

Research Exchange



Photo Credit: Troi Perkins, MEM, MF

Welcome to the NNE CO-OP PCBRN's Quarterly Newsletter, Fall 2023 Edition!

This autumn, the NNE CO-OP PCBRN has been abuzz with significant strides in ongoing research initiatives. Join us in this issue to delve into the noteworthy takeaways of our dedicated CO-OP staff from the insightful 51st NAPCRG Annual Meeting. Additionally, explore the impactful outcomes stemming from our October CO-OP Strategic Planning Meeting, and what upcoming conferences and seminars are happening, including exclusive details about the much-anticipated 44th Annual NNE CO-OP PCBRN Meeting!

In addition, this issue shines a spotlight on our ongoing efforts during the listening road trip across member sites. Learn firsthand about the diverse perspectives and invaluable insights gathered from these visits, illuminating our commitment to understanding the unique needs of our member communities.

Get ready to immerse yourself in a wealth of knowledge and advancements in primary care research and community engagement.

Newsletter Highlights

Director's Cut: Review of
Strategic Planning Meeting

NAPCRG Annual Meeting
Takeaways

On-going CO-OP Research
Efforts: What's next?

Member Listening Tour:
Only the Beginning

44th Annual NNE CO-OP
PCBRN Meeting:
Revitalizing Primary Care

Upcoming Conferences
and Seminar Information

Director's Cut: Strategic Planning Review

by Meagan Stabler, PhD, CHES
Executive Director,
NNE CO-OP PCBRN



Reflecting on our recent NNE CO-OP PCBRN Strategic Planning Retreat, held on October 12, 2023, I am energized by the collaborative spirit and shared vision that emerged during our discussions.

We revisited the outcomes of our Visioning retreat, extracting valuable insights to shape our future endeavors. Our focus on refining goals—specifically in research support, fiscal sustainability, membership engagement, national visibility, and infrastructure—reflects our commitment to align with our mission and values (see our core values depicted below).

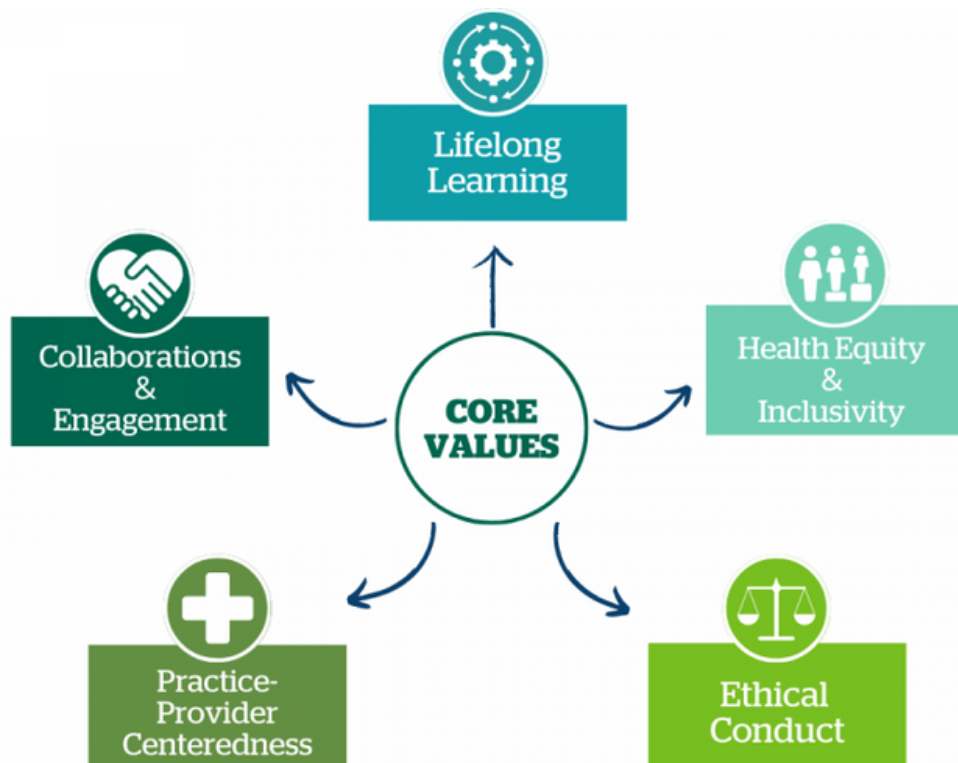
The retreat highlighted the critical need to strengthen our research infrastructure. Our conversations underscored the potential in partnering with local and state health departments, community groups, and academic hospital institutions. Recognizing the contributions of specialists and other health professionals, we aim to expand membership to foster a diverse and collaborative research environment.

The retreat marked a pivotal moment in charting our path forward. Three focused working groups meticulously reviewed our goals, strategies, and activities, contributing to an editable strategic plan. This document, a culmination of diverse perspectives, will undergo a collaborative refinement process involving staff, board members, and consultants' perspectives.

Looking ahead, our journey is defined by adaptability and inclusivity. We are transitioning to smaller, voluntary working groups in February, aiming to harness the strengths of our community in driving specific goals and strategies.

As we navigate this transformative phase, I extend an invitation to all members for comment. Your insights and commitment will shape the future landscape of NNE CO-OP PCBRN.

Together, let us propel our collective efforts toward a future marked by excellence, inclusivity, and impactful research.



NAPCRG Annual Meeting Takeaways

by Troi Perkins, MEM, MF

Research Consultant, NNE CO-OP PCBRN

Photo Credit: Troi Perkins, MEM, MF

As I reflect on our recent journey to San Francisco for the 51st NAPCRG Annual Meeting alongside my CO-OP colleagues, I'm excited to share the experiences of the CO-OP staff including our presentations, networking, and takeaways that have renewed our vigor in our research work at NNE CO-OP PCBRN.



Photo Credit: Tim Burdick

CO-OP Research Presented

Our presentations on CO-OP research projects drew significant interest and discussions. Maureen Boardman's insightful findings on the HPV Vaccine Expanded Age Range highlighted gender disparities in patient knowledge and clinician-patient interactions. The identified knowledge gaps unveiled critical areas for intervention, particularly regarding cost barriers and clinician biases.

Additionally, our collaborative efforts on COVID-19 Vaccine Hesitancy sparked discussions

about our finding that patients' trust clinicians as a source of COVID-19 information but, despite this trust, patients' vaccine decisions seemed minimally impacted by clinician input, signifying complex decision-making factors beyond direct influence.

Networking Opportunities

As our Executive Director said, "the networking opportunities at the NAPCRG Annual Meeting were endless!" In fact, Dr. Stabler's perspective sums up NAPCRG for the CO-OP staff quite well: "New connections with professionals at different PBRNs was truly rewarding. Multi-PBRN collaborations are the future and we're well poised to actively engage in this exciting endeavor". We even manage to participate in NAPCRG's many networking events such as a Halloween themed reception and poster symposium where many of our staff dressed up to celebrate the season (see below).



Photo Credit: Tim Burdick

Plenary Highlights

The plenary sessions at NAPCRG offered profound insights into critical issues facing healthcare today. Artificial Intelligence (AI) in Healthcare discussions underscored the need for equity in AI models and highlighted the potential of AI chatbots in enhancing patient interactions.

Climate Change discussions emphasized the urgency of healthcare workers' role in addressing climate-related health impacts, emphasizing the crucial need to integrate climate change impacts into patient care.

Furthermore, the discourse on Reproductive Healthcare Access in a Post-Roe World shed light on the profound implications of policy changes on women's healthcare access, urging us to advocate for equitable healthcare services for all.

The takeaways from the 51st NAPCRG Annual Meeting have ignited a fire within us, propelling us towards more impactful research initiatives and collaborations. As we delve deeper into these critical domains, we remain committed to driving positive change in primary care research, advancing equitable healthcare for our communities.



On-going CO-OP Research Efforts: What's next?

by Troi Perkins, MEM, MF
*Research Consultant,
 NNE CO-OP PCBRN*

Due to increased requests for research collaboration, the CO-OP has released a new [researcher's guide to collaborating with the CO-OP](#) and the [research intake form](#). Our new mechanism for processing proposals helps the CO-OP staff to review each request and consider how the research will empower members and/or contribute to furthering the CO-OP's mission and values.

Some of the ongoing research projects that were approved in the past year include:

"A Comparison of Low-burden Data Collection Methods Using a Study on Primary Care Telehealth and Burnout"
 PI: Tim Burdick, MD, MBA, MSc.

"A Study of Long COVID in Primary Care with the Northern New England CO-OP PCBRN"
 PI: Darlene Peterson, MD.

"COVID-19 Vaccine Hesitancy: Patients and Clinician Perspectives in Rural New England" PI: Maureen Boardman, MSN, FNP-C, FAANP

"Increasing Epilepsy Self-Management Access by Embracing a HUB and Spoke Model" PI: Elaine Kiriakopoulos, MD, MPH, MSc.

"HPV Vaccine Expanded Age Range: Clinician and Patient Perspectives" PI: Maureen Boardman, MSN, FNP-C, FAANP

"Opioid Prescribing Patterns and Analysis of Secular Trends" by PI: Constance van Eeghen, Dr.PH, MBA.

For more information on our CO-OP partnered research projects, as well as the new research intake form, please visit our [CO-OP website "Research" tab](#).

We will be generating CO-OP project ideas and workgroups through our traditional Annual Meeting's Research Brainstorming Session. Please join us at the 44th Annual NNE CO-OP PCBRN Meeting in January 26-28, 2024 to share your interests and expertise.



A picture of Matt Mackwood, MD, MPH presenting his ongoing research during the 2023 NNE CO-OP PCBRN Annual Meeting.

Member Learning Tour: Only the Beginning

Paula Hudon, DNP, RN

Research Project Manager, NNE CO-OP PCBRN



Photo Credit: Troi Perkins, MEM, MF

Buckle up everyone, the NNE CO-OP PCBRN began an extended road trip this Fall and we are heading your way! The CO-OP mapped a route through New Hampshire, Vermont, and Maine and hit the road early in September, visiting primary care practices in-person and in virtual meetups. To date, we have reached primary care clinicians that practice in more than 35 locations in the Northern New England region and dropped into each state's primary care association to reach even more clinicians.

Our Learning Tour is all about the journey where we stop to listen and learn from each other along the way. As we roll into each practice, we are driving greater awareness about research networks and highlighting what our NNE CO-OP PCBRN offers: networking, professional development, research process consultation, quality improvement, and more.

Ten in-person and virtual meetups have been logged and we have six more visits currently scheduled.

Every pitstop on our Learning

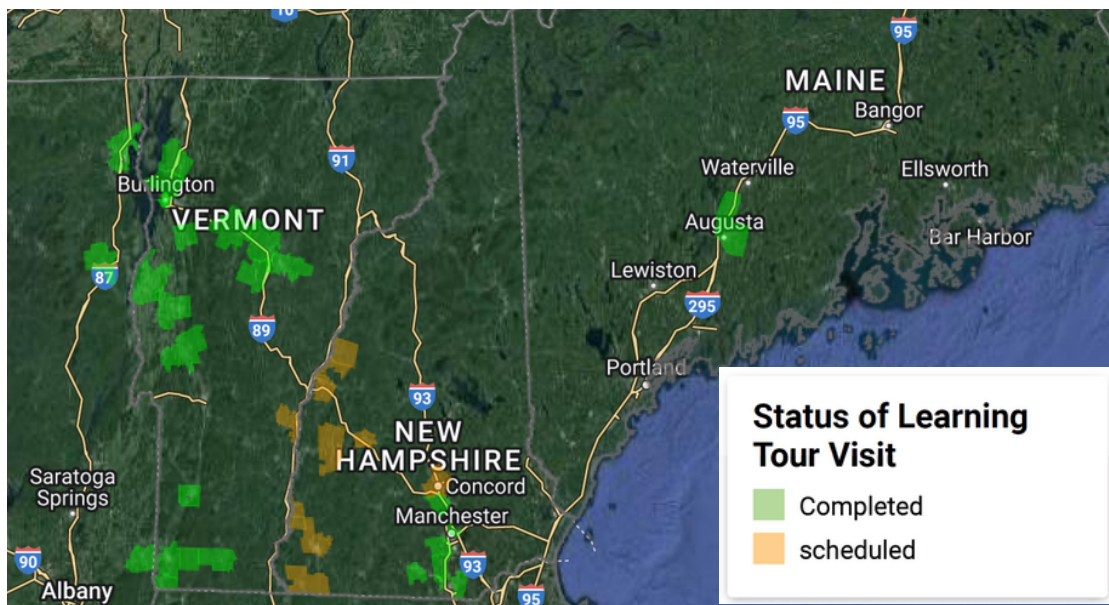
Tour trip has been unforgettable! Our seatbelts are fastened, ready to add more primary care practice destinations in 2024.

For now, we are looking forward to visiting with you soon at the 44th Annual NNE CO-OP PCBRN Meeting in January.

Want to get your practice site on the map?

Please reach out to us at NNECO-OPPCBRN@hitchcock.org, if you'd like to schedule a virtual or in person visit from the CO-OP.

NNE CO-OP PCBRN Learning Tour Map





44TH ANNUAL NNE CO-OP PCBRN MEETING 2024

JANUARY 26-28, 2024

GRAND SUMMIT AT ATTITASH, BARTLETT, NH

REVITALIZING PRIMARY CARE

KEYNOTE SESSION

FRIDAY, JAN 26 AT 6:00 PM

Join us for an enlightening session led by Dr. Kevin Grumbach, a renowned authority in primary care revitalization. With extensive expertise in health policy and innovations in primary care delivery, Dr. Grumbach will delve into transformative strategies, drawing from his influential research and leadership at the forefront of reshaping healthcare systems. Gain invaluable insights into practical tools and policy reforms essential for revitalizing primary care in our evolving landscape, fostering equitable access, and improving community health.

DR. KEVIN GRUMBACH
Keynote Speaker



PLENARY SESSION

SATURDAY, JAN 27 AT 8:00 AM

Join Dr. Joshua White, Chief Medical Officer of Gifford Medical Center, for an insightful plenary session on value-based healthcare's role in revitalizing primary care. Discover how his dedication to patient advocacy and community health informs transformative strategies for sustainable, quality-driven care, especially for underserved populations.

DR. JOSHUA WHITE
Plenary Speaker



PLUS HEALTHCARE PROFESSIONAL AND STUDENT PERSPECTIVE PANELS, 16 SEMINARS, 16 LIGHTNING TALKS, WORKSHOPS, POSTER SYMPOSIUM, AND MUCH MORE!

Agenda & Registration: <https://tinyurl.com/44thNNECOOPPCBRNAnnualMeeting>

Upcoming Conferences

- Dec. 1: Team Up Take Action, Hanover, NH
- Dec 2: Nurse Practitioner Virtual CE Summit, Virtual
- Dec 7: Annual Women Leaders in Healthcare, Waltham, MA
- Jan. 26-28, 2024: 44th NNE CO-OP PCBRN Annual Meeting, Bartlett, NH
- Feb 11-13: Medical Society Consortium on Climate & Health, Arlington, VA, Hybrid
- April 2-4: Northeast Conference on The Science of PFAS: Public Health & the Environment, Marlborough, MA
- June 17-18, NAPCRG PBRN Annual Meeting, Reston, Virginia



Continued Learning

The CO-OP has staff engaged in various workgroups across the Northeast as a way to increase continued learning and be aware of opportunities available through partner organizations. This helps us to provide more members with additional resources and networking opportunities.

Here is a list of upcoming seminars and talks provided by those partnering organizations:

- On-going, New England Rural Health Association Partners with UConn Health on Rural Obstetric Life Support, Virtual
- Dec. 4, 7:00 PM - 8:00 PM (EST), NH Healthcare Workers for Climate Action. "Parenting in a changing climate: How parents can support their children & themselves in a warming world", Virtual
- Dec. 15, 12:00 - 1:00 PM (EST), NNE-CTR, "Mental Health in 2023 - Risks & Opportunities", Virtual
- Dec. 20, 12:00-1:00 PM (EST), CARHE, Rural Health Equity ECHO: Tackling the Social Drivers of Health, Virtual