



MAY NEWSLETTER, 2022

DARTMOUTH CO-OP NNE PBRN

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Dear CO-OP members,

It's National Mental Health month and as such we are theming this month's CO-OP newsletter around all things mental health-related. The National Alliance on Mental Health is encouraging healthcare providers and all people to help them amplify the message of "Together for Mental Health" for 2022's Mental Health Awareness Month. You might see things like social media trends like #MHAM or #Together4MH as part of this awareness campaign. To learn more about NAMI's mission and resources for Mental Health Awareness Month, visit [NAMI.org](https://www.nami.org).

Member Spotlight

[Dr. Kerry Nolte](#) is an assistant professor of nursing at the University of New Hampshire and a Family Nurse Practitioner at a Federally Qualified Community Health Center. Kerry's research interests focus on reducing drug-related harm and Kerry is a founding member of the New Hampshire Harm Reduction Coalition. Kerry is co-investigator on the Drug Injection Surveillance and Care Enhancement for Rural Northern New England (DISCERNNE) and Project Director of the Harm Reduction Education and Technical Assistance



Project. Please enjoy reading what Kerry had to say about her impressive work and contributions!

What made you decide to join the Dartmouth CO-OP?

"After providing primary care as a family nurse practitioner and then returning to education for my Ph.D., I have found the CO-OP to be an amazing network of those interested in generating new, clinically relevant knowledge. When working in primary care, our practice didn't participate in research and then in my Ph.D. program, much of the research was disconnected from what was clinically feasible. I love that the CO-OP seeks to meet in the middle and make those worlds connected."

What research have you done with the CO-OP before?

"I have participated in provider surveys and have been guided in my work by many of the focal topics from meetings, namely Adverse Childhood Experiences and substance use. In my faculty role, I often meet with many preceptors across the region and it has been a great resource to connect other clinicians to."

What do you enjoy most about your current work, both as an assistant professor and a family nurse practitioner?

"I really enjoy the balance of research, teaching, and my clinical practice. I always want to change things for the better and I have a great choice of your own adventure-like balance. The group of researchers I work with in harm reduction are the most supportive and compassionate folks I have ever worked with!"

What advice would you give to someone looking to become more involved in behavioral health?

"If you are in touch with people who use drugs or are struggling with mental health, talk to them. Where have they felt seen, heard, and supported? Seek out learning opportunities and mentorship from those places. In all realms, but especially behavioral health, if you feel like you know all the answers, you aren't listening enough."

What's something about you that people might not know?

"I'm moderately obsessed with hippos and know lots of hippo facts like they are the deadliest animal (besides humans) in Africa and are nocturnal and graze at night."



In the past month, we have seen great progress in our ongoing research projects, as well as our upcoming project proposals. While some roadblocks have proved challenging to overcome, forward momentum has been made and we are excited to share some of our recent CO-OP research projects' successes with you all.

Project Updates:

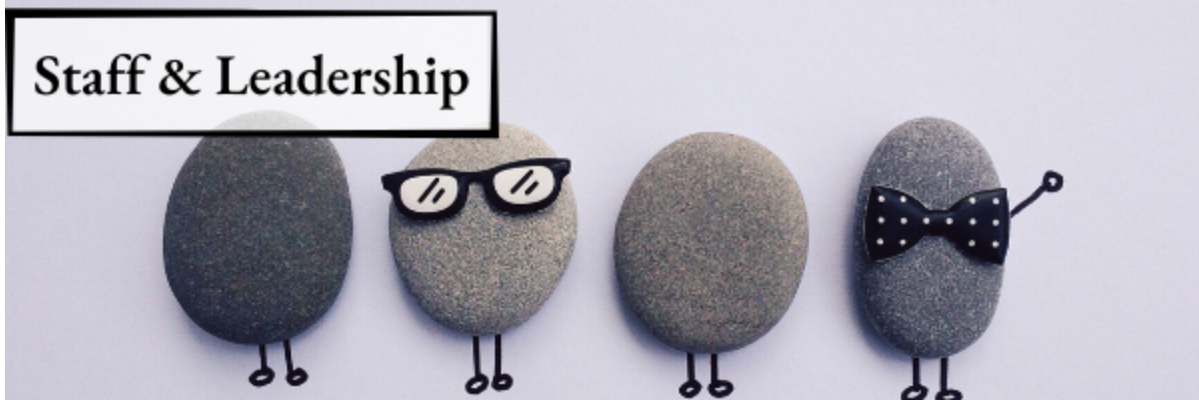
- Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making. PI: Maureen Boardman MSN, FNP-C, FAANP
 - **Current State:** Data collection has begun on this project and surveys have been distributed to both clinicians and patients. Responses have been coming in and, even though our target response number is still a ways away, the turnout so far has been promising.
 - **Involvement:** If you are a practicing clinician in a Federally Qualified Health Center (FQHC) in the states of Vermont or New Hampshire, please contact Maureen Boardman (Maureen.B.Boardman@dartmouth.edu) OR MBoardman@littlerivers.org if you would like to take the clinician survey accompanying this project.
- Overcoming COVID-19 Vaccine Hesitancy in Rural Northern New England for Adults. PI: Maureen Boardman MSN, FNP-C, FAANP
 - **Current State:** The project has made great headway and looks to keep the momentum going, clinic sites have received materials for survey distribution, and data collection will begin shortly. A new clinic site for this project has recently been added and will be brought up to speed in the next few weeks.
- The Cover Health Care Workers Project: COVID-19 Protection to Ensure Resilient Health Care Workers. PIs: Andrea Cassells, MPH; Maureen Boardman, MSN, FNP-C, FAANP

- **Current State:** Currently the early intervention group, Lamoille Health Partners, has received their training in November 2021 and is concluding shortly. The late intervention group, Little Rivers Health Care, is slated to begin training at the end of May, and beginning of June 2022.
- ACEs in Community Practice: Correlating Patient's Distress, Desire to Discuss with their Clinician and with Resilience. PI: Patricia Glowa, MD Study Team: Ardis Olson, MD
 - **Primary Objective:** Examine whether ACEs distress is still present, whether patients want to discuss it with their clinicians, and whether there is a correlation with their self-perceived resilience on a standardized questionnaire.
 - **Study Population:** Convenience sample of adults presenting to seven primary care practices in Maine, New Hampshire, and Vermont for wellness/preventative care exam or follow-up of chronic health concerns. Data was collected from 238 patients.
 - **Current State:** This study is currently finalizing data analysis and is in the early stages of manuscript preparation.

Upcoming Research Project Proposals:

- AHRQ Patient Safety Learning Lab proposal- A Collaboration Between Northeastern University and the Dartmouth CO-OP. PI: James Benneyan, Ph.D., Director of Healthcare Systems Engineering Institute, Northeastern University.
Co-Investigators: Timothy Burdick from Dartmouth, Neil Korsen from MaineHealth, and Connie VanEeghan from the University of Vermont.
 - **Primary Objective:** Identifying and addressing the inefficiencies in primary care practice that lead to burden and burnout for providers and staff, and the gaps in care and other safety concerns for patients.
 - **Involvement:** There will be lots of opportunities for participation by CO-OP practices in this project. If this sounds interesting and you want to hear more about the project as it develops, please contact DartmouthCO-OPNNEPBRN@Hitchcock.org
 - **Current State:** Several CO-OP members are working on a grant proposal to fund an AHRQ Patient Safety Learning Lab focused on rural primary care. The CO-OP will partner with Jim Benneyan, the director of the Health Systems Engineering Institute at Northeastern University. Jim has been a successful collaborator on 4 of these grants in the past and has worked with researchers at MaineHealth in the past as well. The group is working towards a May deadline for submitting a proposal.

Staff & Leadership



On March 22nd, the Dartmouth CO-OP NNE PBRN Board of Governors met to discuss current ongoing projects, potential projects, strategic planning, as well as general CO-OP updates. The Board of Governors welcomed Beth Wilson, the new chair of the Department of Community and Family Medicine (CFMed). In addition to welcoming the new CFMed Chair, the board discussed the next steps and future goals for the CO-OP. One key takeaway from this discussion was the goal to expand relationships and connections with community organizations. The next actionable steps will be announced after the June Board of Governors meeting.

If you are interested in learning more about the importance of bringing together community groups, check out these articles shared by Board of Governors member, Gregory Feero:

- [Assessment of Mortality and Smoking Rates Before and After Reduction in Community-wide Prevention Programs in Rural Maine](#)
- [Community-Wide Cardiovascular Disease Prevention Programs and Health Outcomes in a Rural County, 1970-2010](#)



Upcoming
Conferences

Want to present your research? Our directors are presenting at NAPCRG PBRN and AAMFP! Check out their accepted presentations for the NAPCRG 2022 PBRN Conference June 2-3, 2022 in Bethesda, Maryland below:

- *Overcoming COVID-19 Vaccine Hesitancy in Rural Northern New England for Adults* by Maureen Boardman **(Presenter)**. Dorothy Barker, Zoe Daudier, Troi Perkins
- *Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making* by Maureen Boardman **(Presenter)**. Dorothy Barker, Kristen Bigelow-Talbert, Zoe Daudier, Troi Perkins
- *Accessing EHR Data from Multiple Organizations in a PBRN* by Neil Korsen **(Presenter)** and Timothy Burdick **(Presenter)**.

Why not join our CO-OP leadership and members in meeting with other clinicians and professionals within the field by attending one of the numerous upcoming conferences.

- [New England MGMA Regional Conference](#), May 3-5, 2022, Bretton Woods, NH
- [Project ECHO - Climate & Health: Towards Climate-Informed Care & Advocacy](#), May 11, 2022, 12-1 PM EST, Virtual
- [Someone You Love: Virtual Film Screening & Discussion](#), May 11, 2022, 7:30-9:30 AM EST OR May 26, 2022, 2-4 PM EST, Virtual
- [American Nurses Association Free Virtual Event](#), May 18, 2022, 1 PM EST, Virtual
- [48th Annual Association for Behavior Analysis International Convention](#), May 26-27, 2022, Boston, MA
- [NAPCRG 2022 PBRN Conference](#) June 2-3, 2022 in Bethesda, MD
- [Maine Geriatrics Conference](#), June 9-10, 2022, Bar Harbor, ME *Early Bird Deadline April 29th*
- [Women in Medicine](#), June 9-12, 2022, Provincetown, MA *Abstract Deadline June 5th*
- [NAMIcon 2022](#), June 14-16, 2022, Virtual
- [International Conference on Physician Health](#), Oct 13-15, 2022, Orlando, FL
- [American Public Health Association 105th Anniversary](#), November 6-9, 2022 Boston, MA *Abstract Deadline April 30th*
- [Association of Medical Colleges](#), November 11-15, 2022; Nashville, TN
- [50th NAPCRG Annual Meeting](#), November 18-22, 2022 in Phoenix, AZ



2023 Annual Meeting:

As mentioned in last month's newsletter, we've begun our planning phase for our 43rd annual meeting. We continue to hope to have this meeting in-person with a couple of virtual options. As has been the norm in the past couple of years, we will be watching COVID-19 numbers and planning accordingly. Until our save-the-date comes out, feel free to check out our [42nd Annual Meeting Recordings](#).



Mental Health Awareness Events

- [Community Youth Mental Health First Aid Training](#), May 3 or May 20, 2022, ME, Virtual
- [2022 Pathways to Wellness Conference Part 1](#), May 4, 2022, VT, Virtual
- [SAMHSA National Prevention Week 2022](#), May 8-14, 2022, Virtual
- [Suicide Prevention Panel with the New England Mental Health Technology Transfer Center](#), May 14, 2022, Virtual
- [2022 Pathways to Wellness Conference Part 2](#), May 18, 2022, VT, Virtual
- [Changing Mental Health Culture Gala](#), May 21, 2022, Quechee, VT, Hybrid
- [Mental Health Awareness Day](#), May 21, 2022, Albany, NY, In-person
- [NAMI Walks in Massachusetts](#), May 21, 2022, MA, Hybrid
- [National Council for Mental Wellbeing - CCBHC Criteria Series: Integrating Mental Health and Substance Use](#), May 24, 2022, 1-2 PM EST, Virtual

- [Youth Mental Health First Aid Training](#), June 1, 2022, 9 AM-3 PM EST, Virtual
Registration Deadline May 20th
- [Mental Health America's 2022 Annual Conference](#), June 9-11, 2022, Washington, DC, Hybrid

Mental Health Awareness Resources

- [NAMI National](#) | [NAMI NH](#) | [NAMI VT](#) | [NAMI NY](#) | [NAMI ME](#) | [NAMI MA](#)
- [Dartmouth College Mental Health Awareness Month Events](#)
- [Center for Health & Wellbeing at UVM](#)
- [Maine Behavioral Healthcare at MaineHealth](#)
- [Substance Abuse and Mental Health Services Administration Programs](#)

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Dartmouth Northern New England Cooperative Practice-based Research Network

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