around in a fog not clear on my goals or boundaries. Having clarity about where I'm going and remembering that I need to stick to what serves my goals and objectives was my number one takeaway."

— Lina Millan, MD, Associate Professor at the Medical College of Georgia with dual board-certification in Obstetrics & Gynecology and Minimally Invasive Gynecological Surgery



"Even though I've held many leadership roles, **AMWA ELEVATE** was my first leadership program. I was so impressed with the depth of knowledge I gained. I'm far better able to lead and serve because I have all of the tools now. I feel like a rockstar thanks to ELEVATE."

— Simone Wildes, MD, Clinical Assistant Professor of Medicine at Tufts University School of Medicine, now serves on the Massachusetts Governor's COVID-19 Vaccine Advisory Group



"We had a challenging year at my clinic and **AMWA ELEVATE** became my spine and caused me to really think about who I am. This program has helped me go to the next level both professionally and personally in interactions with people."

— Monica Abbi, MD, Clinical Associate Professor at the University of Washington; Associate Program Director, Tacoma Family Medicine Residency & Rural Family Medicine/Obstetrics Fellowship