Dear CO-OP members,

It is now October, the leaves are changing, the air is getting crisp, and soon enough the snow will be falling. We would love to see what you all have been up to, please send us your favorite fall pictures and we will feature some in our following newsletter! This month we have project updates, a special CO-OP member interview, conference updates, and much more to share!

We would appreciate your feedback on our newsletters, please take a few moments to fill out our satisfaction survey!

Neil Korsen is a Physician Scientist at the MaineHealth Institute for Research. His research has focused on primary care practice and community engagement. He represents the Northern New England Clinical and Translational Research Network (NNE-CTR) as one of the Research Directors for the NNE COOP PCBRN. He spent almost 20 years as a family doctor.
in rural Maine before making a transition to a research career in 2001.

**What made you decide to join the Dartmouth CO-OP and/or the NNE-CTR?**

“I was in private practice in rural Maine in the mid-1980s. I was developing an interest in research and heard about the Dartmouth CO-OP. I decided to check it out and became engaged in a card study. It was easy to fit into my busy clinical day and an interesting thing to do in addition to taking care of patients.”

**What research have you done with the CO-OP and/or the NNE-CTR before?**

“I remember several studies that I was a part of. The card study I mentioned looked at how often PCPs saw patients for follow-up of chronic illnesses and was eventually published. I was part of a small group of CO-OP members who worked on geriatrics quality improvement (QI) projects in our practices for several years. Also, I participated in the Agency for Healthcare Research and Quality (AHRQ) funded Prostate Patient Outcomes Research Trial which included my first introduction to shared decision making.”

**What makes the relationship between the NNE-CTR and the CO-OP so important?**

“The goal of the NNE-CTR is to increase clinical and translational research in northern New England. Much of the research done by the CO-OP over the years fits under the ‘clinical and translational’ umbrella, so the CO-OP is a perfect partner to help the NNE-CTR reach the primary care community.”

**What current research are you doing now that you would like the CO-OP to know about? And what do you enjoy most about this current work?**

“This is not exactly research, but I am interested in thinking about how employed PCPs who are not in academic settings can have the time to participate in the CO-OP. This means helping organizations that people work for understand the value that being a CO-OP member brings to the individual and to the organization.”

**What advice would you give to someone looking to become more involved in the CO-OP?**

“The CO-OP is a welcoming organization. If you are interested in something we are working on, speak up and get involved. Once part of the CO-OP, people tend to stay involved.”

**What’s something about you that people might not know?**

“I make maple syrup every spring (on a small scale). This year I had about two dozen taps in various friends’ trees and I made about four gallons of syrup.”
This month our current research projects have progressed further, but there still is progress to make to bring these projects through the finish line. The CO-OP is looking forward to expanding our research portfolio in the coming year and has some ideas for upcoming projects, so be on the lookout for those as they develop a bit further.

**Project Updates:**

- **Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making.** PI: Maureen Boardman MSN, FNP-C, FAANP
  - **Current State:** Data collection is still ongoing, and surveys have been distributed to both clinicians and patients. Both locations are still collecting data for the clinician portion of this study, see below to be involved. As for the patient portion of this study, one site has completed data collection and the other is still ongoing. The study team has been meeting with study sites monthly, to check in on progress. The response rate is coming closer to the desired targeted responses but still is a ways away.
  - **Involvement:** If you are a practicing clinician in a Federally Qualified Health Center (FQHC) in the states of Vermont or New Hampshire, and would like to participate in this study, please click the link here: [HPV Vaccine Clinician Survey](#). This is a paid opportunity and you may choose to be compensated for your time with a $25 Amazon egift card. If you have any questions about this study please contact Maureen Boardman ([Maureen.B.Boardman@dartmouth.edu](mailto:Maureen.B.Boardman@dartmouth.edu) OR [MBoardman@littlerivers.org](mailto:MBoardman@littlerivers.org)).

- **Overcoming COVID-19 Vaccine & Booster Hesitancy in Rural Northern New England for Adults.** PI: Maureen Boardman MSN, FNP-C, FAANP
  - **Current State:** The clinician portion of this study has made great headway, and we have seen the most significant increase in Maine numbers since our last newsletter. Most clinic sites have begun data collection for the patient portion of this study and the Vermont site has seen the most progress since
we gave our last update. The study team has met with clinic sites to check in on progress and will continue to meet roughly every month.

○ **Involvement:** If you are a clinician employed in primary care in Maine, New Hampshire, or Vermont, and would like to participate in this study, please click the link here: [COVID-19 Clinician Survey](#). This is a paid opportunity and you may choose to be compensated for your time with a $25 Amazon egift card. If you have any questions about this study please contact Maureen Boardman ([Maureen.B.Boardman@dartmouth.edu](mailto:Maureen.B.Boardman@dartmouth.edu) OR [MBoardman@littlerivers.org](mailto:MBoardman@littlerivers.org)).

- **The Cover Health Care Workers Project: COVID-19 Protection to Ensure Resilient Health Care Workers.** PIs: Andrea Cassells, MPH; Maureen Boardman, MSN, FNP-C, FAANP
  - ○ **Current State:** The late intervention group, Little Rivers Health Care, received training for their practice site champions at the beginning of August and has concluded training staff on stress first aid.

- **ACEs in Community Practice: Correlating Patient’s Distress, Desire to Discuss with their Clinician and with Resilience.** PI: Patricia Glowa, MD Study Team: Ardis Olson, MD
  - ○ **Current State:** This study is currently finalizing data analysis and is in the early stages of manuscript preparation.

The CO-OP is currently looking for someone to join our team as our Director of Research Operations. The summary and qualifications for this position are posted [here](#). The anticipated hire date is January 1st, 2023.

Our Clinical Research Director, Maureen Boardman, has had two recent publications. If you are interested in reading more, visit the links below:

- **The Key to Successful NP Transition to Practice**
Sexual and Reproductive Health Content in the 3 Ps in Nurse Practitioner Education

We would like to extend kudos to NNE CO-OP PCBRN Board of Governors member, Jan Carney, MD, MPH, on her wonderful presentation on Rural Cancer Disparities in Vermont: What can we do? at the 2022 Women's Health & Cancer Conference, which was put on by the University of Vermont Cancer Center at the end of September. A recording of this presentation will be available on the Women's Health & Cancer Conference's website in the next few weeks if you are interested in viewing Dr. Carney’s presentation.

Want to present your research? Our directors are presenting at AAMFP and NAPCRG! Check out their accepted presentations for the 2022 NAPCRG Annual Meeting, November 18-22, 2022 in Phoenix, Arizona below:

- Overcoming COVID-19 Vaccine Hesitancy in Rural Northern New England for Adults by Maureen Boardman (Presenter). Dorothy Barker, Zoe Daudier, Troi Perkins

- Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making by Maureen Boardman (Presenter). Dorothy Barker, Kristen Bigelow-Talbert, Zoe Daudier, Troi Perkins

- Impact of the COVID-19 Pandemic on Addressing Food Insecurity in Rural Primary Care. Arvind Suresh, BA, M4, Maureen Boardman, MSN, FNP-C, Chelsey Canavan, MSPH, Kayla Hatchell, MD, Tiffany D’cruze, BA, M2, Meaghan Kennedy, MD, MPH and Alka Dev, DrPH, MHS.

Join our CO-OP leadership and members in meeting with other clinicians and professionals within the field by attending one of the numerous upcoming
conferences.

- **Project ECHO An Ounce of Prevention: Key Strategies to Promote Childhood Vaccination**, October 5, 2022, 12 - 1 PM EST, Virtual, [Register Here](#)
- **Walk With Ease**, October 6, 13, 27, and November 3, 10, 17, 2022, 10-11 AM EST, Virtual
- **MPHA's 38th Annual Conference - Adapting in Times of Adversity: The Role of Public Health in Strengthening Maine’s Communities**, October 11-13, 2022, Virtual
- **International Conference on Physician Health**, October 13-15, 2022, Orlando, FL
- **Principles in the Care of Transgender and Intersex Patients**, October 13-15, 2022, Phoenix, AZ
- **NIH Conference and PreCon Events**, October 14, 2022, Virtual
- **2022 Mental Health Management Summit**, October 17-18, 2022, Orlando, FL
- **UCSF CME: Primary Care Medicine: Principles & Practice 2022**, October 19-21, 2022, San Francisco, CA, In-Person or Virtual
- **Doing Right at Birth: Professional Education on Child Welfare Reporting to Promote Recovery and Equitable Outcomes for Birthing People, Their Children and Families**, October 21, 2022, 12-1:30 PM EST, November 16, 2022, 12-1:30 PM EST, or January 19, 2023, 3-4:30 PM EST, Virtual
- **Pediatric and Adolescent Vaccine Update 2022: A Focus on Improving Rates**, October 21, 2022, 12-1 PM EST, Virtual, [Register Here](#)
- **MaineHealth Clinical Research ECHO: Clinical Research - Practice-Based Research**, October 26, 2022, Virtual
- **AAFP Emergency & Urgent Care Live Course**, October 27-30, 2022, Bonita Springs, FL
- **2022 New England Rural Health Conference**, November 1-2, 2022, Killington, VT, Hybrid
- **NH Healthcare Workers for Climate Action - Project ECHO: Connecting Mental Health, Climate Justice, and Nature**, Every other week beginning November 2, 2022, 12-1 PM EST, Virtual, [Register Here](#)
- **American Public Health Association 105th Anniversary**, November 6-9, 2022, Boston, MA
- **The Center for Advancing Rural Health Equity Inaugural Event**, November 7, 2022, 8:30 AM - 5 PM EST, Fairlee, VT
- **Association of Medical Colleges**, November 11-15, 2022, Nashville, TN
- **50th NAPCRG Annual Meeting**, November 18-22, 2022, Phoenix, AZ
- **MaineHealth Clinical Research ECHO: Clinical Research - The Anatomy of a Good Chart Review Study and How to Obtain the Data from EMR**, November 23, 2022, Virtual
- **NHPHA 2022 Team Up Take Action (TUTA) Conference**, December 9, 2022, 8:30-5 PM EST, Virtual
2023 Annual Meeting: Climate & Political Determinants of Health

Join us in a discussion on the effects of climate change and social determinants of health in our health care system, headlined by Dr. Tess Wiskel, Climate Fellow of Harvard C-Change and Emergency Health Physician at Beth Israel Deaconess Medical Center. We will also have our annual Poster Reception that spans a broad array of healthcare topics, several conference workshops to choose from, CO-OP Project reports, and our signature brainstorming session on new research opportunities.

Call for Proposals has gone live for the 43rd NNE CO-OP PCBRN Annual Meeting. See our Annual Meeting [website page](#) for updates on proposal types, scholarship funding, and deadlines.

Early Bird Discount Registration Tickets are on sale now! Click [here](#) to access our registration page and save **$100 if you buy your tickets before December 1st**. Note that we anticipate CMEs to be available like in previous meetings and estimate at least 10 credits though this is subject to change.

Breast Cancer Awareness Month Events
- [Metastatic Breast Cancer Support Group](#), October 5, 2022, 2:30-4:30 PM EST, Virtual
- [Pinktober Webinar](#), October 9, 2022, 4-6 PM EST, Virtual
• **2022 Komen Vermont More Than Pink Walk**, October 15, 2022, 7:30 AM EST, Manchester, VT
• **Pinky Promise: Making Strides Against Breast Cancer Walk**, October 16, 2022, 11 AM EST, Concord, NH
• **Art Therapy for Healing Your Identity**, October 17, 2022, 6-7 PM EST, Virtual
• **Spanish Thursday Night Thrivers**, October 18, 2022, 7-8 PM EST, Virtual
• **Rally Against Cancer Games**, October 18, 2022, 7 PM EST, Burlington, VT
• **Thriving After Breast Cancer Support Group**, October 19, 2022, 5-6 PM EST, Lebanon, NH
• **2022 Komen Connecticut More Than Pink Walk**, October 22, 2022, 7:30 AM PST, Hartford, CT
• **2022 Komen Massachusetts More Than Pink Walk**, October 29, 2022, 7:30 AM PST, Cambridge, MA
• **Lebanon Holiday Girls Night Out**, November 10, 2022, 5:30-8:30 PM EST, Lebanon, NH

To unsubscribe from the NNE CO-OP PCBRN listserv please send an email to

NNECO-OPPCBRN@Hitchcock.org with the subject title "UNSUBSCRIBE" and nothing in the body of the email.

Northern New England Cooperative Practice and Community Based Research Network

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