

# 44<sup>th</sup> Annual NNE CO-OP PCBRN Meeting Report

Bartlett, NH | January 26-28, 2024

Troi Perkins, Conference Director Zoe Daudier, Conference Coordinator

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### Summary

The Northern New England CO-OP Practice and Community Based Research Network (known as NNE CO-OP PCBRN; herein referred to as the "CO-OP") held its 44th Annual Meeting on January 26-28th, 2024. The meeting was held at the Grand Summit Hotel at Attitash in Bartlett, New Hampshire. The number of registered attendees totaled 133 (including family and guests). The conference comprised people from 25 institutions and six states. The theme was, "Revitalizing Primary Care". Two official networking events were held as part of the conference along with an hour and half poster session containing 37 posters divided among three categories (completed research, in-progress research, and student research) on Saturday evening. At the end of the conference, a brainstorming session led to three potential 2024 research workgroups and an increase in collaboration potential between the CO-OP and organizations across several states. The rest of this document expands on the previously mentioned qualities and includes internal and external feedback comments on conference processes and suggested improvements.

### **Planning**

The planning process largely followed the process established in 2019 with some adaptations for resource availability in 2023 and a new continuing medical education (CME) system. The last weekend of January 2023 was selected as the conference date by the Board of Advisors. Troi Perkins was designated as conference director with Zoe Daudier serving as the conference coordinator. As conference director, Troi was in charge of requests for proposals of venue sites, planning the annual meeting theme and agenda, recruitment of volunteers, media marketing and advertisement, conference app adoption and set up, website design, and day-of operations. Zoe Daudier was in charge of CME credit applications, ordering conference supplies, point lead poster setup, and assisting Troi with various conference duties.

### Venue Request for Proposals

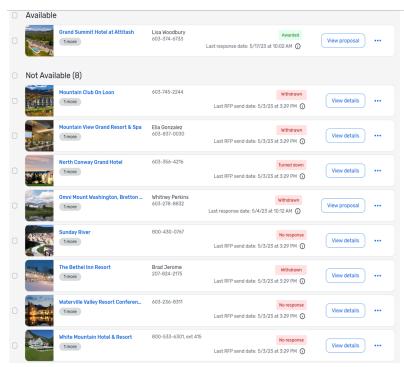
Contact of potential venue sites was done with the same software as previous years, Cvent, a conference venue website that helps consolidate Request for Proposals [(RFPs) See image on next page]. This process was done with previously identified conference venue priorities such as the state venue was located in (Maine or New Hampshire for 2024), the closeness of recreational winter activities such as skiing and snowshoeing, the price of accommodations, and the ability to hold 135 people (see Appendix A).

To select a venue, a request for proposals was sent out on 05/03/2023 to nine conference venues via Cvent. three sites did not respond by the deadline, four declined due to prior engagements, and one site Troi turned down the proposals due to high room rates. One additional site in Mills Falls at the Lake in New Hampshire was reached out to via email but declined due to a wedding event on the same weekend. After responses were narrowed down, Troi completed a site visit to the Grand Summit Hotel

at Attitash venue to evaluate spatial setup, guest rooms, road conditions, and conference hosting

feasibility.

The Grand Summit Hotel at Attitash was selected due to its availability, conference venue size, recreational opportunities on-site in a ski-in ski-out resort, easy access to additional accommodations, and relatively equal drive distance between three of the main institutions of the CO-OP (Dartmouth College, Maine Health, University of Vermont). Once awarded, the Event Coordinator, Lisa Woodbury, was in negotiations with Troi from 05/17/2023 until a contract was agreed upon by CO-OP admin and sent to Laurie Emanuel for approval and signing on 08/13/2023. The delay in contract signing was due



to the departmental fiscal year cycle and institutional budget review that delayed access to funds and monetary contracts. One deposit of \$8,500 was paid within two weeks of the contract signing date.

On 01/19/2024, Lisa Woodbury transitioned her handling of the CO-OP event plan to her associate, Michelle Pimentel. Troi had a transition Zoom call with the venue's coordinators to clarify final details before being on-site for our Annual Meeting scheduled on 01/25/2024.

### **Annual Meeting Theme**

The Annual Meeting Theme for 2024 was selected based on free-form text nominations from the 2023 Annual Meeting evaluation questionnaire and discussion of results with the NNE CO-OP PCBRN Board of Advisors.

The results of the suggestions were overwhelmingly themed around Revitalizing Primary Care and thus chosen for the 2024 theme. Themed speakers were sourced through a combination of calls for proposals put forward at the beginning planning stages of the 2024 Annual Meeting, recommendations of speakers with expertise in the Revitalization of Primary Care, and professional development experience of conference planners who had interacted with a themed expert in the months leading up to the 2023 Annual Meeting.

### **Volunteers & Students**

Upon venue selection and budget drafting, it was determined that a minimum of ten volunteers would be essential for the successful execution of conference activities. The responsibilities assigned to the volunteers were organized by day and by specific tasks, detailed in Appendix C. In recognition of their invaluable contribution, each volunteer received complimentary accommodation and a waiver of their conference registration fees. Priority for these positions was given to students and individuals willing to accommodate shared lodging arrangements, as private rooms were not provided to volunteers.

The recruitment of volunteers was approached through a dual strategy: an embedded query regarding interest was placed within the student financial aid applications, and a targeted invitation was extended by the CO-OP Administration. The responses to the student scholarship nomination (refer to Appendix B) were meticulously evaluated by the CO-OP Administration and subsequently sanctioned for funding by Dr. Beth Wilson, Chair of the Department of Community and Family Medicine (CFMed). The nomination process concluded on 11/13/2023, marking our record-highest number of applicants at 16 students. CFMed sponsored the participation of 13 student volunteers and one student speaker, all of whom were affiliated with Dartmouth College, the University of New England, the University of New Hampshire, and/or Boston University. Additionally, the University of Vermont sponsored the attendance of a student from the Larner College of Medicine. Regrettably, one student did not secure funding due to a lack of response to a request for additional information regarding their scholarship nomination.

The preliminary volunteer orientation was conducted on Monday, 01/22/2024, led by Troi Perkins, Zoe Daudier, and Dr. Meagan Stabler. This session, held via Zoom for one hour, served to elucidate the conference schedule, clarify volunteer responsibilities, and address any queries from the participants. Two volunteers, unable to attend the virtual orientation, subsequently contacted Troi directly for guidance.

Out of 15 volunteers who confirmed their participation, 13 were present. A subset of the student volunteers convened on Friday, 01/26/2024, with the remainder joining on Saturday, 01/27/2024, morning. Only three volunteers were present for the entire duration of the weekend and assisted with the post-conference wrap-up. Additionally, a student reached out to Troi on the eve of the conference,

expressing a desire to volunteer. With confirmation that the student would share accommodation and transportation arrangements with a confirmed volunteer, Troi accommodated their request to volunteer.

### **Continuing Medical Education Credits**

Each year the Annual Meeting has offered CMEs from various institutions. Zoe was in charge of submitting CME applications through Dartmouth Health (DH), which offers both CME/CNE credits in a joint application free of charge, and the American Academy of Family Physicians (AAFP) at a total starting price of \$435, price due to change dependant on prescribed credits and/or late fees.

The CME process changed external affiliates that the CO-OP had no control over (refer to Appendix D). CMEs and CNEs through DH were applied for through the Center for Learning and Professional Development (CLDP) on 11/27/2023 and approved on 11/29/2023 for a total of 10.75 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>, 10.75 ANCC contact hours, a 2.25 total credit increase from the 43rd Annual Meeting. Documents for attendees and accreditation language were sent by Terri Farnham and were received by Zoe on 01/19/2023, note not all documentation was provided at this time. Additional information about how to claim CME credits was sent by Terri Farnham to Zoe and Dr. Paula Hudon on 01/30/2024. With the change in the credentialing process from 2022 to 2023, slide decks were only required by faculty/speakers if there was a conflict of interest disclosed. The new application process allowed speakers, faculty, and planning committee members to sign Financial Disclosure Forms (FDFs) online and would cover all activities during the calendar year. Additional information will be required if a speaker, faculty member, or planning committee member makes a disclosure.

CMEs through the AAFP were applied on 01/08/2023, additional information regarding learning objectives for five poster presentations, two oral presentations, and both panel presentations was requested on 01/23/2024, with final approval on 01/30/2024. The 44th Annual Meeting was approved for 11.75 Live AAFP Prescribed credits, a 0.50 credit increase from the 43rd Annual Meeting. Generally, the AAFP application is a more streamlined process, due to a shorter application and materials already having been compiled as they were used during the DH CME application. For the detailed agenda and additional requested information from the 44th Annual Meeting, refer to Appendix D.

### Conference App: Whova

Whova was selected as the platform for the 44th Annual Meeting based on its proven track record from the previous three conferences, its robust features, and its dependable performance and standing in the industry.

The setup process for the app included a virtual meeting with a Whova representative and attendance at several training videos, each lasting approximately 5-10 minutes. Troi and Zoe were made the primary administrators of the conference app. The conference agenda was created within the app and integrated into a conference website. Following agenda creation and registration opening, speakers and moderators were linked to specific events and provided access to a speaker portal. This portal allowed speakers to modify session details, update bios, and post polls to engage attendees. However, due to an

administrative decision, speakers were unable to upload their documents this year, as the lower-priced Whova tier with a limit of ten document uploads was purchased. This decision was made after considering that only three individuals utilized this feature in the previous year. Consequently, speakers were required to email their handouts to Troi or Zoe for upload; only two speakers availed themselves of this option.

The agenda, coupled with the speaker portal, logistics information, and registration page, formed the foundation for a yearly conference website, which was integrated into the CO-OP website and hosted independently by Whova (see image to the right). The conference website remains available to the public after the event concludes until disabled by CO-OP admins.



#### INTRODUCTION

The Northern New England CO-OP of Practice and Community Based Research Network (NNE CO-OP PCBRN) is excited to announce our 44th Annual Meeting, centered around "Revitalizing Primary Care." Continuing our tradition of addressing vital healthcare issues, we're committed to connecting with our local communities in northern New England.

As the foundation of a robust healthcare system, the urgency to revitalize primary care has never been clearer. Pressing challenges in accessibility, quality, and sustainability demand transformative change for primary care to effectively m

Just as last year's discussions focused on Climate & Political (Social) Determinants of Health, this year, we're delving into the pertinent topic of primary care renewal across New England. We'll explore crucial pillars like technological innovations for enhanced patient experiences and policy reforms ensuring equitable healthcare access. Topics include optimizing panel size teams and payment reforms for value-based care.

Join us at the 44th Annual NNE CO-OP PCBRN Meeting as we unravel the multifaceted dimensions of revitalizing primary care. This platform unites healthcare professionals, students, and researchers, as we chart a course toward revitalized primary care that authentically caters to our diverse communities' needs.

For those seeking continuing educational credits please see below for more information

Learning Objective:
At the conclusion of this learning activity, participants will be able to describe the essential components of engaging in practice based research including strategies for providing care reflective of those pertaining to revitalizing primary care

#### Accreditation:

In support of improving patient care, Dartmouth Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### American Medical Association (AMA)

Dartmouth Health designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### American Nurses Credentialing Center (ANCC)

Dartmouth Health designates this live activity for a maximum of 10.75 ANCC contact hours

All other learners may claim CME-designated participation credit. Consult your professional licensing board regarding the applicability and acceptance of CME-designated participation credit for programs certified for credit by organizations accredited by Joint Accreditation for Interprofessional Education.

Whova was also used for registration and registration setup was completed earlier compared to last year but couldn't be open to the public for purchasing registration tickets until CME was approved per a new change in CME rules and regulations. Like in previous years, the registration portal allowed for multiple ticket types, discount codes, and release options as well as had two credit card processor options for the collection of payment. Due to Dartmouth-Hitchcock Medical Center's (DHMCs) rules regarding outside organization payments, the Stripe processor option was chosen which included a processing fee for each transaction that was passed on to the attendee. Registration for early bird tickets, which included a \$100 discount, was open from November 10th, 2023 until December 27th, 2023 in which the majority of tickets were purchased. Regular registration was open from December 28th, 2023 to January 23, 2024, and resulted in an additional 23 tickets purchased. Based on feedback from last year, we did not require children under 15 to register. All registered attendees had to sign into the app using the email that they registered with, which was supplied by auto-pipping of registration information into confirmation emails. Once attendees accessed the app, they could set up a profile, integrate their LinkedIn information, and scan their business cards into the app. Attendees also had access to community forums where discussions around a variety of topics could occur including the set up of meet-up events like cross-country skiing during the recreation break, carpooling, and the sharing of peer-reviewed articles.

Like previous years, announcements to different groups of attendees, or all attendees, were done either by app notification, email, or both through Whova. There was also an option to remind people to download the app wherein the app only emailed people who had not signed into the app with their registration email. Attendees were reminded to put in a parent or guardian's email for attendees 15 and over so that any conference reminders did not get sent to minors.

### **Annual Meeting Timeline**

The planning and advertisement timeline for the 44th Annual Meeting was initially established in 2019 and later modified in 2023, with further adjustments made due to internal budgeting considerations and new CME regulations. This timeline, organized by month, commenced in February of the preceding year leading up to the conference date. For instance, while the 44th Annual CO-OP Meeting took place in January 2024, the "save the date" notification was disseminated in February 2023.

Delays in the original timeline arose primarily from staffing changes within the CO-OP and CFMed, alongside budgeting requirements and adherence to CME guidelines. CFMed contributed the majority of funding and resources for the CO-OP Annual Meeting. The process of hiring a new CO-OP Executive Director, with onboarding in April 2023, caused delays in the approval of conference budgeting and venue options. Additionally, a fiscal analysis and spending freeze at DH from June to July 2023 necessitated the postponement of advertising the conference venue and location until the venue was confirmed in August, despite negotiations commencing in May.

Throughout the planning process, updates and advertisements regarding the 44th Annual Meeting were regularly communicated via the CO-OP listserv and CO-OP quarterly newsletters, beginning in April 2023 (refer to Appendix E). Supplementary advertising efforts outside the CO-OP listserv were coordinated in collaboration with CFMed, CO-OP staff, and participation from CO-OP board members. Advertising materials were designed in-house by Troi and Zoe using Canva. The scope of conference advertisement and outreach predominantly targeted the Northeastern region of the United States, encompassing Maine, Massachusetts, New Hampshire, and Vermont. Selected advertisements were also distributed to partners in Upstate New York, the University of Colorado, and Boston University in Massachusetts. Additionally, CO-OP staff promoted the annual meeting at the NAPCRG Annual Meeting.

The following two tables delineate major advertising initiatives and conference planning decisions:

	44th .	Annual Meeti	ng Advertisen	nent Timeline	(2023)	
March	April	May	June	July	Aug.	Sept.
Previous Annual Meeting Report shared.	NNE CO-OP PCBRN Executive Director starts.	Venue RFP collected and in negotiations (see Appendix A).	Keynote Speaker negotiations continued.	The freeze on budget spending by DH continued.	Venue confirmed	Keynote Speaker sent with the Fall Research Exchange on 11/29/2023 (see Appendix E).
Workgroup Signups from the Previous Meetings are handed out.	The date of the Annual Meeting is confirmed.	The annual Meeting Theme was confirmed and sent to the listserv.	RFP negotiations continued.	The venue was confirmed but the official signing was delayed due to a payment freeze.	The initial Call for Proposals was sent on o8/30/2023 and extended through o9/29/2023.	Save the date and proposals sent to UVM, UNH, MaineHealth, DH, Colby-Sawyer College, Rivier University, NHNA, SNH AHEC, Geisel School of Medicine, SNOCAP, and NERHA (see Appendix E).
Information on the Annual Theme is collected and reported as Revitalizing Primary Care		The CO-OP team attended the NAPCRG PBRN conference in Bethesda, MD.	Freeze on budget spending by DH issued	Save the Date sent out o7/31/2023 via listserv (see Appendix E).	The Keynote Speaker confirmed (See Appendix E).	Panelists invited for professional and student/resident panels.
The budget for the 2024 Annual Meeting is created.						

4	44th Annual Meeting Advertisement Timeline (2023-2024)						
Oct.	Nov.	Dec.	Jan.	Feb.			
Speaker Deadline (EoM): Call for Proposals deadline extended through 10/18/2023, extension announced.	Speaker confirmations were sent to individuals on 11/09/23. Poster and workshop presenter confirmations were sent by Troi Perkins beginning on 11/10/2023.	The last poster abstract was submitted on 01/17/2024.	AAFP CME application submitted o1/08/2024 by Zoe. Additional information was requested on o1/23/2024. Final approval was received on o1/30/2024.	Handwritten and signed thank you cards sent to speakers by COOP Admin 02/08/2024.			
Call for Poster Abstract submissions were accepted on a rolling basis until o1/17/2024 and capped at 40 maximum.	Panelist and Speaker confirmations were sent by Troi Perkins beginning on 11/11/2023.	Early registration was extended to 12/27/2023.	Reminder emails for app download went out once a week.	The annual Meeting report deadline is set for March 12.			
Student Scholarships were open on o8/30/2023 and accepted on a rolling basis.	Final agenda announcement made.	Zoe submitted Dartmouth Health CME on 11/27/2023, and approval on 11/29/2023 with documents for attendees was received on 01/19/2024 and 01/30/2024.	Panelist Meet and Greet on 01/16/24 with Troi and Dr. Stabler.	Annual Meeting survey collections are ongoing. Initially sent out via Whova on o1/28/2024 and two weeks later.			
Volunteer interest was taken through student scholarship applications.	Early registration opened (\$100 off).	The last student scholarship application was submitted on 11/13/2023.	Volunteers Meet and Greet on 01/22/24 with Troi, Zoe, and Dr. Stabler				
	CO-OP admin present at NAPCRG Annual Meeting.		Conference held 01/26/2024-01/28/20 24; Board Meeting on 28th.				

### Conference Activities and Events

The 44th Annual Meeting followed previous in-person event formats. The conference officially started with registration at 6:00 PM on Friday, January 26th, and was adjourned at 12:30 PM on Sunday, January 28th.

Per the agenda seen in Appendix G, the conference consisted of a keynote speaker presentation on Friday, a plenary session and panel of healthcare professionals on Saturday morning, a panel of medical students and a medical resident on Sunday morning, followed by concurrent themed seminar sessions and non-theme related education workshops on Saturday and Sunday. In addition, three networking events were distributed between Friday and Saturday: a game night on Friday, a sunrise swim on Saturday morning, and a poster session on Saturday night. The CO-OP's signature research brainstorming session was hosted on Sunday morning followed by an award ceremony to close the meeting.

### Keynote



Pictured above, taken by Tina Holt, is of the Annual Meeting's keynote speaker, Dr. Kevin Grumbach from the University of California, San Francisco (UCSF). Dr. Grumbach is a long-term mentor of Dr. Wilson and was referred to the CO-OP based on his expertise in revitalizing primary care. Several CO-OP and CFMed staff were able to see his presentation style during the Schuman Lecture series hosted by Dartmouth last year. Dr. Grumbach's contribution extended beyond his keynote address on Friday night; he generously dedicated his time on Saturday morning to engage with students at a Breakfast Interest Table and remained an active participant throughout the conference until Sunday.

Attendees ranked Dr. Grumbach as the most interesting speaker of the weekend in a follow-up conference evaluation survey sent to attendees.

### Plenary Session

Saturday morning opened with a plenary session speaker, Dr. Joshua White from Gifford Medical Center. Dr. White was recommended by several CO-OP members and his presentation style was seen in person by three CO-OP staff members at the Vermont Nurse Practitioner Association (VNPA) conference in late 2022. In addition to delivering the plenary address, Dr. White contributed as one of the four medical professionals in Saturday's enlightening panel session. His contributions were taken to heart by CO-OP members as he ranked number two in the most interesting session of the weekend in the post-conference evaluation.

### **Panels**

The inception of both a professional and a student/resident panel aimed to showcase a broad spectrum of perspectives on primary care's present and future. By detailing their backgrounds, work settings, and motivations for entering primary care, followed by a comprehensive Q&A session, these panels offered deep insights into the evolving landscape of primary care. The preparatory phase included virtual meetings on January 11th and 16th, 2024, between Troi, Zoe, Dr. Stabler, and the confirmed speakers to align on panel expectations and address any queries or concerns. It was during these meetings that the structure of the session was solidified, with a moderator tasked with introducing the panelists and posing an initial question. This setup allowed each panelist approximately five minutes to share their insights before the floor was opened to attendee questions.

Saturday morning's professional panel featured a distinguished lineup: Dr. Joshua White, Chief Medical Officer and ER Physician at Gifford Medical Center; Eileen Murphy, Family Nurse Practitioner at Gifford Medical Center; Maureen Boardman, Family Nurse Practitioner and Clinical Research Director at Little Rivers Health Care and the CO-OP; and Dr. Karl



Dietrich, Family Medicine Residency Program Director at Cheshire Medical Center, with the CO-OP Executive Director Dr. Stabler moderating (see picture above). The session sparked an animated dialogue on a variety of topics such as the involvement of clinicians and the crucial role of nurses in primary care, interdisciplinary and specialty collaboration, current challenges of primary care, and success stories from each panelist. Students provided verbal feedback to Troi on the panel session, emphasizing key points including end-of-life care, the importance of nurse inclusion, real-life examples of integrated care, advocacy involvement, and the integration of research into clinical practice.



The medical student and resident panel was moderated by Dr. Wilson, and featured three speakers, underscoring the importance of giving medical students and residents a voice in discussions about primary care's trajectory. Efforts were made to recruit a fourth panelist from either a Nurse Practitioner (NP) or Advanced Practice Registered

Nurse (APRN) program at UNH and UVM. However, scheduling conflicts prevented the UVM APRN student from attending, and UNH was unable to identify a suitable candidate in time. Panelists chosen, pictured above from left to right, included, Kort Zarbock, a second-year medical student at the Geisel School of Medicine; Molly Hurd, a second-year medical student at Larner College of Medicine; and Dr. Rachel Heuer, MD, a third-year Internal Medicine resident at Maine Medical Center, who all shared their narratives, educational journeys, and viewpoints on primary care.

Panelists provided a brief introduction of who they were, where they were going to school or completing their residency, and finally why they were or were not interested in pursuing a career in primary care. The following Q&A session provided insights for attendees on the issues facing students and residents today. Some highlights included the student desire for curricula and training to include more current issues of today such as reproductive healthcare access including abortion and climate change-informed healthcare, inclusion of advanced technology with artificial intelligence, and direct training and shadowing of different specialties including primary care. Panelists also shed light on key considerations influencing residency selection, including state legislation on healthcare issues and student debt burden as the most important influencers.

### **Oral Presentations and Lighting Talks**

The call for proposals for the CO-OP's 44th Annual Meeting, initiated in September, culminated in an unprecedented response, with a record-breaking submission of 65 proposals for non-poster presentations within a month. To accommodate the packed agenda, all proposals were accepted, albeit with some presenters being advised by CO-OP staff to adapt their presentation formats. This adjustment was meticulously orchestrated, taking into account the presenter's CO-OP membership status, student status, and the novelty of the research, under the guidance and approval of Dr. Stabler. This process resulted in a diverse lineup of 48 oral presentation speakers.

Oral presentations were delineated into two categories: a 40-minute presentation with a 15-minute Q&A session, or a concise 10-minute presentation with a 5-minute Q&A, popularly known as a lightning talk. Troi and Zoe meticulously categorized each presentation format into thematic clusters and allocated appropriate rooms based on theme and seating capacity. Four series of concurrent 40-minute presentations were organized, featuring a diverse range of topics across 16 sessions. One

session was adapted to a hybrid format to accommodate the lead presenter's absence due to illness. Additionally, a last-minute adjustment was made when a scheduled speaker failed to attend, and Dr. Matt Mackwood graciously stepped in to deliver his talk on the same subject, "A Practical Approach to Considering Race in Primary Care Delivery".

The lightning talk series, a novel addition to the CO-OP Annual Meeting's format, featured four concurrent sessions with four speakers each, culminating in 16 concise presentations. Unfortunately, one presentation was canceled on the day due to the speaker's unforeseen family emergency. This format offered a dynamic and efficient platform for presenting cutting-edge research and insights, further enriching the meeting's academic discourse.

### Workshops

This year's Annual Meeting featured two workshops that focused on integrating trauma-informed practices into primary care. The workshops, designed to provide practical approaches and deepen understanding of trauma care, were:

- "Addressing Medical Trauma in Primary Care", led by Dr. Dan Mitchell. This workshop aimed
  to equip primary care professionals with strategies to identify and address medical trauma.
  Participants were introduced to techniques for creating a supportive environment for patients
  who have experienced trauma within medical settings.
- "Trauma-responsive Primary Care for Patients Experiencing Reentry from Incarceration", facilitated by Milan Satcher, MD and Lauren Szkodny, PhD alongside two contributing community members. The session delved into the unique challenges faced by individuals reentering society post-incarceration and offered insights into delivering compassionate, trauma-informed care to this population including simple word changes in screening and intake processes.

Both workshops attracted significant interest, with an attendance of approximately 25 participants each, reflecting the healthcare community's growing commitment to trauma-informed care. The interactive format of these sessions fostered a dynamic exchange of ideas and experiences, highlighting the practical application of trauma-informed principles in primary care settings.

### **Networking Events**



The 44th Annual Conference marked the third installment of the highly anticipated game night, serving as a lively kickoff to the weekend's networking events (see picture on the left). Crafted to foster social connections and break the ice among attendees, the game night featured carefully selected games known for

accommodating various numbers of players, easy-to-understand rules, and short gameplay durations ranging from 15 to 60 minutes. Held in the venue's tavern, the setting provided convenient access to beverages, ensuring a relaxed atmosphere where attendees could engage in both gaming and socializing.







Pictured above, are some tables of attendees engaging in games during the game night.

With an impressive turnout, approximately 60 individuals participated in the festivities. Five gaming tables hosted concurrent gameplay sessions, each accommodating 4 to 7 attendees, while an additional 30 individuals mingled between the bar area and gaming tables. In addition to the diverse selection of games curated by Troi, two attendees contributed their own games to share with fellow participants, enriching the gaming experience. The high turnout led to the tavern extending its usual hours and sparked requests for more such gatherings. These requests culminated in a spontaneous game night on Saturday, drawing a cozy group of about 25 participants for another round of networking and fun.



CO-OP board member Dr. Joe deKay spearheaded the cherished tradition of the Sunrise Swim, marking it as the longest-standing networking event of the CO-OP (see picture on the left). This year, a group of 14 individuals gathered at 6:00 AM to participate. Before plunging into the heated saltwater pool or indulging in the warmth of the hot tub, some attendees even made snow angels. This unique bonding experience fostered a sense of camaraderie among the members, with many reporting a newfound closeness from participating in the event. The positive ripple effect of the morning's activities was so profound that inspired by the initial attendees' feedback, a second

group recreated the Sunrise Swim experience during the day's scheduled recreational break.

Throughout the conference's mindfulness or recreational break, scheduled from 2:00 to 5:00 PM on Saturday, attendees had the opportunity to engage in various networking activities organized by CO-OP members. These activities were initiated organically and promoted through the Whova community forums. Attendees could choose from a range of options, including downhill skiing, cross-country skiing, snowshoeing, a mid-day swim, and a sightseeing tour of North Conway.







Pictures shown above were taken by attendees and uploaded to the Whova conference app.

### **Poster Session**



Poster abstracts were accepted on a rolling basis from the initial call until January 1st, 2023. The venue space at the Grand Summit Hotel at Attitash was anticipated to accommodate 40 posters, as informed by the event staff. Consequently, the maximum number of accepted posters was capped at 40. This marked an increase of six posters from the 43rd Annual Meeting. The accepted posters spanned across three distinct categories: Completed Research, In-progress Research, and Student Research.

Despite previous feedback in 2018 and 2019 recommending an extension of the poster session duration from an hour and a half to two hours, time constraints led to maintaining the session at its original duration.

Attendees were provided with an opportunity to vote for their favorite poster in the In-progress Research and Completed Research categories (refer to Appendix H). Each attendee visiting the poster session received one free drink ticket and two voting slips from a volunteer. The voting process was explained by the volunteer, who then exchanged the two voting slips for an additional free drink ticket, applicable for both alcoholic and non-alcoholic beverages. Meanwhile, the Conference Planning Committee adjudicated the five student posters in the Student Research category.

With over 100 attendees at the poster session, the event was a resounding success, fostering significant networking opportunities and enthusiasm for family medicine research among participants. Feedback received suggested considerations for extending the poster session duration back to two hours, relocating the session to Friday night, or hosting two separate poster sessions.

### Poster Category Winners:

• Completed Research: Merelise Ametti, PhD was awarded for their insightful work on, "Examining the Relations Between Food Insecurity and Child Emotional-Behavioral Problems among Rural, Low-Income Families".

- **In-Progress Research:** Brooke McLaughlin, MD captured attention with, "Reimagining the ADHD Experience: Transforming Parent Engagement in the ADHD Child's Care".
- **Student Research:** Anika Advant was recognized for her study, "Identifying Barriers and Facilitators to Awareness and Rural Vermont Participation in Cancer Clinical Trials," highlighting significant insights into cancer care accessibility.

### **Incentivized Engagement Events**

The 2024 Annual Meeting introduced three weekend-long engagement activities incentivized through gamification. Leveraging the features of the Whova app, participants were encouraged to interact and compete through a virtual leaderboard and a photo contest (refer to Appendix I). Additionally, a Research Corner initiative was organized, offering attendees the opportunity to participate in one of three surveys for a chance to win a gift card, attracting approximately 45 participants.

All non-staff attendees were eligible to participate in the virtual leaderboard competition. By completing various in-app tasks such as engaging with fellow attendees in the community forum,

organizing networking sessions, sharing resources, and more, participants earned points. While the leaderboard featured 10 spots, only the top three contributors received awards from the CO-OP. This year, the recipients were Dr. Michelle Cangiano, Dr. Jack Westfall, and Dr. Tina Holt.

The photo contest allowed attendees to showcase their creativity by sharing photos within the app. The winner was determined by the number of likes each photo received. The winning photo seen to the right, captured by Maureen Boardman, featured esteemed CO-OP members Dr. Ardis Olson and Dr. Karl Dietrich, alongside Dr. Dietrich's daughter.



### External Feedback

In addition to the research brainstorming results of the Annual Meeting, there were several methods by which feedback on various aspects of the conference occurred. The majority of methods of external feedback collection include CME evaluation forms, post-conference evaluation survey results, and Whova-generated reports. CO-OP conference organizers also received verbal comments and a few emails.

### **CME Evaluations**

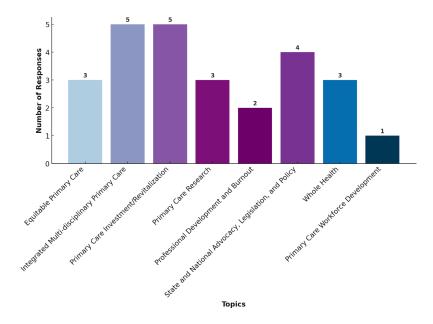
The CLPD is responsible for all evaluations tied to DH CME credit claimed by attendees of the Annual Meeting, this is optional, but the easiest route to take as the CLPD requires specific questions and wording to be asked. If CO-OP staff wish to have certain questions added to evaluations this is possible, wording will need to be sent to Terri Farnham before the Annual Meeting. If attendees claim credit through DH, they will receive further instructions on how to submit speaker evaluations depending on the sessions they attended, see Appendix D for more details. This year with the changes to the CME process, the credit claiming process for attendees was changed as well, to include a professional learning plan, which some attendees found as an undue barrier to claiming credits. CFMed staff do not receive full aggregated evaluations until approximately two months after the Annual Meeting and thus are not included in this report at this time.

### Post-Conference Evaluation Survey

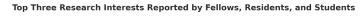
A conference evaluation survey (See Appendix J) was created on Whova and distributed to attendees on January 28th through an in-app notification and email. A follow-up reminder was sent on January 30th and again two weeks later. A total of 26 responses were collected out of 129 attendees resulting in a 20% response rate.

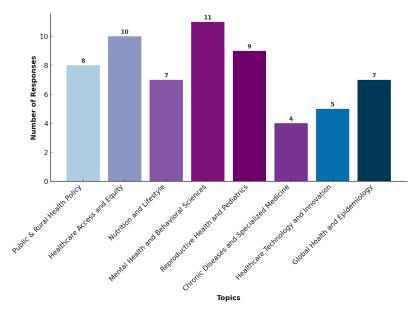
Of the results gathered, the most interesting include reported topics of interest for the 2025 CO-OP Annual Meeting, Recommendations for the next (45th) annual meeting, and CME credits claimed for this meeting. Dr. Stabler and Troi organized the results of the topics of interest for the 2025 CO-OP Annual Meeting into eight subthemes with, "Integrated Multi-disciplinary Primary Care", "Primary Care Investment/Revitalization", and "State and National Advocacy, Legislation, and Policy", being the top three subthemes as seen in the first graph below. All of the subthemes reported could be united under the theme of Equitable and Effective Whole Health for the 45th Annual Meeting. Note the responses are not mutually exclusive and four answers were excluded from the results as they were not pertinent to the question asked.





Aggregated results of the top three research interests reported by fellows, residents, and students during registration of the 44th annual meeting largely align with the recommended topics of interest with the exception being, "Healthcare Technology and Innovation", which is defined by student answers as an interest in, "Machine Learning in Healthcare" including, "Artificial Intelligence models and integration into patient screenings and diagnostic readings". There were eight thematic topics with, "Mental Health and Behavioral Sciences", "Healthcare Access and Equity", and "Reproductive Health and Pediatrics" being the top three as seen in the graph below. Note the results are based on 31 respondents and are not mutually exclusive.





### Attendee Feedback

Attendee comments were positive with some constructive feedback and were mostly provided in written form in the post-evaluation survey evaluation though there were some emails to CO-OP staff as well. Comments and feedback can be broken down into the following themes: Conference Structure and Format, Inclusivity and Diversity, Logistics and Venue, Networking and Interactions, and General Appreciation and Feedback.

### Conference Structure and Format Feedback:

- "I really enjoyed the lightning talks. I think it is a great way to see what people are doing and collaborate. I wish they were earlier in the conference so you had more time to make connections."
- "The lightning talks may have gone more smoothly if the talks were pre-loaded on the room computer."
- "Suggest increased focus on PCPs in non-academic practice and what would make the COOP valuable to them"
- "I would recommend having the workshops right after lunch, then the mindfulness break...This would improve attendance of the workshops by catching people before they rest."
- "A three-hour break on Saturday is not enough time to enjoy skiing, so would prefer a longer break, or no break at all."
- "...more content on Fri, maybe end at 1 instead or 2 on Sat for more break time. Also more from students; could we do a forum to see what they are working on?"
- "Kudos on getting Kevin Grumbach to join us. It was a special feeling to have one of the national leaders in primary care in the group and participating extensively."
- "Loved the poster session!"
- "Poster Session was very collaborative and encouraged new ideas and networking. More of that please!"

### Inclusivity and Diversity Feedback:

- "Expand beyond physician-centric topics presenters presentations else your audience doesn't widen...Integrate APRNs then further expand to RN, PharmD, MSW, RD, PT, PA."
- "Bring in FQHC and NHSC people so they know they have a place at the table."
- "Keep up the inclusion of residents and medical students."

### Logistics and Venue Feedback:

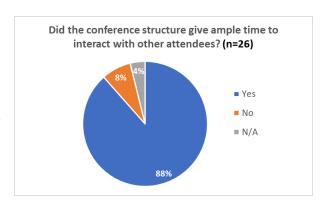
- "I appreciated the accommodations made for gluten-free folks"
- "It [conference] was great and I loved the venue. Very family-friendly." "Pool was amazing!"
- "The acoustics were poor."
- "I loved that the breakout rooms seemed to be themed well for the oral and lightning talks"

### Networking and Interaction Feedback:

From those who said 'yes' to ample networking time:

- "I also enjoyed the planned fun events, as you got to speak with others that you might not have during the other conference events."
- "Appreciated the lengthy meal times to talk and network."
- "Excellent opportunity for networking."
- "...loved the game night especially!"

From those who said 'no' to ample networking time:



- "Not [enough networking time] really. The schedule was packed."
- "...(networking time available) only at meals, poster session, and game night since other sessions were scheduled tightly and there wasn't much structured socializing (I.e., happy hour) that wasn't the poster session."

### General Appreciation and Feedback:

- "Thank you...It was an awesome conference and I can't wait for next year!...very well organized and great content!"
- "It was an awesome conference and I can't wait for next year!"
- "Great conference!"
- "Am I the only one who thought last year's well-announced breakfast interest group tables were interesting and helpful?"
- "You nailed it—-again. Appreciate all your efforts—all your hard work and planning resulted in a terrific meeting."
- "It [conference] was terrific, truly. Thank you for all of your hard work you are amazing!!!"

### Whova Report

After the Annual Meeting concluded, Whova created an automated 45-page statistical metric report on the usage of the conference app by both the attendees and the organizer's usage. The end of the conference report was requested by Troi on 02/03/2024 and then discussed between Troi and Connor Shoop, the Whova Representative in charge of facilitation of the Whova App with the CO-OP's conference, on 02/05/2023. Troi further narrowed down the report and created a four-page summary of the key findings for feedback with the CO-OP administration on 02/08/2023 (see Appendix K).

### Considerations for the 45<sup>th</sup> Annual Meeting

To improve the planning process and flow of the 2024 Annual Meeting, Troi and Zoe have created a list of ideas to implement within the next year. The ideas revolve around attendance, budget, planning, and venue selection.

### Attendance

- Include more direct invitations to FQHC, NHSC, and non-academic healthcare professionals
- Interdisciplinary focus i.e. professionals from law and policy fields such as the 43rd Annual Meeting invitation to Vermont Law and Graduate School
- Include lower registration pricing for patients and community attendees

### **Budget**

- Seek outside grants and financial matches
- Look at sponsorships from Geisel/Medical institutions/non-profit organizations
- Set up CO-OP liaison for specific medical schools and residencies ahead of time
- Revise scholarship fund amount and process for student attendees and volunteers
- Include cancellation policy for attendees
- Include cancellation policy for students and volunteers on scholarships

### Planning

- Secure the date and conference location within two months from the meeting ending
- Announce Save the Date at the previous Annual Meeting and again in the listserv in February
- Advertise to different medical associations
- Create a slideshow and/or flyers of conference topics and speakers to display at DH main campus, Heater Road, etc, and Dartmouth College
- Create/include a "photo day" for professional headshots at the Annual Meeting with an invitation to collaborate with a media and marketing student or communications team
- Consider two poster sessions (keeping student posters grouped)
- Create dropbox and speaker deadline for lightning talk presentations to be preloaded onto room computers
- Include announcements in-app for Breakfast Interest tables

- Include a list of posters ahead of time on the conference website
- Release app earlier (previous was the month of the Annual Meeting, new software changes now allow up to 90 days before the event)

In general, the 44th Annual Meeting was considered a resounding success and though there is always room for improvement, the CO-OP's 45th Annual Meeting should also be a success by following similar steps to the 2024 Annual Meeting. For more detailed information on the 44th Annual Meeting see the CO-OP's website at:

https://whova.com/web/3z5hSr7mHuRRbnHQ4MMihgt-Qpt3mR0nfQAhDHSlRwA%3D/.

### Appendix A: Request for Proposal

**44th Annual NNE CO-OP PCBRN Meeting**Proposal from Grand Summit Hotel at Attitash
104 Grand Summit Road, Bartlett, New Hampshire, 03812, USA

Proposal Details	S					
F	RFP Name	44th Annual NNE CO-OP F	CBRN Meeting			
I	RFP Code	GMNC3VNX6JF				
Ev	ent Name	44th Annual NNE CO-OP F	CBRN Meeting			
Resp	onse Date	Wed, May 17, 2023 10:02	AM	Proposal Status	Submitted	Proposal
Ve	nue Name	Grand Summit Hotel at Atti	tash	Venue Type	Resort	
Chain		Independent / Other		Metro Area	NH - Man	chester
Brand		Independent				
Com	nmission?	No				
Proposal Introduction Thank you for the opportunity to create a proposal for the 44th Annual NNE CO-OP PCBRN Meeting! The hotel will honor this years room rates for a two year contract. We have an outdoor heated salt water pool and we will open it early on Saturday for the traditional sunrise swim.				ve an outdoor		
Date Type   1	Event Dates		Check-In Date	Event Availability		Rates (USD)
Preferred	Fri, Jan 26, 2	024 To Sun, Jan 28, 2024	Fri, Jan 26, 2024	1st Option - Not Hold	ing Space	379

Key Contact Information			
Contact Name	Lisa Woodbury	Email Address	lwoodbury@grandsummitattit ash.com
Organization	Grand Summit Hotel at Attitash	Phone Number	603-374-6733
Title	Sales Manager		
Website	www.grandsummitattitash.com		

**Guest Room Availability** 

Met Guest Room Needs? Yes

Preferred (Fri, Jan 26, 2024 To Sun, Jan 28, 2024)

Event Availability 1st Option - Not Holding Space

Check-In Date Fri, Jan 26, 2024

Do all guest room rates include breakfast?

Do all guest room rates N

include tax?

Applicable taxes State Tax 8.50%

Total USD 53,439

	Any (Run	of House)	Single (1 B	ed)	Double (2	Beds)	Suite		Staff	
Day	Quantity	Rate (USD)	Quantity	Rate (USD)	Quantity	Rate (USD)	Quantity	Rate (USD)	Quantity	Rate (USD)
Fri, Jan 26, 2024	55	379							13	379
Sat, Jan 27, 2024	60	379							13	379

#### Additional Fees

State Tax 8.50% on Guest Rooms

Additional Information Ro

Room Block consists of a combination of different room types. Descriptions and double occupancy room rate per room type:

Handicap Accessible (Max Occ-2; Adults-2) 3 units, \$239 Standard queen size bed, kitchen, 1 handicap accessible bath

Studio (Max Occ-2; Adults-2) 7 units, \$239 Queen size wall bed, kitchen, 1 bath

Studio Deluxe (Max Occ-4; Adults-2) 31 units, \$249 One queen size wall bed and one queen size pullout sofa, kitchen, I bath

Standard Hotel Room (Max Occ-4; Adults-2) 17 units, \$309 Two queen beds, no kitchen, 1 bath

One Bedroom Suite (Max Occ-4; Adults-2) 6 units, \$339 One bedroom with a queen size bed, living area with queen size pullout sofa, kitchen, 1 bath

One Bedroom Loft (Max Occ-4; Adults-2) 2 units, \$319 Living area with queen size pullout sofa, loft with king or queen size bed, kitchen, bath

One Bedroom Deluxe (Max Occ-6; Adults-2) 9 units, \$349 One bedroom with queen size bed, living area with queen size wall bed and queen size pull-out sofa, kitchen, bath

Loft Studio Deluxe (Max Occ-6; Adults-2) 1 unit, \$349 Living area with queen size pullout sofa and a queen size wall bed, loft with king size bed, kitchen, bath.

Two Bedroom Loft Suite (Max Occ-6; Adults-2) 1 units, \$379 One bedroom with queen size bed, living area with pullout sofa, loft with queen size bed, kitchen, 2 baths

### Meeting Room Availability

Start Date Fri, Jan 26, 2024

Day	Time	Agenda Item	Meeting Room Requested	Meeting Room Assignment	
Fri, Jan 26, 2024	6:00 PM-8:45 PM	Welcome, Keynote and Dinner Meeting Notes or Exceptions: Dinner, Keynote Speaker, need AV	Rounds for 10 90 people	Moose & Bear ■ 3,800 sq. ft. Notes or Exceptions: Stage in	
Fri, Jan 28, 2024	9:00 PM-11:30 PM	Networking Event Other Notes or Exceptions: Game night usually done in venue bar	Other 60 people	Deer  1,372 sq. ft. Notes or Exceptions: Room is connected to Moose and Baer via airwall	
Sat, Jan 27, 2024	6:00 AM-7:00 AM	Sunrise Swim Other Notes or Exceptions: Swimming Pool (preferred outdoor, all clinicians for polar plunge or hot water outside)	Other 20 people	Pool Notes or Exceptions: Outside heated swimming pool and jacuzzi	
Sat, Jan 27, 2024	7:00 AM-2:00 PM	General Session Meeting Notes or Exceptions: Breakfast from 7-8:30, Lunch from 1-2	Rounds for 10 125 people	Moose & Bear • 3,800 sq. ft.	
Sat, Jan 27, 2024	9:00 AM-1:00 PM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Wolf ■ 754 sq. ft.	
Sat, Jan 27, 2024	9:00 AM-1:00 PM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Lynx ■ 850 sq. ft.	
Sat, Jan 27, 2024	9:00 AM-1:00 PM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Cougar • 714 sq. ft.	
Sat, Jan 27, 2024	9:00 AM-1:00 PM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Falcon • 1,481 sq. ft.	
Sat, Jan 27, 2024	5:00 PM-7:00 PM	Research Poster Symposium Other Notes or Exceptions: max 40 posters with bar and light hors d'oeuvres.	Flow 100 people	Eagle	
Sat, Jan 27, 2024	7:00 PM-9:00 PM	Dinner Dinner Notes or Exceptions: Dinner Buffet, Podium. slideshow	Rounds for 10 125 people	Moose & Bear • 3,800 sq. ft.	
Sun, Jan 28, 2024	7:00 AM-8:30 AM	Breakfast	Rounds for 10 100 people	Moose & Bear • 3,800 sq. ft.	
Sun, Jan 28, 2024	8:30 AM-10:30 AM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Wolf ■ 754 sq. ft.	
Sun, Jan 28, 2024	8:30 AM-10:30 AM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Lynx • 850 sq. ft.	
Sun, Jan 28, 2024	8:30 AM-10:30 AM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Cougar • 714 sq. ft.	
Sun, Jan 28, 2024	8:30 AM-10:30 AM	Breakout Session	Crescent Rounds (Cabaret) 40 people	Falcon	
Sun, Jan 28, 2024	10:30 AM-12:00 PM	General Session Meeting	Rounds for 10 100 people	Moose & Bear • 3,800 sq. ft.	

### **Estimated Costs**

Total Food and Beverage USD \$25,000 Minimum

Applicable Tax 8.50% Service Charge 22%

### Appendix B: Student Scholarship

\* must provide value

### Northern New England CO-OP Practice & Community Based Research Network Department of Community and Family Medicine at Dartmouth Health and Geisel School of Medicine at Dartmouth, in collaboration with Larner College of Medicine at the University of Vermont and MaineHealth 44th Annual Meeting Student Scholarship Application The NNE CO-OP PCBRN is hosting its 44th Annual Meeting at the Grand Summit Hotel at Attitash in Bartlett, New Hampshire on January 26-28, 2024. In order to encourage as much student participation as possible, we are offering a limited amount of Student Scholarships that cover registration fees and/or hotel room costs. Our student registration fee is \$225 plus tax and nightly room rates (2 queens per room) are \$309 plus tax. More weight is given to student applicants presenting or volunteering at our conference. Scholarship applications are rolling so applicants will be reviewed in the order they are received. **First and Last Name** \* must provide value **Email** \* must provide value please provide the same email you would use to register for the conference and sign in to the conference app **Gender Identity** Female/Woman \* must provide value O Male/Man Genderqueer/Gender non-conforming O Non-binary Choose to Not Describe reset Race or Ethnicity (Which of the following best defines your American Indian/Alaskan Native/Indigenous race or ethnicity?) Asian \* must provide value ☐ Black/African American Hispanic/Latino/of Spanish Origin ☐ Middle Eastern/North African Native Hawaiian/ Other Pacific Islander White ☐ Choose to Not Describe Choose all that apply **School Affiliation**

Department Name	
What type of schooling are you pursuing?  * must provide value	<ul><li>Undergraduate Degree</li><li>Graduate Degree</li><li>Residency</li><li>Other</li></ul>
Have you applied for funding at your school first?  * must provide value	<ul><li>○ Yes</li><li>○ No</li><li>○ In-progress</li><li>reset</li></ul>
Have you applied for 'outside' conference funding?  * must provide value  How much do you expect your travel cost in USD to be?  * must provide value	<ul> <li>Yes</li> <li>No</li> <li>In-progress         reset         outside meaning not through your school or this application</li> </ul> Conference located in Bartlett, New Hampshire
Are you planning on submitting an <u>abstract?</u> * must provide value	<ul> <li>Oral Presentation (40 mins + 10 min Q&amp;A)*</li> <li>Lightning Talk (10 min + 5 min Q&amp;A)</li> <li>Research Poster (Any healthcare topic, completed or in progress)</li> <li>Workshop (60 min workshop on any healthcare topic)*</li> <li>I'm an invited panelist</li> <li>None</li> <li>See proposal link in question, *speaker gets 50% off registration up to two presenters</li> </ul>
Would you be interested in volunteering for conference planning and organization anytime during our Annual Meeting?  * must provide value	<ul> <li>✓ Yes</li> <li>✓ No</li> <li>Not binding; volunteers get free hotel and waived registration fees if attending the whole conference</li> </ul>
How long are you able to attend the conference?  * must provide value	<ul> <li>Friday through Sunday</li> <li>Friday Night (Starts at 6:30PM EST with Keynote and Networking Event)</li> <li>Saturday (Presentations, Research Poster Symposium, Networking Events)</li> <li>Sunday (Research Poster Awards, Workshops, Adjourns at noon)</li> </ul>

Are you interested in networking with clinicians and nurse practitioners over breakfast?  * must provide value	<ul><li>○ Yes</li><li>○ No</li><li>reset</li><li>Has no weight on your application</li></ul>
Would you be willing to room with another student?  * must provide value	Yes- I have another student in mind Yes No Depends Rooms would have minimum of two full or queen size beds.
Would you need carpooling to the event?  * must provide value	☐ Yes ☐ No ☐ Depends
Submit Save & Return	Later

### Appendix C: Volunteer Instructions

## 44th Annual NNE CO-OP PCBRN Meeting

Grand Summit Hotel at Attitash, Bartlett, NH January 26-28

### **Volunteer General Expectations**

Please wear your name badge and identify yourself with the 'Volunteer' name ribbon available at registration. Remember your volunteer work is in exchange for hotel and registration fee coverage so you should NOT have to pay any conference fees or for your hotel (except incidentals) so please reach out to Troi if there was a mistake.

- Please be dressed in business casual wear and speak courteously
- Arrive 5 minutes early to each of your sessions
- Mingle during social/networking events
- Wear your name badge
- Use the conference app (Google Play; Apple; Web)
- Have fun!

### **Session Instructions:**

Everyone should have a partner but don't fret if you don't; this should be doable for just one person as well. As a timekeeper, remember to speak up and be assertive (but polite) to maintain the time limit.

### Time Keepers:

There are two types of oral presentations this year: 40-minute talks with 10 min Q&A and Lightning Talks which are rapid presentations of 10 minutes each with a 5 min Q&A.

40-minute talks: The 10-minute Q&A start will be your goal for the timing of the signs. Hold up each sign for the speaker to see; Yellow for five minutes away, Red for STOP and begin Q&A. Hold up the Orange card for 1 min of Q&A left, and RED to stop. We will have timers supplied but feel free to use a watch or phone if that's more comfortable for you.

10-minute talks: Hold up Yellow for five minutes, Red to stop. Once stopped, Q&A can begin. Feel free to help the speaker with selecting people, otherwise, just let them know when their time is up and welcome the next speaker.

#### **AV** Technicians:

Help the presenter set up their presentation as requested. Each room will have a Mac available for use with Powerpoint installed as well as a labeled USB flashdrive. All projectors will be hooked up beforehand and connected to the Mac. If the presenter wants to use their laptop just help them connect it. Each projector will have a default HDMI cord and a converter from HDMI to USB-C to accommodate most Macs and Windows. We will also have a clicker/wireless pointer available to the presenter, this clicker will need to be plugged into the laptop with the supplied USB/USB-C adapter, and the switch on the remote turned on. The up arrow goes backward in slides, the down arrow goes to the next slide (forward). There is no microphone. If you need anything, call Troi.

### Required Events

The following events are ones we need every volunteer to attend (if not presenting)! Please add these to your agenda on the conference app so we know you are going.

### Friday:

### Networking Game Night

Every volunteer should come to the game night and participate. Feel free to bring your own game or just chat with folks. Games provided: Cards Against Humanity, Cascadia, Cobra Paw, Codenames, Exploding Kittens, Jenga, Just One, Taco Cat Goat Cheese Pizza, Unstable Unicorns, Upwards, Utter Nonsense, and Wingspan. First drinks for volunteers are provided for free, see Troi at the start of the event.

### Saturday:

### Special Interest Table at Breakfast

Student Meet & Greet **OR** Special Interest Table: Chat with Dr. Kevin Grumbach (Keynote Speaker) **OR** Registration

### Healthcare Professional Panel Q&A (8:55-10:00 AM)

Each volunteer will have a pre-written question either from Troi or one they come up with that we will discuss in a text group on the conference app ahead of time. This question can be posted on the conference app session and then read out during the session. Meagan and Troi will open the room to questions during the Q&A in which you can raise your hand to ask the questions- try to give 30 seconds after the answers to the previous question to allow for others to respond. These <u>pre-written questions</u> are just to spark discussion but please feel free to speak up if you have other questions!

### Poster Session (4:30 PM Set Up; 6:30-7:00 PM)

We will need everyone present at 4:30 PM to set up the easels and table with supplies. We will do honor shifts so at least two people will staff the table at any given time during the session while others walk around and talk to people- the shifts will be up to you. At the table, one person will be handing out drink tickets as people come in while the second person will be taking votes for the best poster. There will be two boxes, one for each poster category: Research Completed and In-Progress Research. When someone puts their **two votes** into the boxes they get a drink ticket in return.

### Sunday:

### Special Interest Table at Breakfast

Student Meet & Greet **OR** Special Interest Table: Chat with Dr. Karl Dietrich (Cheshire Medical Residency Director)

### Student & Resident Panel Q&A (8:00-9:00 AM)

Each volunteer will have a pre-written question either from Troi or one they come up with that we will discuss in a text group on the conference app ahead of time. This question can be posted on the conference app session and then read out during the session. Meagan and Troi will open the room to questions during the Q&A in which you can raise your hand to ask the questions- try to give 30 seconds after the answers to the previous question to allow for others to respond. These pre-written questions are just to spark discussion but please feel free to speak up if you have other questions!

### Breakdown

The conference will adjourn at Noon. During this time we will need to pack up all conference materials including AV equipment and easels and pack into Troi and Zoe's cars. This should take less than 30 minutes.

### Assignments

Please sign up for which sessions you are interested in below. The # volunteers are the required need while the 'Interested:' will let others know you can do that event as well. Note each event is ordered chronologically and content can be checked with the agenda.

Friday:		
All Day:	as photographer	as floater

### Registration (4:00 PM)

Two volunteers will use an iPad to check in attendees and the other will hand out name badges and lanyards and then direct them to the name badge ribbon table nearby. We will meet at 4:00 PM with registration starting at 4:30 PM and going until 6 PM.

#### Registration Instructions:

- Folders are organized in alphabetical order by FIRST name with A-M in one bin and N-Z in another. The folder will contain a premade name badge only for registered attendees.
- In addition to the folder, that volunteer should give each attendee a lanyard. I've provided
  extra badges, badge inserts, and string just in case we run out.

•	On the table will be stacks of ribbons for the name badge. Direct attendees to select the
	ribbon that applies to them.

•	Remind	everyor	ie of the	networking	event and	the leaderboard
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Saturday:		
All Day:	as photographer	as floater

### Registration (7:00 AM)

Two volunteers will use an iPad to check in attendees and the other will hand out name badges and lanyards and then direct them to the name badge ribbon table nearby. We will start at 7:00 AM and go until 8:00 AM. Since Breakfast is being served during this time it would be helpful to have a couple of people attend in shifts.

### Concurrent Session 1 (10:15-11:05 AM)

Session	Timekeeper	Tech Support	Interested
Concurrent Session 1A			
Concurrent Session 1B			
Concurrent Session 1C:			
Concurrent Session 1D			

### Concurrent Session 2 (11:10 AM -12:00 PM)

Session	Timekeeper	Tech Support	Interested
Concurrent Session 2A			
Concurrent Session 2B			
Concurrent Session 2C:			
Concurrent Session 2D			

### Concurrent Session 3 (12:05-12:55 PM)

Session	Timekeeper	Tech Support	Interested
Concurrent Session 3A			
Concurrent Session 3B			
Concurrent Session 3C:			
Concurrent Session 3D			

### Concurrent Workshop (5:00-6:00 PM)

Session	Timekeeper	Tech Support	Interested
Concurrent Workshop A			
Concurrent Workshop B			

Sunday:		
All Day:	_ as photographer	as floater
Concurrent	Lightning Talks	(9:10-10:10 AM)

Session	Timekeeper	Tech Support	Interested
Concurrent Lightning A			
Concurrent Lightning B			
Concurrent Lightning C			
Concurrent Lightning D			

### Concurrent Session 4 (10:15-11:15 AM)

Session	Timekeeper	Tech Support	Interested
Concurrent Session 4A			
Concurrent Session 4B			
Concurrent Session 4C:			
Concurrent Session 4D			

## FAQ from Attendees

- Q. "How do I download the app?"
  - A. We will have several QR copies they can scan. They can also navigate to their app store, download WHOVA, and enter the invitation code wfm5u94o8z
- Q. "I lost my agenda, where can I get an extra copy?"
  - A. Please navigate to our website, <a href="https://geiselmed.dartmouth.edu/nnecooppcbrn">https://geiselmed.dartmouth.edu/nnecooppcbrn</a>, or use the conference app. There will be a physical master copy on the registration table and in front of the general session area. We do not have extra paper copies to be more sustainable.
- Q. "I forgot my name badge, is there extras?"
  - A. Yes, there are extras available during meals outside of the Ball Room entrance.
- Q. "Where can I find [insert name] room?"
  - A. Each session has a viewable floor plan location when you click on the room name. Alternatively, we will provide a couple of maps of the venue floorplan for review.
- Q. "Is Eagle really room F and Falcon really room E?"
  - A. Correct! This is not a mistake or misprint but rather a very confusing naming convention that the founder of the venue thought would be funny (at least that's what we were told!).
- Q. "Where/When is the poster set up?"
  - A. 4:30-5:00 PM in the Ball Room. The session will officially start at 6 PM though there may be some people coming from the workshop.
- Q. "Is there a list of posters?"
  - A. Attendees can preview poster topics ahead of time on the conference app in the community tab. There is a discussion topic called "Poster Session Preview" where presenters posted their titles and abstracts.
- Q. "Will there be a bar or snacks at [insert session name]?"
  - A. There will be a cash bar during the Poster Session and dinner in the Grand Ballroom until 9 PM

## Other information

Troi and Zoe will be at the venue site starting Thursday the 25th in case you have questions or are here beforehand and just want to say hi! Feel free to call or text Troi when you arrive and she can orient you and set you up with your name tag.

We will use the conference app to chat with folks so make sure you have the app downloaded and complete your profile including uploading a picture so conference attendees know who you are. You can also have profile information pulled from LinkedIn for ease of access.

All volunteers will get a drink (two non-alcoholic if under 21/those that want it) during the first required networking event on Friday! We will also have a variety of tea and brewed coffee options throughout the day at the venue during conference hours.

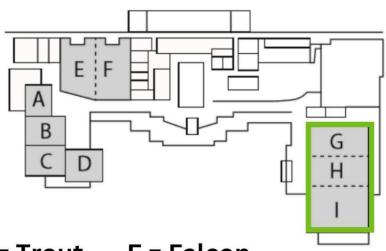
## **Points of Contact**

Troi Perkins, Conference Director: Zoe Daudier, Assistant Conference Coordinator: There will be floating Grand Summit at Attitash Staff around for general inquiries as well

## Venue Floor Maps



## **Conference Space**



A = Trout E = Falcon

B = Cougar F = Eagle

C = Lynx G = Deer

D = Wolf H = Bear Grand

| = Moose | Ballroom

## Appendix D: CME Application Process

## Dartmouth Health (DH) CME/CNE Submission Process and FAQ

## I. General FAQ

- Where to Apply?
  - D-H has rolled out a new platform for all CME/CNE activities at DartmouthHealth the link to the <u>main login page is here [dh.cloud-cme.com]</u>. Here is the <u>site for the</u> <u>main application process [learningintake.dartmouth-hitchcock.org]</u> for CME/CNE credits.
- How to Apply?
  - Application for events that wish to have BOTH CME/CNE Credits <u>visit this page</u> [<u>learningintake.dartmouth-hitchcock.org</u>]
- If you need assistance or have questions while filling out this accreditation form, please call or email <u>Terri Farnham</u>, CME Office at (603) 653-6607 or <u>Judy Langhans</u>, CNE Office at (603) 653-6605.

## II. General Submission Information

- Please submit your application no later than 45 days before the date of the activity, the new system will not permit application within 45 days of the activity date. This may require activity planners to begin planning their programs earlier to ensure there is sufficient time for application submission
- The new Joint Accreditation (JA) application will require all planner and faculty member profiles to be added to the application *before* it can be submitted.
- Registration and advertising for live activities must **not** be published before final approval of the activity application.
  - The 2024 Annual Meeting was submitted on 11/27/2023
  - o 2023 Annual Meeting submitted on 12/28/2022, 2022 Annual Meeting submitted on 12/08/2021, 2021 Annual Meeting submitted on 12/14/2020.
- An <u>NCEC Nurse Planner</u> must be part of the planning committee and actively involved in planning, implementing, and evaluating this continuing education activity.
- It is unacceptable to use the working "CME credits/CNE contact hours applied for or pending" on your publicity piece. You must wait for proper authorization before any advertising is released.
- Registration for the activity must not open until the activity is authorized for credit/contact hours.

## III. Need to Upload During Application

- Title(s) and Degree(s) for the Activity Director, Planning Committee, and Coordinators
- Plan of the Day/Agenda, if applicable
- Needs Assessment Supporting Documentation
- Financial Disclosure and Agreement Forms (Forms are now electronic, but signers will need to create an account to complete the FDF. FDFs are collected from all Planning Committee members, the Activity Physician Director, and Faculty/Speakers).

- Note: A Financial Disclosure and Media Release Form should be sent to all speakers concurrent to their acceptance letter to mitigate delays in receiving CME or CNE accreditation.
- Proposed Budget (<u>Download Template with Sample</u>) [dartmouth-hitchcock.org]
- Draft Marketing Piece ((if not using Center for Learning and Professional Development (CLPD) services))
- Sample of Evaluation Form (*if not using CLPD services*)
- Sample of Outcome Measure (if not using CLPD services)
- <u>CNE Planning Table [dartmouth-hitchcock.org]</u> (due no later than one month before the activity)
  - Note: Slides will be needed from ALL speaker sessions, to mitigate further delays in gaining CNE credits, collect slides on a soft deadline 1 month before the Annual Meeting, and a hard deadline 1 week before the Annual Meeting. Turn in all slide decks to <u>Judy Langhans</u>.
- See <u>CME and CNE Accreditation Checklist</u> for full details.

## IV. <u>After Application Has Been Accepted</u>

- After review and acceptance a follow-up email will be sent by the Center for Learning and Professional Development (CLPD) at DartmouthHealth to the CME/CNE coordinator for the Annual Meeting. This will include an Attendance Tracking Worksheet (ATW), a Smart Sheet Link, Successful Completion and Transcript Instructions, and full details.
  - ATW Document: Provide to all attendees before the Annual Meeting, attendees
    will use this form to track the sessions they attend at the Annual Meeting and
    count CME credits they are eligible to claim based on such.
  - Smart Sheet Link: Provide electronically to all attendees after the Annual Meeting for them to claim their CME credit. The link will remain active for one month post-conference and then the information will be pulled and credits assigned to transcripts.
  - Successful Completion and Transcript Instructions: Provide to all attendees along with the Smart Sheet Link after the Annual Meeting.
  - Note: The CLPD will use the information from the credit claiming process to send out evaluations (evaluations will come in a separate email from <u>Marcus Jenkyn</u> with a link to begin the activity evaluation). Compiled evaluations will take approximately one month after the close of the attendee evaluation window to be sent back to the Annual Meeting admin to disperse to speakers.

# American Academy of Family Physicians (AAFP) Continuing Medical Education Submission Process and FAQ

- I. General FAQ
  - What is the AAFP Credit System?
    - Visit the <u>AAFP Credit System</u> home page.
  - Where do I Apply for AAFP CME Credits?
    - o <u>Returning Member</u>
    - New CME Provider
  - What is the Price for AAFP CME Credits?
    - Visit the <u>fees page</u> to see the entire range of pricing depending on the credits allotted. For the Annual Meeting, submit via the "Simple Pathway Application", for an "In-Person or Online Only, Live" format.
      - The 2024 Annual Meeting price for AAFP accreditation was \$435 for 11.75 prescribed credits (no rush fee needed).
      - The 2023 Annual Meeting price for AAFP accreditation was \$435 for 11.25 prescribed credits (no rush fee needed).
      - The 2022 Annual Meeting price for AAFP accreditation was \$325 for 6.25 prescribed credits, a 3-5 day review fee was needed, so the total for the 2022 AAFP accreditation was \$1,020.
  - How Long Will it Take for Approval?
    - The standard application turnaround is 15 business days from the date payment is received and processed. Same-day reviews cost an additional \$1,995 and are subject to availability. Three to five-business-day reviews are also available for an additional fee of \$695. As long as the application is submitted and payment is received and processed within 15 business days, no rush fees will be required.
    - O If the AAFP application is filed, but credit is not administered before the Annual Meeting, CME providers may use the following "Pending Credit Statement" before receiving official notification of AAFP credit determination, but only after an application for AAFP credit has been received by the AAFP for review. The Pending Credit Statement is as follows, "Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending."

## II. General Submission Information

• Follow the Simple Pathway Checklist for complete instructions.

## III. Need to Upload During Application

- AAFP Active or Life member ID number
  - Use the ID number of the CFMed Department Chair.
- Specific educational topics and learning objectives for each topic, including the agenda and poster session guide (Appendix H) for the Annual Meeting, see below for information from the 44th Annual Meeting. It is best practice to keep consistency, in this case, the educational categories from DH's NCEC nurse planning table and learning objectives from speakers. See below for those categories of how learners will be engaged:
  - A=Integrating opportunities for dialogue or question/answer.
  - B=Including time for self-check or reflection
  - C=Analyzing case studies

- D=Providing opportunities for problem-based learning
- E=Other
- Outcomes and Learning Objectives
  - Again it is best practice to keep consistency and mirror outcome and learning objectives used for the DH CME application, note outcomes and learning objectives are not captured as part of the Speaker Proposal process in REDCap.
- Note: Submit the full AAFP application at least 15 days before the event, but no later than 15 days as fees may apply.

## IV. <u>After Application Has Been Accepted</u>

- After application review and approval, AAFP will ask for more information/details if necessary, see below for 44th Annual Meeting information, no additional fees will be applied, so long as the initial application submission was before the 15-day window. AAFP credit system will send a follow-up email with the language and credits prescribed to share with attendees. This credit-claiming language should be shared with attendees alongside the DH CME information that is shared after the Annual Meeting has concluded (see above Dartmouth Health CME/CNE for full information).
- Note: Only AAFP members may claim AAFP credits. Members are only able to claim DH CME/CNE credits OR AAFP CME credits, not both.

## 44th Annual Meeting Detailed Agenda Submitted to AAFP

Dates & Times	<u>Topic</u>	Comments/Learning Objectives
01/26/2024 @ 7:00-7:30 PM EST	Welcome Address	General overview and discussion, welcoming to the Annual Meeting
01/26/2024 @ 7:30-8:45 PM EST	Keynote Address: Revitalizing Primary Care	<ul> <li>Discussion of general state of primary care and its connection to rural Northern New England</li> <li>Goal: for learners to engage in conversations around how primary care impacts on all aspects of care including but not limited to, clinician and patient satisfaction, panel size, quality of care and how best to revitalize primary care.</li> <li>How Learners will be engaged:         <ul> <li>Integrating opportunities for dialogue or question/answer</li> <li>Providing opportunities for problem-based learning</li> </ul> </li> </ul>
01/27/2024 @ 7:45-8:00 AM EST	Welcome and Overview Address	<ul> <li>Provide background on the current climate trends within new England, with a specific focus on topics most important to those in rural northern new England.</li> <li>Discuss the term political determinants as an area of focus</li> </ul>
01/27/2024 @ 8:00-8:55 AM EST	Plenary Session: The Necessity of Value-based Care in Healthcare	Description: Discussion on the importance of value-based care in healthcare with a specific focus on what one health system in Northern New England is doing.  Learning Objective(s): Define value-based care and it's importance within healthcare Discuss factors that contribute to the implementation of value-based care models within health systems Discuss how value-based care will effect the revitalization of primary care  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Providing opportunities for problem-based learning
01/27/2024 @ 8:55-10:00 AM EST	Revitalizing Primary Care Panel	Description: Discussion from current health professionals about their perspectives of working in primary care, why they got involved in primary care, and what they think is essential to the future of primary care.      How Learners will be engaged:         Integrating opportunities for dialogue and/or question and answer         Analyzing case studies         Providing opportunities for problem-based learning
01/27/2024 @ 10:15-11:05 AM EST	Concurrent Sessions (see session names on the right)	<ul> <li>Session 1A: Addressing Health Disparities by Tackling Medical Racism</li> <li>Learning Objective(s): By the end of the presentation,</li> </ul>

participants will be able to:

- Define medical racism
- Discuss factors that contribute to medical racism
- Identify a workable framework to address medical racism
- o Apply techniques to address medical racism
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - Providing opportunities for problem-based learning
- Session 1B: The Toxic Environment: The role of primary care
- Learning Objective(s):
  - Understand the Northern New England environmental health risks
  - Know the resources available and approaches to addressing these risks
  - Learn how primary care practices can realistically participate in preventing a local toxic environment
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - o Providing opportunities for problem-based learning
- Session 1C: Implementing a Community-Based Assets and Needs Assessment Curriculum in a Family Medicine Residency Program
- Learning Objective(s):
  - Develop a curricular framework that could be implemented in your home institution to incorporate a community-based assessment involving participation of learners
  - Consider what it might look like to function as a physician outside of a clinical context; what does this feel like? Is this something a physician can/should be doing?
  - Demonstrate that stepping outside of a strictly clinical context may provide invaluable context for better supporting patients and communities
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - Providing opportunities for problem-based learning
- Session 1D: Patient-Centered Care for People who Use Drugs: Embracing Harm Reduction Approaches in Primary Care
- Learning Objective(s):
  - Describe the impacts of harm reduction on public health

		<ul> <li>Identify strategies to incorporate harm reduction strategies in primary care</li> <li>How Learners will be engaged:         <ul> <li>Integrating opportunities for dialogue or question/answer</li> <li>Providing opportunities for problem-based learning</li> </ul> </li> </ul>
01/27/2024 @ 11:10 AM-12:00 PM EST	Concurrent Sessions (see session names on right)	Session 2A: Creating LGBTQ+ Affirming Rural Primary Care Learning Objective(s):  The participant will learn specific strategies for creating LGBTQ+ equitable care including: Winning over administration, working with community partners, community engagement, staff education, working with EMRs and keeping the work relevant/updated  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
		Session 2B: Fatty Liver Disease in the Primary Care Setting Learning Objective(s):  Identify the changes in epidemiology of metabolic-associated fatty liver disease and its effects in our general population  Understand the pathophysiology of MAFLD and its progression to cirrhosis and end-stage liver disease  Renew knowledge on updated diagnostic criteria and risk-stratification guidelines to identify individuals at risk for progression to advanced liver disease  Highlight updated treatment options that can be pursued in the primary care setting  Identify key points of process improvement strategy to help streamline identification, diagnosis, and management of individuals with MAFLD  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
		Session 2C: Get Them Hooked on Rural Early Learning Objective(s): At the end of this session, attendees will understand and be able to describe:  The rural populations that need access to primary care and other services, and the barriers and challenges in attracting and retaining primary care and other clinicians to rural practice.  The impact that rural health internships, scholarships, and experiential learning can have on helping students decide on rural practice.  Real-life strategies and examples of successful

		programs designed to engage students in rural health experience.  The staffing and partnerships that are needed to create and sustain successful rural health experiences for students.  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Providing opportunities for problem-based learning
		Session 2D: How individuals seeking help for substance addiction adjusted to virtual 12-step meetings during the COVID-19 pandemic  Learning Objective(s):  The advantages and disadvantages of remote participation in a recovery program (and implications for other types of health programs)  Strengths and challenges of Internet availability in rural communities  The role of in-person connectedness in supporting abstinence from substances  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Analyzing case studies  Providing opportunities for problem-based learning
01/27/2024 @ 12:05-12:55 PM EST	Concurrent Sessions (see session names on right)	Session 3A: Confronting Rural Telehealth Equity Learning Objective(s):  Review literature on rural health disparities, the digital divide, telehealth quality of care, and telehealth disparities.  Present research and findings from a multi-method study of telehealth access on Outer Cape Cod  Summarize the current status of telehealth parity legislation in New England states and federal level. Report on important upcoming policy deadlines and discuss how they may alter healthcare telehealth access  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Analyzing case studies  Providing opportunities for problem-based learning
		Session 3B: Integrated care of patients with osteoporosis and low trauma fractures     Learning Objective(s):

- How reaching out to community aka Bone Builders groups can help identify these patients
- EMR tools to identify these patients
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - o Analyzing case studies
  - Providing opportunities for problem-based learning
- Session 3C: Improving Interprofessional Understanding of Community Heakth Workers: A Unique Coproduced Project ECHO Educational Series
- Learning Objective(s):On completion of this session, participants should be able to:
  - Understand the benefits of the Project ECHO model and coproduction in educating interprofessional health team members on CHWs and immigrant health
  - Demonstrate the value of these unique educational sessions (Project ECHO) in improving the integration of CHWs onto interprofessional care teams
  - ldentify key topics for care team member education on recent immigrant healthcare
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - Providing opportunities for problem-based learning
- Session 3D: Returning Home: Development and early implementation of a reentry care clinic in New Hampshire
- Learning Objective(s):
  - Participants will receive a brief orientation to the structure of the criminal legal system and the epidemiology of mass criminalization
  - Participants will gain information about the historical barriers to accessing health care for incarcerated individuals and their high risk of complex healthcare needs
  - Participants will learn about the evidence supporting the effectiveness of reentry care transitions
  - Participants will gain practical insights into the challenges and successes encountered during the development and piloting of a reentry care clinic within a primary care clinic
  - Participants will learn to recognize criminal legal experience as an important overlooked determinant of health
- How Learners will be engaged:
  - Integrating opportunities for dialogue or question/answer
  - Analyzing case studies

		Providing opportunities for problem-based learning
01/27/2024 @ 5:00-6:00 PM EST	Workshop A: Addressing Medical Trauma in Primary Care	Description: The goal of this session is to examine how trauma can shape anxiety about health and illness.  Learning Objective(s):  Participants will gain information about the historical context of addressing medical trauma in primary care and its changes throughout the present day  Participants will be able to analyze case studies pertaining to medical trauma and see where that could be remediated  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Analyzing case studies  Providing opportunities for problem-based learning
01/27/2024 @ 5:00-6:00 PM EST	Workshop B: Medicaid Reentry 1115 Waiver: An Opportunity for Primary Care Providers to Seamlessly Integrate Reentry Care Transitions	Learning Objective(s): Participants will learn about the significance of the Medicaid Reentry 1115 waiver. They will gain information about the context of the historical barriers to accessing health care for incarcerated individuals and their high risk of complex healthcare needs Participants will gain insight into the essential components of New Hampshire's proposed Medicaid Reentry 1115 waiver, including eligibility criteria, benefits, and its intersection with existing healthcare systems  Attendees will learn practical strategies to develop reentry care transitions into their practices, including collaboration with carceral institutions, mental health services, social services, and persons with lived experience  We will also discuss the importance of data sharing, patient engagement, trauma responsiveness, and cultural humility in delivering effective reentry care Participants will learn how primary care providers can play a pivotal role in implementation success. We will explore the potential impact of the waiver on the healthcare landscape, underscoring its relevance to primary care providers  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Analyzing case studies Providing opportunities for problem-based learning
01/27/2024 @ 6:00-7:30 PM EST	Poster Session	<ul> <li>Network and provide attendees to connect and discuss current research being done within different primary care clinics/health systems</li> </ul>

		<ul> <li>Overview of student research (SR), completed research (CR), and in-progress research (IR) in the primary care landscape</li> <li>Learners will have from 6-7:30 PM EST to interact with poster presenters. Set up of posters are in a semicircle, allowing for learners to rotate through and discuss the presenter's research [See other attached document in Additional Information Section for titles of research]</li> </ul>
01/27/2024 @ 8:30-9:00 PM EST	CO-OP Research Workgroups Report Out	<ul> <li>Integrate opportunities for dialogue or question and answers regarding current CO-OP research including but not limited to: Climate Health, HPV Expanded Vaccination &amp; COVID-19 Vaccine Hesitancy, the Northern New England Clinical and Translational Research Network's (NNE-CTR) Collaboration, and the CO-OP Card Study App</li> <li>Provide participants with opportunities for problem based learning</li> <li>How Learners will be engaged:         <ul> <li>Integrating opportunities for dialogue and/or question and answer</li> <li>Providing opportunities for problem-based learning</li> </ul> </li> </ul>
01/28/2024 @ 8:00-9:00 AM EST	Inspiring the Next Generation of Primary Care: Student and Resident Perspectives	Description: Discussion from medical students and residents in New Hampshire, Vermont, and Maine about their reasoning to go into primary care, how they feel to best engage med students in family medicine, and their experiences on what can be improved in medical school pertaining to primary care training.      How Learners will be engaged:
01/28/2024 @ 9:10-9:25 AM EST	Lightning Talk Series A: A.1: (HAND-BUTT) Hand-Based Activity for Navigating Dicomfort with extragenital STD testing using a Brief, Unconventional, Transportable Training	Learning Objective(s):     On completion of this session, participants will have a better understanding of extragenital STD testing and educational modalities for interprofessional learners     On completion of this session, participants will have an improved understanding of educational modalities to improve rectal STD testing rates and knowledge in healthcare professions students     On completion of this session, participants will be able to discuss the logistics of incorporating a low-resource intervention such as our HAND-BUTT simulation into a public health clinic with multiple medical learners      How Learners will be engaged:     Integrating opportunities for dialogue or question/answer     Analyzing case studies

		Providing opportunities for problem-based learning
01/28/2024 @ 9:25-9:40 AM EST	Lightning Talk Series A: A.2: A Leaky System - Urinary Incontinence Care for Older Women	Learning Objective(s):  Increase knowledge of the growing patient, provider and social problem of urinary incontinence  Review steps of initial diagnosis and treatment options that can be provided in a primary care setting  Discuss goals for an incontinence care algorithm that improves team-based care for urinary incontinence, and can expand access to care and provider comfort with management of urinary incontinence  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Analyzing case studies  Providing opportunities for problem-based learning
01/28/2024 @ 9:40-9:55 AM EST	Lightning Talk Series A: A.3: Prostate Cancer Screening - Providers Confidence with Share Decision Making	Learning Objective(s):  At the conclusion of the presentation attendees will be inspired to develop decision support tools to improve care delivery and provider mental workload  At the conclusion of the presentation attendees will understand the impact of clinical decision supports as a means to increase provider adherence to recommended guidelines  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Analyzing case studies  Providing opportunities for problem-based learning
01/28/2024 @ 9:55-10:10 AM EST	Lightning Talk Series A: A.4: HPV Vaccine Expanded Age Range Criteria - Perspectives from Patients and Clinicians	Learning Objective(s):  At the conclusion of the presentation attendees will be able to understand the prevalence and knowledge of the expanded age range for the HPV vaccination  Attendees will have a better understanding about the vaccination rates in NH and VT and how shared-decision making could change HPV vaccination rates for the expanded age range  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 9:10-9:25 AM EST	Lightning Talk Series B: B.1: Barriers to Care in Rural Maine	Learning Objective(s):     Develop an understanding of the barriers to care faced by young adults with psychotic spectrum disorders

	for Young Adults with Psychotic Spectrum Disorder	living in rural Maine  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 9:25-9:40 AM EST	Lightning Talk Series B: B.2: OneCare VT's Model to increase mental health in primary care	Learning Objective(s):
01/28/2024 @ 9:40-9:55 AM EST	Lightning Talk Series B: B.3: Screening for Early Emerging Mental Experiences (SEE ME) - Feasibility and Pilot Data from Maine Primary Care	Learning Objective(s):     Participants will be able to describe one rationale and one barrier to screening for psychosis in adolescent and young adult primary care patients     Participants will be able to describe the three components of the SEE ME model     Participants will be able to discuss 1 finding from the SEE ME Pilot and Feasibility Project  How Learners will be engaged:     Integrating opportunities for dialogue or question/answer     Providing opportunities for problem-based learning
01/28/2024 @ 9:55-10:10 AM EST	Lightning Talk Series B: B.4: Addressing the Childhood Mental Health Crisis - Leveraging School-Based Mental Health Approaches to Improve Pediatric Primary Care	Learning Objective(s):  Learners will be able to identify and discuss models of mental healthcare in school and pediatric primary care settings  Learners will expand their understanding of the strengths and challenges of coordinating universal, targeted, and selective intervention approaches within the school and pediatric primary care systems  Learners will be able to describe clinical best practice suggestions related to improving mental healthcare and apply them to their own clinical work  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 9:10-9:25 AM EST	Lightning Talk Series C: C.1: Bridging Health Disparities in	Learning Objective(s):     Explore innovative approaches of CARHE's framework and share lessons learned from four CARHE-funded

	Rural New England - CARHE's Community Driven Approach	community-based projects  Learn how to lead the charge towards equitable health in rural communities with some initial findings  Highligh how collaborative efforts can bridge these gaps and how to engage other in the transformative journey to build a healthier future for all  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 9:25-9:40 AM EST	Lightning Talk Series C: C.2: How did access to primary care and high blood pressure management change after the COVID-19 pandemic telehealth expansion for rural and low-income patients?	Learning Objective(s):     By the end of this presentation, attendees will be able to analyze and interpret the utilization patterns of telehealth services in a mixed urban/rural health system during the pre- and post-COVID-19 periods, with a specific focus on the differences in primary care utilization across various patient demographics     After this presentation, participants will be equipped to understand the effect of telehealth expansion on hypertension outcomes, especially in rural and low-income populations, and recognize the potential disparities in blood pressure control rates between urban and rural areas in a healthcare setting spanning 35 primary care clinics in New Hampshire, USA     How Learners will be engaged:         Integrating opportunities for dialogue or question/answer         Providing opportunities for problem-based learning
01/28/2024 @ 9:40-9:55 AM EST	Lightning Talk Series C: C.3: Food and families - The role of food insecurity in rural child and family functioning	Learning Objective(s):  Understand current state of food insecurity and food policy in the United States  Understand relations between food insecurity and child mental health problems among low-income families  Examine parenting as a mechanism through which food insecurity may lead to negative child mental health outcomes  Consider use of mobile-based technologies for conducting research in rural, underserved populations  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 9:55-10:10 AM EST	Lightning Talk Series C: C.4: Deep & Wide - OneCare VT's Efforts to increase equity and access to	Learning Objective(s):     Learn techniques to bring an equity lens to population health management     Explore new strategies to increase access and equity in rural deprivation areas

	care	How Learners will be engaged:     Integrating opportunities for dialogue or question/answer     Providing opportunities for problem-based learning
01/28/2024 @ 9:10-9:25 AM EST	Lightning Talk Series D: D.1: Let's get real - using simulation to guide primary care panel size	Learning Objective(s):
01/28/2024 @ 9:25-9:40 AM EST	Lightning Talk Series D: D.2: Path to Equitable Care in Epilepsy	Learning Objective(s):
01/28/2024 @ 9:40-9:55 AM EST	Lightning Talk Series D: D.3: A comparison of low burden data collection methods using a study on primary care telehealth and burnout	Learning Objective(s):  Technological Advancements of Card Studies: Attendees will become familiar with the card study methodology as an effective means of collecting low-burden data in the context of primary care research. Participants will gain insight into the technical evolution of card study data collection methods, specifically the transition from traditional paper-based card studies to smartphone apps and EHR integration.  User Experience and Efficiency: This presentation will equip participants with the ability to evaluate the user experience and efficiency of data collection methods from the perspective of primary care providers (PCPs).  Telehealth's Impact on Clinician Stress: Participants will gain insights into the complex relationship between telehealth and clinician stress perception, with a focus on how telehealth modalities (clinic, phone, video) can influence this perception.  Future Research Considerations: Attendees will leave with a heightened awareness of the challenges and

		opportunities in conducting primary care research, particularly in the context of future card studies and strategies to enhance engagement and relevance in primary care research.  Contributing to Primary Care Revitalization: By the end of the presentation, participants will be equipped to contribute to the revitalization of primary care by optimizing data collection methods, enhancing PCP experiences, and addressing clinician stress and burnout within the context of telehealth.  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Providing opportunities for problem-based learning
01/28/2024 @ 9:55-10:10 AM EST	Lightning Talk Series D: D.4: Interprofessional Education and Collaboration - Standardized Patient and OSCE-based Curriculum for Health Profession Students to Address COVID-19 Misinformation	Learning Objective(s):  Explain techniques to educate interprofessional medical learners on medical misinformation and advanced communication strategies to fill a knowledge gap in medical education  Discuss the implications of this interprofessional pilot project and its results in addressing medical misinformation in medical education  Understand multimedia techniques used in developing open-access asynchronous curriculum and learning toolkits for medical learners  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 10:15-11:15 AM EST	Concurrent Sessions (see session names on right)	Session 4A: Agilon Medicare Advantage Care Model's impact on the 3 P's - Providers, Patients and Payers  Learning Objective(s):  Understand the Medicare advantage model and potential impacts on care delivery  Learn the provider perspectives of implementation and explore stakeholder feedback on metrics  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning  Session 4B: Community Health Worker Well-being  Learning Objective(s):  Understand how Community Health Workers use critical skills and knowledge to support the delivery of high quality care.  Recognize how the working conditions, structural inequalities and precarious wages threaten the

		well-being and effectiveness of Community Health Workers  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Providing opportunities for problem-based learning
		Session 4C: Do You Need A Life Raft or Swimming Lessons?  Learning Objective(s):  Understand how EHR use impacts burnout Understand the broad array of activities included in the category of "charting" Identify the non-negotiable components of charting Identify the components of charting that are ripe for a novel approach Develop plan to shift approach to charting to increase benefit and decrease drain  How Learners will be engaged: Integrating opportunities for dialogue or question/answer Analyzing case studies Providing opportunities for problem-based learning
		Session 4D: OneCare VT's Value-based Payment Model to Increase Investment in Primary Care  Learning Objective(s):  Understand models for investment in primary care including the concept of primary care spend rate  Explore the provider experience in value-based payment models  Understand how payment reform can create improved access to care  How Learners will be engaged:  Integrating opportunities for dialogue or question/answer  Providing opportunities for problem-based learning
01/28/2024 @ 11:20 AM-12:10 PM EST	General Session: Brainstorming Research Topics for 2024	<ul> <li>Integrate opportunities for dialogue or question and answers including but not limited to; identifying barriers to implementing topics address at the rest of the Annual Meeting (panel size, medical student involvement, revitalization of systems already in place in primary care, clinician engagement, clinician and patient satisfaction)</li> <li>Provide a time for self-check or reflection</li> <li>Provide opportunities for problem-based learning</li> <li>How Learners will be engaged:         <ul> <li>Integrating opportunities for dialogue and/or question and answer</li> <li>Including time for self-check or reflection</li> <li>Providing opportunities for problem-based learning</li> </ul> </li> </ul>

## 44th Annual Meeting Additional Information Requested by AAFP

Topic Type	Topic/Title	Learning Objectives
Poster Session	Coproduction of Community Health: An Innovative Way to Use ProjectECHO	On completion of this session, participants should be able to:  Understand the benefits of the Project ECHO model and coproduction in educating interprofessional health team members on community health workers (CHWs) and immigrant health.  Demonstrate the value of these unique educational sessions (Project ECHO) in improving the integration of CHWs into interprofessional care teams.  Identify key topics for care team member education on recent immigrant healthcare.
Poster Session	When Prayer is Not Enough: The Role of Clergy in Healthcare	On completion of this session, participants should be able to:  Identify the historical roles of pastors, rabbis, and chaplains as providers of support, encouragement, and spiritual presence.  Investigate project outcomes expanding clergy and faith-based organizations' roles in healthcare.  Explore how improving healthcare literacy empowers clergy to support members' healthcare needs and collaboratively address social determinants of health.
Poster Session	AudioCare: Audio Recording Psychotherapy Sessions	<ul> <li>On completion of this session, participants should be able to:         <ul> <li>Assess the acceptability, feasibility, and appropriateness of audio recording and reviewing psychotherapy sessions in routine settings for patients and therapists.</li> <li>Understand the major themes identified by patients for why they found therapy moments meaningful, including insights, validation, and reminders.</li> <li>Discuss the need for a future trial that involves sharing therapy recordings in raw form or annotated for meaningful moments to enhance psychotherapy effectiveness in routine clinical settings.</li> </ul> </li> </ul>
Poster Session	Pessary management in Northern New England; a survey of	On completion of this session, participants should be able to:

	Women's Health providers	<ul> <li>Describe the demographic characteristics that influence pessary care access among primary care providers.</li> </ul>
Poster Session	Fair Food: Expanding Food Access to Culturally-Appropriate Food Among Concord, NH Refugees	On completion of this session, participants should be able to:  Apply baseline food insecurity information to the northern New England region by learning about using one study's survey responses to quantify the challenges faced by the refugee community, including access to healthy food and reliance on food-specific safety nets.  Learn how to evaluate the effectiveness of a culturally appropriate food pantry and how it can be implemented as an intervention to offer a service to refugees.
General Session: Panel 1	Revitalizing Primary Care Panel	On completion of this session, participants should be able to:     Gain insights into the individual perspectives of four healthcare professionals regarding the current state of primary care.     Identify potential strategies and solutions proposed by the panelists for improving and revitalizing primary care in healthcare settings.     Foster an understanding of diverse perspectives within primary care and explore how different healthcare professionals envision the future of primary care in their respective fields.
Oral Presentation	How individuals seeking help for substance addiction adjusted to virtual 12-step meetings during the COVID-19 pandemic	On completion of this session, participants should be able to:
Oral Presentation	Integrated care of patients with osteoporosis and low	On completion of this session, participants should be able to:

	trauma fractures	population of New Hampshire.  Understand how community engagement can be an effective strategy for early detection and intervention in individuals who may be unaware of their risk factors.  Explore the various tools within Electronic Medical Records (EMR) systems that can aid in the identification of patients at risk for low trauma fractures and osteoporosis.
General Session: Panel 2	Inspiring the Next Generation of Primary Care: Student and Resident Perspectives	On completion of this session, participants should be able to:         Understand the perspectives of three students/residents regarding the current and future state of primary care.         Assess the panelists' responses to questions about how well their education curriculum aligns with the expectations of primary care.         Gain insights into the challenges and successes reported by students/residents in their educational journey and understand their perspectives on the preparedness for a career in primary care.

## Appendix E: Advertisement Examples

Dear CO-OP members,

We invite you to submit your proposals for the 44th Annual NNE CO-OP PCBRN Meeting! We are accepting proposals from now until **Sept 29th, 2023** for oral presentations, lightning talks, research posters, and workshops. We are also offering a discount this year of **50% off** registration to accepted presenters of oral presentations (40 minutes) and workshop proposals.

Don't forget to check our <u>conference website [whova.com]</u> for up-to-date information on all the happenings including the agenda, meeting logistics, registration, and speaker information as they become available.

Please note, if you are a student or resident interested in coming to the 44th Annual Meeting, please fill out our 2024 Student Scholarship before registering for the conference.

Please share widely, we look forward to seeing your proposals soon!



## **SAVE THE DATE**

## Northern New England CO-OP Practice & Community Based Research Network

 $Department \ of \ Community \ and \ Family \ Medicine \ at \ Dartmouth \ Health \ and \ Geisel \ School \ of \ Medicine \ at$ 

# 44TH ANNUAL NNE CO-OP PCBRN MEETING









NETWORKING



POSTER SESSION



MINDFULNESS

## "REVITALIZING PRIMARY CARE"

North Conway, New Hampshire

**JAN** 

26-28

2024





**JANUARY 26-28, 2024** 

GRAND SUMMIT AT ATTITASH, BARTLETT, NH

# **REVITALIZING PRIMARY CARE**

# **KEYNOTE SESSION**FRIDAY, JAN 26 AT 6:00 PM

Join us for an enlightening session led by Dr. Kevin Grumbach, a renowned authority in primary care revitalization. With extensive expertise in health policy and innovations in primary care delivery, Dr. Grumbach will delve into transformative strategies, drawing from his influential research and leadership at the forefront of reshaping healthcare systems. Gain invaluable insights into practical tools and policy reforms essential for revitalizing primary care in our evolving landscape, fostering equitable access, and improving community health.

**DR. KEVIN GRUMBACH** *Keynote Speaker* 



## PLENARY SESSION SATURDAY, JAN 27 AT 8:00 AM

Join Dr. Joshua White, Chief Medical Officer of Cifford Medical Center, for an insightful plenary session on value-based healthcare's role in revitalizing primary care. Discover how his dedication to patient advocacy and community health informs transformative strategies for sustainable, quality-driven care, especially for underserved populations.

**DR. JOSHUA WHITE**Plenary Speaker



PLUS HEALTHCARE PROFESSIONAL AND STUDENT PERSPECTIVE PANELS, 16 SEMINARS, 16 LIGHTNING TALKS, WORKSHOPS, POSTER SYMPOSIUM, AND MORE!

See our agenda online: https://tinyurl.com/44thNNECOOPPCBRNAnnualMeeting

## Appendix F: Call for Proposals Survey on REDCap

**A** A A ⊕ **⊕** 

## Northern New England CO-OP Practice & Community Based Research Network

Department of Community and Family Medicine at Dartmouth Health and Geisel School of Medicine at Dartmouth, in collaboration with Larner College of Medicine at the University of Vermont and MaineHealth

## 44th Annual NNE CO-OP PCBRN Meeting Call for Proposals

Due to multiple requests, we are extending the window for submissions!

Please fill out which presentation categories you are interested in submitting an abstract for. Note that multiple abstracts per person are allowed.

All submissions will be reviewed by the CO-OP conference committee and applicants will be contacted with a decision result within two weeks of the closing date.

The submission period will close on October 13th at 11:59 PM EST.

Attendee Information	
First and Last Name  * must provide value	
Honorific or Title  * must provide value	i.e. Mr/Ms/Mrs/Dr/NP etc.
Email  * must provide value	Please use the same email you would use for registration and conference app sign in
Affiliation * must provide value	Work/School Organization
Job Title	
Personal Website or Linkedin	

Integrating Mental Health into Primary Care: Strategies for embedding mental health services within primary care settings to provide comprehensive care. Innovations in Technology and Telemedicine: Discussing the role of artificial intelligence, digital health tools, and telemedicine in improving access and efficiency in primary care. Measurement and Quality Improvement: Exploring metrics to assess primary care quality and methods to continuously improve care delivery. Medical Education for Evolving Primary Care: Addressing how medical education should adapt to equip future primary care providers with necessary skills. Patient-Centered Care Redefined: Exploring how patient-centered approaches can enhance primary care quality and outcomes. Payment Reform for Value-Based Care: Analyzing payment models that incentivize high-quality primary care and focus on patient outcomes. Primary Care Policy and Advocacy: Discussions on policy changes and advocacy efforts needed to support primary care revitalization. Team-Based Care Models: Exploring successful examples of interdisciplinary collaboration in primary care and its impact on patient outcomes. Technology Adoption Challenges: Examining barriers to technology adoption in primary care and how to overcome them for successful integration. Please select which category you are interested in submitting ✓ Oral Presentation (40-minute presentation with 10minute Q&A) an abstract for Lightning Talks (10-minute presentation with 5-\* must provide value minute Q&A. One speaker only per submission) Research Poster Presenter (any research healthcarerelated topic; in progress and completed)\* Workshop Presenter (any healthcare-related topic)\* \*Not theme relevant This section is for those interested in submitting an abstract for a 40-minute oral presentation with a 10-minute Q&A session. Speaker sessions will be held as concurrent seminars on Saturday and Sunday mornings (January 27 & 28). Accepted proposals get 50% registration for up to two presenters. **Oral Presentation Title** Name of Presenters

Can be changed after submission

Expand

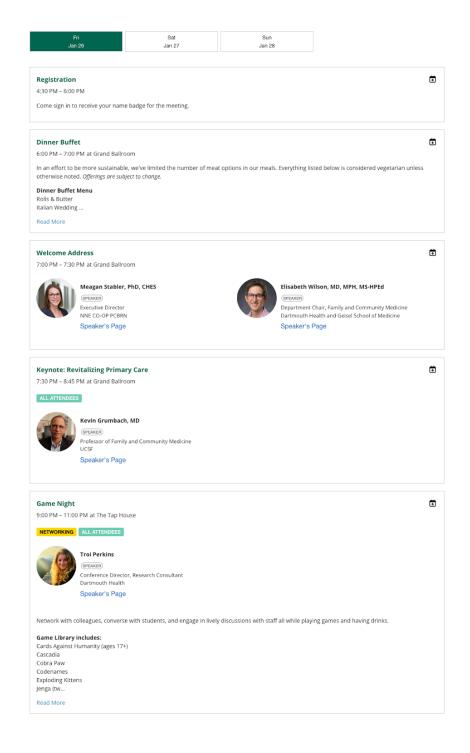
	Financia			
	Expand			
This section is for those interested in presenting a lightning talk. A lightris able to present information in 10 minutes with a 5 minute Q&A. This and noteworthy cases as well as spotlighting relevant topics and experitalk.	allows for quick exposure to ongoing research projects			
Name of Presenter	Can be changed after submission			
Lightning Presentation Title				
Lightning Presentation Description				
	Expand Maximum 200 words			
Lightning Presentation Specific Learning Outcomes				
	Expand			
This section is for those interested in presenting a poster. The poster session will be an hour and a half long with light reception fare before dinner on Saturday, January 27th. <b>Posters size is a maximum of 36"x48" and the presenter is responsible for creating and printing their poster</b> (you can print posters through most academic institutions as well as Staples and FedEx). Easels, backing, and poster clips will be provided. Poster set-up is recommended 15 minutes before the session start time.  Poster submissions will be broken into three categories with the first two categories being judged for best poster by popular vote of attendees. A small panel of CO-OP members will judge the last category for best poster. Winners will be announced on Sunday and receive a \$50 Amazon gift card. Poster topics are not restricted to the conference speaker theme.				
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Posters are split into three categories:

- **1. Completed Research** For those wanting to present their research findings on a finished research project
- 2. Research in Progress- For those wanting to present their current in-progress research
- **3. Student Research** For those that are in undergraduate or graduate studies that want to present in-progress or finished research projects

Workshop Presenter Submission				
Previous Annual Meetings have featured multiple workshops for clinicians, nurses, and students. These workshops have varied in their content from how clinicians interact with LGBTQ+ patients to mindful techniques for healthcare workers. Workshops usually have a cap of 20 participants (presenter dependent) that meet for an hour to an hour and a half on Sunday morning. Accepted proposals get 50% registration for up to two presenters.				
Title of Workshop				
<b>Abstract of Workshop.</b> Please include a description of the workshop, how long you'd like the workshop to be, how many people you'd like it open to, and if require a specific room set-up different from standard rounds.	Expand Maximum 200 Words			
	Modified 250 Holds			
<b>Learning Objective and Outcomes.</b> Please include your workshop learning objective, potential outcomes, and how you plan to measure your outcomes.				
	Expand Maximum 200 Words			
Submit Save & Return L	ater			

## Appendix G: Agenda



Fri Sat Sun Jan 26 Jan 27 Jan 28

Sunrise Swim

6:00 AM - 7:00 AM at Heated Outdoor Pool

NETWORKING



Maureen Boardman, MSN, FNP-C, FAANP

SPEAKER

Little Rivers Health Care; Dartmouth College, NNE CO-OP PCBRN

Speaker's Page

Join us for the CO-OP's traditional sunrise swim! This year we will have access to an outdoor hot tub for those daredevils in addition to an indoor heated pool.

**Breakfast Buffet** 

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6:30 AM - 8:00 AM at Grand Ballroom

In an effort to be more sustainable, we've limited the number of meat options in our meals. Everything listed below is considered vegetarian unless otherwise noted.  $O\!f\!f\!erings$  are subject to change.

Breakfast Buffet Menu

Scrambled Eggs

Home Fried Potatoes...

Read More

2 Subsessions

Special Interest Table: Student Meet & Greet

7:00 AM - 8:00 AM

Special Interest Table: Chat with Dr. Grumbach

7:00 AM - 8:00 AM

Speaker: Kevin Grumbach, MD

Registration

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7:00 AM – 8:00 AM at Grand Ballroom Hallway

Check-in to receive your name badge for the meeting.

Welcome & Overview Address 7:45 AM – 8:00 AM at Grand Ballroom €





SPEAKER

Executive Director
NNE CO-OP PCBRN

Speaker's Page



Maureen Boardman, MSN, FNP-C, FAANP

SPEAKER

Little Rivers Health Care; Dartmouth College, NNE CO-

Speaker's Page

Plenary Session: The Evolution of Healthcare on the Heels of the Pandemic

8:00 AM - 8:55 AM at Grand Ballroom

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ALL ATTENDEES



Joshua White, MD

SPEAKER

Chief Medical Officer
Gifford Medical Center
Speaker's Page

#### **Revitalizing Primary Care Panel**

8:55 AM - 10:00 AM at Grand Ballroom

#### **ALL ATTENDEES**



Joshua White, MD

(SPEAKER)
Chief Medical Officer
Gifford Medical Center

Speaker's Page



#### Maureen Boardman, MSN, FNP-C, FAANP

SPEAKER

Little Rivers Health Care; Dartmouth College, NNE CO-OP PCBRN

Speaker's Page



Eileen Murphy, MSN, APRN, FNP-BC

SPEAKER

Family Nurse Practitioner

Speaker's Page



Karl Dietrich, MD, MPH

SPEAKER

Cheshire Dartmouth Health Family Medicine Residency

Speaker's Page

This panel will consist of four healthcare professionals and their take on the current and future state of primary care. We will start with a five-minute introduction for each panelist in which they will tell us who they are, where they work, and how they think p...

Read More

#### 1 Subsession

#### Panel Q&A

9:15 AM - 9:55 AM

Break

10:00 AM - 10:15 AM

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#### \*Changed\* Session 1A: A Practical Approach to Considering Race in Primary Care Delivery

10:15 AM - 11:05 AM at Eagle



#### Matt Mackwood

Dartmouth

Speaker's Page

#### Session 1B: The Toxic Environment: The role of primary care

10:15 AM - 11:05 AM at Falcon



#### Ardis Olson, MD

SPEAKER

Professor of Pediatrics, and Community and Family Medicine

Geisel School of Medicine

Speaker's Page

Primary care is finding itself more likely to be the hub for local Health and environmental issues. How does this integrate with usual preventive care? How can issues of regional and local home and community toxins be incorporated efficiently into primary care? We will present regional data on he...

Read More

## Session 1C: Implementing a Community-Based Assets and Needs Assessment Curriculum in a Family Medicine Residency 🗗 Program

10:15 AM - 11:05 AM at Lynx



#### Tobias Nicholson, MD, ScM

SPEAKER

Maine Medical Center

Speaker's Page

Current primary care training emphasizes the importance of individual patient-provider interactions. This has been the role of residency since its inception. However, with an evolving healthcare landscape has come an edict to also address community health. The Accreditation Council of Graduate Me...

Read More

## Session 1D: Patient Centered Care for People who Use Drugs: Embracing Harm Reduction Approaches in Primary Care

10:15 AM - 11:05 AM at Wolf



Kerry Nolte, PhD, FNP-C

(SPEAKER)
Associate Professor
University of New Hampshire

Speaker's Page

Healthcare providers can serve as critical players in the effort to reduce stigma and other factors that negatively impact drug user health, and to advance health equity. We will begin with connecting to the lived experience of people who use drugs (PWUDs) including New England based research on ...

Read More

#### Session 2A: Creating LGBTQ+ Affirming Rural Primary Care

11:10 AM - 12:00 PM at Eagle



George Terwilliger, MD

SPEAKER) CMO

Grace Cottage Hospital

Speaker's Page



Summer Burch, APRN, FNP-C

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SPEAKER

Family Nurse Practitioner Grace Cottage Family Health

Speaker's Page



Juliette Carr, APRN, FNP

(SPEAKER)

Family Nurse Practitioner

Grace Cottage Family Health
Speaker's Page

A blueprint for creating a primary care practice that provides affirming LGBTQ+ care using the Human Right Campaign (HRC), Healthcare Equality Index as a guide.

## Session 2B: Fatty Liver Disease in the Primary Care Setting

11:10 AM - 12:00 PM at Falcon



### Henry Feng

SPEAKER

Department Chair of Primary Care

Dartmouth Hitchcock Medical Center and Clinics

On an Insula Description

Non-alcoholic fatty liver disease (NAFLD) has recently been renamed to metabolic dysfunction-associated steatotic liver disease (MASLD). This change in nomenclature has expanded awareness of the disease and urgency for management options in clinical medicine and in particular pr...

Read More

#### Session 2C: Get Them Hooked on Rural Early

11:10 AM - 12:00 PM at Lynx



Andy Lowe

SPEAKER

Executive Director New England Rural Health Association

Speaker's Page



Ann Marie Day, MBA

SPEAKER

Chief Operating Officer New England Rural Health Association

Speaker's Page

Attracting and retaining medical students to practice in rural communities, particularly in primary care, is one key to improving access to services. Learn about successful strategies to engage medical and other clinical students in rural health through innovative internships, scholarships, and e...

Read More

Session 2D: How individuals seeking help for substance addiction adjusted to virtual 12-step meetings during the COVID- 19 pandemic

11:10 AM - 12:00 PM at Wolf



Connie Hassett-Walker

(SPEAKER)
Assistant Professor of Criminal Justice
Norwich University

Speaker's Page



Jordan Brimblecombe

(SPEAKER) Norwich University

Speaker's Page

The COVID-19 virus upended all areas of life across the globe. Activities that would normally be undertaken indoors (e.g., work, school) shifted to remote participation; or in-person, socially distanced, masked-up events. This included attendance at 12-step recovery meetings (e.g., Narcotics Anon...

Read More

Transition Break

12:00 PM - 12:05 PM

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Session 3A: Confronting Rural Telehealth Equity

12:05 PM - 12:55 PM at Eagle



Zach Strecker

MS4

MS4 UMass Chan Medical School

Speaker's Page

The COVID-19 pandemic drove rapid telehealth expansion. There was initial optimism that rural communities would benefit from the rise of telehealth. However, rural telehealth adoption has lagged since the start of the pandemic. Rural areas face lower rates of digital literacy, broadband in...

Read More

Session 3B: Integrated care of patients with osteoporosis and low trauma fractures

12:05 PM - 12:55 PM at Falcon



#### Ugis Gruntmanis, MD

(SPEAKER)

Director and Professor, Bone Health and Osteoporosis

Service

Dartmouth Hitchcock

Speaker's Page

In NH, there is ~10000 fractures in patients with osteoporosis annually, only 8% of them get bone density and are assessed and treated for osteoporosis. Results are repeated fractures and high morbidity and mortality and costs. Working together we can address it and improve it.

Session 3C: Improving Interprofessional Understanding of Community Health Workers: A Unique Coproduced Project ECHO Educational Series

12:05 PM - 12:55 PM at Lynx



Brendan Prast, MD

SPEAKER

Fellow, Leadership in Preventive Medicine Program Maine Medical Center

Speaker's Page



Emily Follo, MD

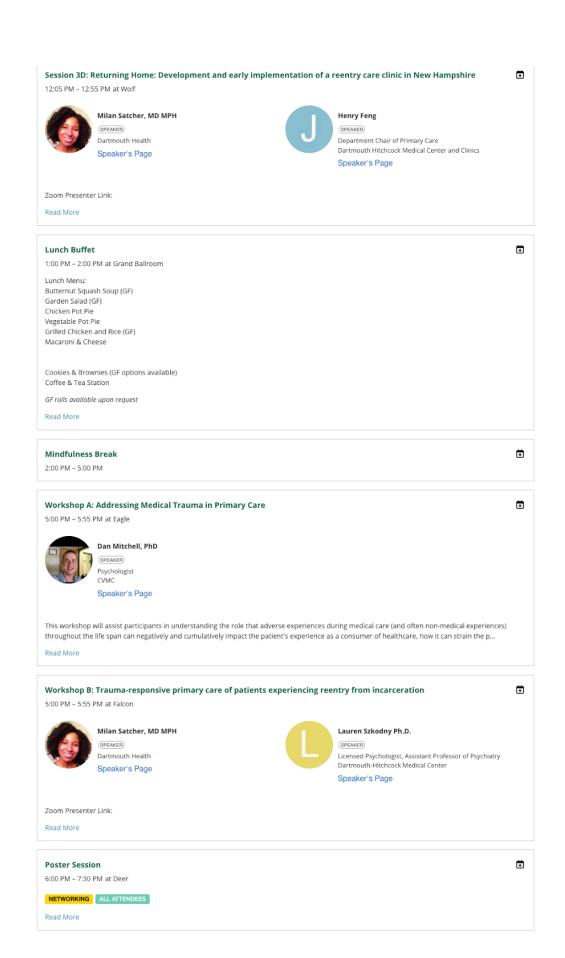
SPEAKER

Fellow, Leadership in Preventive Medicine Maine Medical Center

Speaker's Page

Context Maine is experiencing a dynamic population change with increased numbers of immigrants. Community Health Workers (CHWs) are a valuable resource to reduce healthcare barriers these communities can experience. Using the Project ECHO (Extension for Community Healthcare Outcomes) model...

Read More



#### **Dinner Buffet**

7:30 PM - 8:30 PM at Grand Ballroom

In an effort to be more sustainable, we've limited the number of meat options in our meals. Everything listed below is considered vegetarian unless otherwise noted. Offerings are subject to change.

#### Dinner Buffet Menu

Rolls & Butter Roasted Beet Sal...

Read More

#### Exploring Expanded NNE-CTR—NNE-CO-OP PCBRN Collaborative Research

8:30 PM - 9:00 PM at Grand Ballroom

#### ALL ATTENDEES



Meagan Stabler, PhD, CHES

SPEAKER

Executive Director NNE CO-OP PCBRN

Speaker's Page



Neil Korsen, MD, MS

SPEAKER

MaineHealth Institute for Research

Speaker's Page



Gary Stein

SPEAKER NNE-CTR / UVM

Speaker's Page



Charles MacLean, MD

SPEAKER

Larner College of Medicine, University of Vermont

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Speaker's Page

Fri Jan 26

Jan 27

#### **Breakfast Buffet & Interest Tables**

7:00 AM - 8:00 AM at Grand Ballroom

In an effort to be more sustainable, we've limited the number of meat options in our meals. Everything listed below is considered vegetarian unless otherwise noted. Offerings are subject to change.

#### Breakfast Buffet Menu

Scrambled Eggs (GF)

Но...

Read More

#### 3 Subsessions

#### **Special Interest Table: Residency Insights**

7:00 AM - 8:00 AM

Speaker: Karl Dietrich, MD, MPH

#### Special Interest Table: Center for Advancing Rural Health Equity (CARHE) Lessons Learned

7:00 AM - 8:00 AM Speaker: Sally Kraft

#### Special Interest Table: Research & Collaboration Cancer Survivorship

7:00 AM - 8:00 AM

Speaker: Neil Korsen, MD, MS, Kevin Stein

#### Medical Students and Resident Perspectives on Revitalizing Primary Care

8:00 AM - 9:00 AM at Grand Ballroom

ALL ATTENDEES



Rachel Heuer, MD

SPEAKER

Third Year Internal Medicine Resident Maine Medical Center

Speaker's Page



Kort Zarbock

SPEAKER

Medical Student (M2) Geisel School of Medicine at Dartmouth

Speaker's Page



**Molly Hurd** 

Medical Student (MS2) Larner College of Medicine at UVM

Speaker's Page

This panel will consist of three students/residents and their take on the current and future state of primary care. We will start with a five-minute introduction for each panelist in which they will tell us who they are, where they are going to school or doing their r...

Read More

**Transition Break** 

9:00 AM - 9:10 AM



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Lightning Talk Series A ∄ 9:10 AM - 10:10 AM at Eagle 4 Subsessions A.1: (HAND-BUTT) Hand-Based Activity for Navigating Discomfort with extragenital STD testing using a Brief, **Unconventional, Transportable Training** 9:10 AM - 9:25 AM Speaker: Brendan Prast, MD A:2 A Leaky System: Urinary Incontinence Care for Older Women 9:25 AM - 9:40 AM Speaker: Anne Cooper, MD, MA A:3 Prostate cancer screening: provider confidence with shared decision making Speaker: Michelle Cangiano, MD A:4 HPV Vaccine Expanded Age Range Criteria: Perspectives from Patients and Clinicians 9:55 AM - 10:10 AM Speaker: Maureen Boardman, MSN, FNP-C, FAANP

Lightning Talk Series B Ħ 9:10 AM - 10:10 AM at Falcon 4 Subsessions B.1: Barriers to Care in Rural Maine for Young Adults with Psychotic Spectrum Disorder 9:10 AM - 9:25 AM Speaker: Jeff Hecker, PhD B:2 OneCare VT's Model to increase mental health in primary care 9:25 AM - 9:40 AM Speaker: Carrie Wulfman, MD B:3 Screening for Early Emerging Mental Experiences (SEE ME): Feasibility and Pilot Data from Maine Primary Care 9:40 AM - 9:55 AM Speaker: Kristen Woodberry, MSW, PhD, Eb Bernier B:4 Addressing the Childhood Mental Health Crisis: Leveraging School-Based Mental Health Approaches to Improve **Pediatric Primary Care** 9:55 AM - 10:10 AM Speaker: Michael Sanders, PhD

 $\stackrel{\leftrightarrow}{\equiv}$ Lightning Talk Series C 9:10 AM - 10:10 AM at Lynx 4 Subsessions C.1: Bridging Health Disparities in Rural New England: CARHE's Community-Driven Approach 9:10 AM - 9:25 AM Speaker: Katie Keating, BS, MPH C:2 How did access to primary care and high blood pressure management change after the COVID-19 pandemic telehealth expansion for rural and low-income patients? 9:25 AM - 9:40 AM Speaker: Matt Mackwood C:3 Food and families: the role of food insecurity in rural child and family functioning 9:40 AM - 9:55 AM Speaker: Merelise Ametti, PhD C:4 Deep & Wide: OneCare VT's Efforts to increase equity and access to care 9:55 AM - 10:10 AM Speaker: Alicia Jacobs, MD, Carrie Wulfman, MD, Derek Raynes

Lightning Talk Series D

9:10 AM - 10:10 AM at Wolf

4 Subsessions

D.1: Let's get real: using simulation to guide pc panel size

9:10 AM - 9:25 AM

Speaker: Michael Mayo-Smith, MD, MPH

D:2 A Path to Equitable Care in Epilepsy

9:25 AM - 9:40 AM

Speaker: Elaine Kiriakopoulos MD, MPH, MSc

D:3 A comparison of low burden data collection methods using a study on primary care telehealth and burnout.

9:40 AM - 9:55 AM

Speaker: Meagan Stabler, PhD, CHES

D:4 Interprofessional Education and Collaboration: Standardized Patient and OSCE-based Curriculum for Health

Profession Students to Address COVID-19 Misinformation

9:55 AM - 10:10 AM

Speaker: Brendan Prast, MD

Transition Break

10:10 AM - 10:15 AM

Session 4A: Agilon Medicare Advantage Care Model's impact on the 3 Ps: Providers, Patients and Payers

10:15 AM - 11:15 AM at Eagle



Tina Holt

Principle Investigator, Preventive Medicine Enhancement for Maine Program Maine Medical Center

Speaker's Page



Lisbeth Balligan, MPH

Research Program Director MaineHealth Institute for Research ∄

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Speaker's Page



Francesca Piccolo, MS, MPH

(SPEAKER)

Research Program Coordinator MaineHealth Institute for Research

Speaker's Page

MaineHealth Medical Group (MHMG) and MaineHealth (MH) recently entered a 20-year partnership with Agilon Health, which has developed a 'Total Care Model' to empower medical groups and physician partners to implement a global risk model for Medicare. Through this partnership, MH will be

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Session 4B: Community Health Worker Well-being

10:15 AM - 11:15 AM at Falcon



Kate Darling PhD

SPEAKER University of Maine

Speaker's Page



Tara Casimir, PhD

Assistant Professor University of Southern Maine

Speaker's Page

In this presentation, we especially highlight the core strengths and structural vulnerabilities of Community Health Workers in Maine.

1) CHWs in Maine are highly skilled and educated: 87% of CHWs had some formal training or certificate and 49% had c...

\*Cancelled\* Session 4C: Do You Need A Life Raft Or Swimming Lessons?

10:15 AM - 11:15 AM at Lynx

Everyone charts. No one is taught how. The administrative burden related to EHR use is a leading factor in the burnout of clinicians. After just 5 hours/week spent charting after the clinic, the rates of burnout increase significantly - regardless of the number of years in practice, level of fami...

Read More

### Session 4D: OneCare VT's Value-based Payment Model to increase investment in Primary Care 10:15 AM - 11:15 AM at Wolf Alicia Jacobs, MD Derek Raynes Director, Payment Reform OneCare Vermont ACO Physician Leader, Vice Chair of Family Medicine Clinical Operations OneCare Vermont ACO, LLC UVM & OneCare Vermont Speaker's Page Speaker's Page Increasing investment in Primary Care has been shown to increase the value of healthcare delivery. There have been different avenues to increase this $investment\ including\ legislative\ mandate\ and\ executive\ order.\ We\ will\ review\ the\ concept\ and\ application\ of\ using\ the\ Primary\ Care\ Spen...$ Read More **Transition Break** 11:15 AM - 11:20 AM **General Session: Brainstorming Research Topics for 2024** 11:20 AM - 12:10 PM at Grand Ballroom Maureen Boardman, MSN, FNP-C, FAANP Little Rivers Health Care; Dartmouth College, NNE CO-OP PCBRN Speaker's Page **Award Ceremony and Closing Remarks** 12:10 PM - 12:30 PM at Grand Ballroom ALL ATTENDEES Meagan Stabler, PhD, CHES Executive Director NNE CO-OP PCBRN OP PCBRN Speaker's Page Speaker's Page Troi Perkins SPEAKER Conference Director, Research Consultant Dartmouth Health Speaker's Page

Maureen Boardman, MSN, FNP-C, FAANP Little Rivers Health Care; Dartmouth College, NNE CO- $\ddot{\pm}$ **Conference Adjourns** 12:30 PM - 12:30 PM **Governing Board Lunch Meeting** ≆ 12:30 PM - 2:00 PM at Fox Den Governor Board members and invited guests, level 1 Fox Den.

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## Appendix H: Poster Session Categories

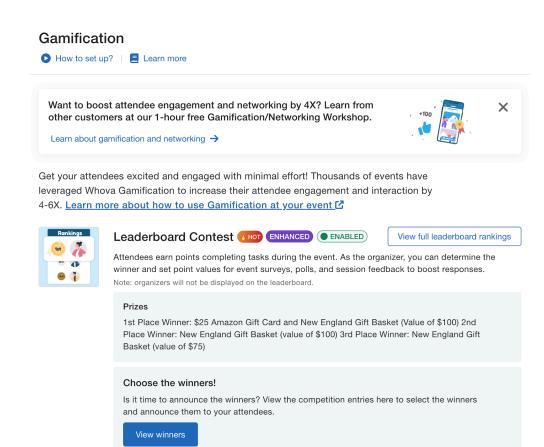
		COMPLETE	D RESEARCH	
Section	First	Last	Title/Topic	
CR 1	Brendan	Prast	Obstetric and Neonatal Outcomes Assessment of Recent Immigrants in Maine	
CR 2	Brendan	Prast	Coproduction of Community Health: An Innovative Way to Use ProjectECHO	
CR 3	Don	Nease	Supporting Community Access to Treatment for Opioid Use Disorder -Practice Experiences from the HOMER Study	
CR 4	Donna	Ron	Preoperative Communication between Anesthesia, Surgery and Primary Care Providers for Older Surgical Patients	
CR 5	Elaine	Kiriakopoulos	A Regional Needs Assessment of Health Professionals Caring for People with Epilepsy in Northern New England	
CR 6	Elaine	Kiriakopoulos	Antiseizure Medication Adherence and County Variation in Inpatient Epilepsy Encounters: An Administrative Claims Da Analysis in New Hampshire	
CR 7	Jack	Westfall	Engaging the "Just Right" Patient in Research	
CR 8	Jack	Westfall	When Prayer is Not Enough: The Role of Clergy in Healthcare	
CR 9	Kevin	Stein	The Past, Present, and Future of Distress Screening: Launching a Robust Distress Screening Program at a Large Outpatient Medical Oncology Practice Serving Rural/Underserved Communities	
CR 10	Kristen	Woodberry	Screening for Early Emerging Mental Experiences (SEE ME): Feasibility in U.S. Primary Care	
CR 11	Lisa	Mistler	AudioCare: Audio Recording Psychotherapy Sessions	
CR 12	Matt	Mackwood	How did access to primary care and high blood pressure management change after the COVID-19 pandemic telehealth expansion for rural and low-income patients?	
CR 13	Mereliese	Ametti	Examining the Relations Between Food Insecurity and Child Emotional-Behavioral Problems among Rural, Low-Income Families	
CR 14	Michael	Mayo-Smith	Mathematical Modeling of Primary Care Panel Size: A Scoping Review	
CR 15	Rachel	Heuer	Implementation of Al Retinopathy Screening in a Rural Primary Care Setting	
CR 16	Zoe	Daudier	A comparison of low burden data collection methods using a study on primary care telehealth and burnout.	

RESEARCH IN PROGRESS				
Section	First	Last	Title/Topic	
IPR 1	Constance	Van Eeghen	Opioid Prescribing Patterns and Analysis of Secular Trends	
IPR 2	Jennifer	DiBenedetto	Investigating Burnout Reducing Strategies in Primary Care: A Two-Phase Discrete Choice Experiment.	
IPR 3	Jeremiah	Eckhaus	Integrating a Guideline Based Clinical Pathway for Patients with Diabetes into the EHR Promotes Health Equity and Reduces Cognitive Burden on PCPs	
IPR 4	Julia	Najm	Understanding Integrated Behavioral Health in Ob/Gyn: A proposal for a quality improvement project to improve perinatal mental health screening and care	

IPR 5	Kiersten	Wulff	Implementing trauma-informed pelvic exams in primary care	
IPR 6	Laura	Denman	Pessary management in Northern New England; a survey o Women's Health providers	
IPR 7	Lisbeth	Balligan	Agilon Medicare Advantage Care Model's impact on the 3 Ps Providers, Patients and Payers	
IPR 8	Neil	Korsen	Boot Camp Translation for Lung Cancer Screening: A Community Engaged Translational Research Project	
IPR 9	Paula	Hudon	A Road Trip to Rural Primary Care Partnership: Navigating Research Network's Learning Tour Approach	
IPR 10	Scott	Jaynes	Potential Intestinal Microbiome Impact by Drugs Commonl Prescribed to People with Type-2 Diabetes Mellitus	
IPR 11	Solange	Saxby	Knowledge, perceptions, and attitudes of medical personnel regarding breastfeeding for postpartum women with multiple sclerosis: a cross-sectional pilot survey study	
IPR 12	Katie	Keating	Addressing social determinants of health (SDOH) in perinatal care settings: Implementation, acceptability, and preliminary findings	
IPR 13	Tammy	Tarsa	Provider perspectives on barriers to hospice referrals	
IPR 14	Tim	Burdick	The Center for Rural Health Care Delivery Science	
IPR 15	Brooke	McLaughlin	Reimagining the ADHD Experience: transforming parent engagement in the ADHD Child's care	

STUDENT RESEARCH				
Section	First	Last	Title/Topic	
SR 1	Anika	Advant	Identifying Barriers and Facilitators to Awareness and Rural Vermont Participation in Cancer Clinical Trials	
SR 2	David	Kook	Exploring National Institutes of Health's (NIH) pattern of award distribution for research on maternal and women's health across the U.S. between 2012 - 2023	
SR 3	Katie	Hartnett	Re-envisioning U.S. Maternity Care: Why We Should Leverage Birth Centers to Improve Outcomes, Patient Experiences, and Costs	
SR 4	Quynh-Lam	Tran	Fair Food: Expanding Food Access to Culturally-Appropriate Food Among Concord, NH Refugees	
SR 5	Nathania	Hartojo	Expanding the Reach of Evidence Based Cognitive Self Management for Spanish Speaking Adults with Epilepsy	

## Appendix I: Attendee Engagement Campaign and Incentives







Attendees upload photos to your event through the Whova Event App to enter the contest The photo (or photos) with the most likes will be the winner! As the organizer, you can download the results and announce the winners.

#### Contest theme

We want to see all of your photos. The best of selfies, groups, a new friend, lunch whatever shows how you are making the most of our annual meeting. The top liked picture will receive a prize.

#### Prizes

1st Place Winner: \$25 Amazon Gift Card

#### Choose the winners!

Is it time to announce the winners? View the competition entries here to select the winners and announce them to your attendees.

View winners

# Appendix J: 44th Annual NNE CO-OP PCBRN Post Conference Survey



### 44th Annual NNE CO-OP PCBRN Meeting Post Survey

Your response is anonymous unless a question requests your name or email.

⚠ This is a preview of your survey. You cannot submit responses.				
Would you recommend the conference to others? *  Yes  No				
How well organized was the conference? *  Extremely  Very  Somewhat  Not so  Not at all				
To what extent did this conference meet your expectations? *  Exceeded all my expectations  Met my expectations  Nearly met my expectations  Did not meet my expectations  Way below my expectations				
On a scale from 1-10, how satisfied were you with the event? *  Very dissatisfied 1 2 3 4 5 6 7 8 9 10 Very satisfied				
How valuable were the networking opportunities for your career development? *  Extremely  Very  Somewhat  Not so  Not at all				
How would you rate the venue and the location? *  Excellent  Very good  Good  Fair				

Overall, did the lightning talk sessions meet your expectations? *	
O Yes	
○ No	
○ N/A	
Overall, did the oral presentation sessions meet your expectations? *	
○ Yes	
○ No	
○ N/A	
Overall, did the poster session meet your expectations? *	
O Yes	
○ No	
○ N/A	
Overall, did the workshop session meet your expectations? *	
Yes	
○ No	
○ N/A	
Which speaker(s) or session did you find the most informative? *	
Your answer	
	//
	0/500
Did the conference structure give ample time to interest with other attendance.	-,
Did the conference structure give ample time to interact with other attendees? *	
Your answer	
	/
	0/500
What topics do you want to hear about for next year? *	
Your answer	
	//
	0/500

Any recommendations or comments on the conference?\*

Your answer

Will you be claiming CME credits for attending this meeting? Please select all that apply: \*

American Medical Association (AMA) PRA Category 1 Credit(s)™

American Nurses Credentialing Center (ANCC)

American Academy of Family Physicians (AAFP) Prescribed credits

I am not eligible to claim the offered CME credit but will be in the future

I am not eligible to claim the offered CME credits

Are there any continuing education credits not offered that you would like to see in the future? \*

Your answer

O/200

I understand that my feedback may be shared or quoted by the organizers to improve future conferences.\*

## Appendix K: Shortened Whova Statistical Report by Troi Perkins



## whova app **ENGAGEMENT DISCUSSION TOPICS POSTED** ARTICLE SHARED MESSAGES 36 13 **COMMUNITY BOARD MSG** PRIVATE MESSAGES 1-0N-1 TOTAL 203 182 PHOTOS SHARED **POLL RESPONSES** TOTAL TOTAL LIKES FOR ALL PHOTOS 128 BREAK-THE-ICE MESSAGES POLL RESULTS RECEIVED 18 251 **BIZ CARD** SCANNED AND EXCHANGED **ATTENDEES PROFILE VIEWS** 18 676

# whova LEADERBOARD

LEADERBOARD TOP 10					
FINAL RANKING			CONGRATS		
1 🛖 🎉	Michelle Cangiano, MD University of Vermont Health Network	28900	5		
2	Jack Westfall, MD, MPH Physician DARTNet Institute	16900	13		
3	Tina Holt Principle Investigator, Preventive Medicine Enhance Maine Medical Center	16100	7		
4	Jeremiah Eckhaus Medical Director of Quality and Population Health The University of Vermont Health Network - Central	14900	0		
5	Scott Jaynes, MD  Dartmouth Health	9100	0		
6	Eileen Murphy, MSN, APRN, F Family Nurse Practitioner	9100	0		
7	Jessica Bloom-Foster  Northern Light Eastern Maine Medical Center	8900	0		
8	George Terwilliger, MD CMO Grace Cottage Hospital	8300	0		
9	Connie van Eeghen, DrPH, MH Assistant Professor University of Vermont	8100	0		
10	Don Nease Professor and Green-Edelman Chair for Practice-B University of Colorado - Anschutz Medical Campus	8100	0		

# whova LIVE POLL REPORT

#### POLL TOTAL



THIS INCLUDES GENERAL EVENT POLLS AND

### **POLLS**

LIVE POLL TITLE

#### WHAT IS YOUR ROLE?

CHECKBOX CHOICE RESPONSES

researcher

49%, 19 responses

clinical provider

33%, 13 responses

primary care enthusiast

15%, 6 responses

LIVE POLL TITLE

#### WHAT KIND OF PROVIDERS/HEALTH SYSTEMS ARE REPRESENTED HERE?

MULTIPLE CHOICE RESPONSES

academic center

82%, 18 responses

integrated health system

9%, 2 responses

FQHC/community practice

9%, 2 responses

