



JUNE NEWSLETTER, 2022

# ARTMOUTH CO-OP

NORTHERN NEW ENGLAND  
PRACTICE-BASED RESEARCH NETWORK

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Dear CO-OP members,

Welcome back to the June installment of our monthly CO-OP newsletter. We have project updates, a special CO-OP member interview, conference updates, and much more to share! In addition, we would like to take this time to highlight Pride Awareness Month and provide some resources to kick-start your involvement as clinicians in LGBTQ+ awareness this year; join a celebration, host an event, get educated, and show your appreciation this June (and everyday) for LGBTQ+ individuals. Feel free to let us know how you got involved!

**We would appreciate your feedback on our newsletters, please take a few moments to fill out our [satisfaction survey](#)!**

## Member Spotlight

Lucy Skinner is from Hanover, NH, and attended Bowdoin College for her undergraduate studies where she majored in mathematics. After college, she worked at the Montana State University College of Nursing, where she conducted research focused on nursing and physician workforces and was the teaching assistant for a health policy course for nursing students. Between her second and third



years of medical school, she completed an MPH at Dartmouth. She is interested in rural health and hopes to practice full-spectrum family medicine in a rural area. In her free time, she likes to run, ski, bike, climb, and play with her dog, Wendell.

**What made you decide to join the Dartmouth CO-OP?**

"I came to my first Dartmouth CO-OP (Annual) Meeting in 2018 during my first year of medical school. I loved the opportunity to meet providers and researchers from all over New England."

**What work have you done with the CO-OP before?**

See below in the section entitled, "Previous Dartmouth CO-OP LGBTQ+ Resources", for Lucy's presentation at the 2019 Dartmouth CO-OP Annual Meeting.

**What do you enjoy most about your current work, both involving LGBTQ+ individuals and beyond?**

"I really enjoyed sharing my LGBTQ inclusive healthcare training curriculum at the Dartmouth CO-OP (Annual) meeting in 2018 and 2019 and I later shared the training with providers at White River Family Practice. I hope to continue to advocate for members of the LGBTQ community and to help providers foster inclusive practice environments. In addition to LGBTQ healthcare equity, I am interested in rural health disparities and my research focuses on workforce shortages and strategies to improve healthcare delivery in rural communities."

**What advice would you give to someone looking to become more involved in the CO-OP?**

"The CO-OP is a welcoming and supportive community! I would advise someone looking to become involved in the CO-OP to reach out to anyone who shares your research interests or advocacy goals and ask to be involved. And I would recommend attending the annual meeting. It is a wonderful opportunity to meet fellow CO-OP members and learn about the interesting projects, research, and collaboration in the CO-OP."

**What's something about you that people might not know?**

"I like to go for long runs in the mountains, I always order sprinkles on my ice cream, and I am currently helping my dog Wendell complete the 4000' peaks in NH."



As you can see in this month's header, we've seen even more research progress than the last. Above is CO-OP Research Director Maureen Boardman co-presenting with Dr. Rian Hasson from LCS Levy Incubator Team on "Interventions to Promote Lung Cancer Screening informed by Human-Centered Design". We hope you enjoy hearing about our current ongoing research projects and upcoming project proposals. Reach out if you have current research that you wish to involve the CO-OP in some way, we always welcome to hear about your work.

### **Project Updates:**

- **Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making.** PI: Maureen Boardman MSN, FNP-C, FAANP
  - **Current State:** Data collection has begun on this project and surveys have been distributed to both clinicians and patients. While turnout has been promising, involvement is greatly appreciated.
  - **Involvement:** If you are a practicing clinician in a Federally Qualified Health Center (FQHC) in the states of Vermont or New Hampshire, and would like to participate in this study, please click the link here: [HPV Vaccine Clinician Survey](#). If you have any questions about this study please contact Maureen Boardman ([Maureen.B.Boardman@dartmouth.edu](mailto:Maureen.B.Boardman@dartmouth.edu) OR [MBoardman@littlerivers.org](mailto:MBoardman@littlerivers.org)).
- **Overcoming COVID-19 Vaccine Hesitancy in Rural Northern New England for Adults.** PI: Maureen Boardman MSN, FNP-C, FAANP
  - **Current State:** The project has made great headway and looks to keep the momentum going, clinic sites have received materials for survey distribution, and data collection for clinicians has already begun. The patient portion of this study will begin in the next few weeks.

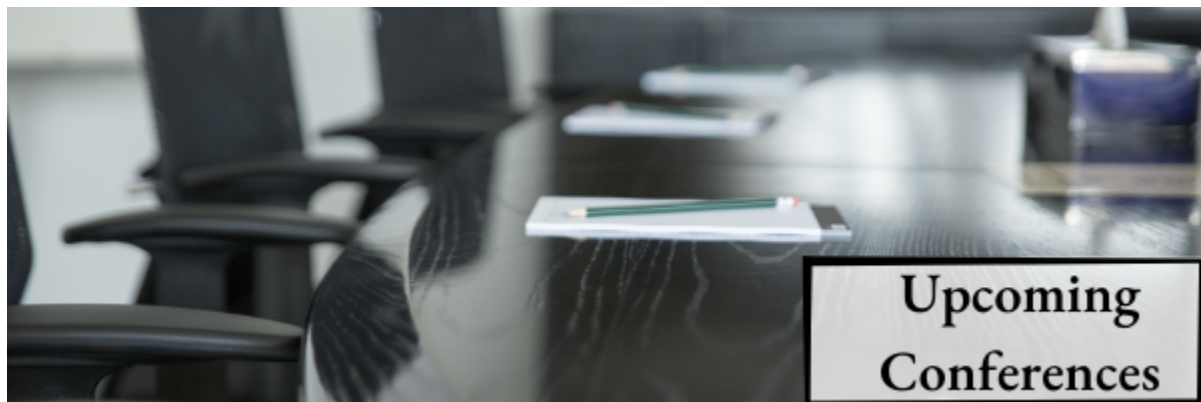
- **Involvement:** If you are a clinician employed in primary care in Maine, New Hampshire, or Vermont, and would like to participate in this study, please click the link here: [COVID-19 Clinician Survey](#). If you have any questions about this study please contact Maureen Boardman ([Maureen.B.Boardman@dartmouth.edu](mailto:Maureen.B.Boardman@dartmouth.edu) OR [MBoardman@littlerivers.org](mailto:MBoardman@littlerivers.org)).
- The Cover Health Care Workers Project: COVID-19 Protection to Ensure Resilient Health Care Workers. PIs: Andrea Cassells, MPH; Maureen Boardman, MSN, FNP-C, FAANP
  - **Current State:** Currently the early intervention group, Lamoille Health Partners, has received their training in November 2021 and is concluding shortly. The late intervention group, Little Rivers Health Care, is awaiting their date to begin stress first-aid training and is slated to begin shortly.
- ACEs in Community Practice: Correlating Patient's Distress, Desire to Discuss with their Clinician and with Resilience. PI: Patricia Glowa, MD Study Team: Ardis Olson, MD
  - **Current State:** This study is currently finalizing data analysis and is still in the early stages of manuscript preparation.

### **Upcoming Research Project Proposals:**

- AHRQ Patient Safety Learning Lab proposal- A Collaboration Between Northeastern University and the Dartmouth CO-OP. PI: James Benneyan, Ph.D., Director of Healthcare Systems Engineering Institute, Northeastern University.  
Co-Investigators: Timothy Burdick from Dartmouth, Neil Korsen from MaineHealth, and Connie VanEeghen from the University of Vermont.
  - **Current State:** Several CO-OP members are working on a grant proposal to fund an AHRQ Patient Safety Learning Lab focused on rural primary care. The team anticipates a grant proposal submission in September 2022.



On June 14th, the Dartmouth CO-OP NNE PBRN Board of Governors will meet to discuss current ongoing projects, potential projects, strategic planning, and general CO-OP updates. This Board of Governors meeting will also welcome our three newly appointed Board of Governors members, Dr. Jessica Bloom-Foster, Dr. Joseph DeKay, and Dr. Karl Dietrich. More updates to come in our next CO-OP newsletter.



Want to present your research? Our directors are presenting at NAPCRG PBRN and AAMFP! Check out their accepted presentations for the NAPCRG 2022 PBRN Conference June 2-3, 2022 in Bethesda, Maryland below:

- *Overcoming COVID-19 Vaccine Hesitancy in Rural Northern New England for Adults* by Maureen Boardman **(Presenter)**. Dorothy Barker, Zoe Daudier, Troi Perkins
- *Clinician & Patient Utilization of Expanded Age Range for the HPV Vaccine and Shared-Decision Making* by Maureen Boardman **(Presenter)**. Dorothy Barker, Kristen Bigelow-Talbert, Zoe Daudier, Troi Perkins
- *Accessing EHR Data from Multiple Organizations in a PBRN* by Neil Korsen and Timothy Burdick **(Presenter)**.

Why not join our CO-OP leadership and members in meeting with other clinicians and professionals within the field by attending one of the numerous upcoming conferences.

- [NAPCRG 2022 PBRN Conference](#) June 2-3, 2022, Bethesda, MD
- [A New Era for Lung Cancer Screening in Vermont](#), June 6, 2022, 8-9 AM EST OR June 9, 2022, 6-7 PM EST, Virtual
- [ADFM 2022 Annual Conference](#), June 8-10, Denver, CO
- [Maine Geriatrics Conference](#), June 9-10, 2022, Bar Harbor, ME
- [Women in Medicine](#), June 9-12, 2022, Provincetown, MA \*Abstract Deadline June 5th\*
- [NAMIcon 2022](#), June 14-16, 2022, Virtual
- [International Conference on Physician Health](#), Oct 13-15, 2022, Orlando, FL
- [American Public Health Association 105th Anniversary](#), November 6-9, 2022 Boston, MA
- [Association of Medical Colleges](#), November 11-15, 2022, Nashville, TN
- [50th NAPCRG Annual Meeting](#), November 18-22, 2022, Phoenix, AZ



### **2023 Annual Meeting:**

As mentioned in last month's newsletter, we've begun our planning phase for our 43rd annual meeting. In anticipation of having an in-person 2023 Annual Meeting, a poll of our Governing Board was taken to assess preferences for potential themes. Based on this we would like to announce our theme for the 2023 Annual Meeting is: **Climate & Political Determinants of Health**. Until our save-the-date comes out, feel free to check out our [42nd Annual Meeting Recordings](#). Get yourself prepared for our 2023 meeting by joining 150 participants in a Project ECHO with Dartmouth-Health on [Climate And Health: Towards Climate-Informed Care & Advocacy](#).





Why is the Dartmouth CO-OP NNE PBRN choosing to theme this month's newsletter around Pride Month? It is simple: LGBTQ+ individuals have yet to be acknowledged as having the same human rights as non-LGBTQ+ individuals and this extends into the healthcare world. LGBTQ+ individuals are currently at the center of several political determinants of health issues, with over 238 bills touching on this introduced in the US in the first three months of 2022.

What is worse, 1 in 8 LGBTQ+ identified individuals, face health discrimination by clinical providers, and 1 in 6 LGBTQ+ adults actively avoid seeking health care due to anticipated discrimination<sup>1,2</sup>. As a community of clinical representatives, we must ensure that people are not denied healthcare based on sex, gender, race, or religion, which is why we must continue to educate ourselves about the pride community.

### **Previous Dartmouth CO-OP LGBTQ+ Resources**

- [\*Creating an Inclusive Environment for LGBT Patients\*](#) by Lucy Skinner, Kyra Bonasia, Maya Degroote, and Anna Bouck
- [\*Sex, College, & Social Media: A Commonsense Guide to Navigating the Hookup Culture\*](#) by Cindy Pierce

### **LGBTQ+ Awareness Events**

- [2022 Capital Pride Festival](#), June 12, 2022, 12-5 PM EST, Albany, NY
- [Bangor Pride Parade & Festival](#), June 25, 2022, 11-4 PM EST, Bangor, ME
- [Nashua Pride Festival](#), June 25, 2022, 1-6 PM EST, Nashua, NH
- [Philadelphia Trans Wellness Conference](#), July 21-23, 2022, Virtual, [Register Here](#)
- [Pride Center VT](#), events throughout June
- [Pride Month Virtual Mental Health First Aid](#), June 1, 2022, 10-5 PM EDT, Virtual
- [Pride Hikes: Butternut Hill Natural Area](#), June 12, 2022, 1-3 PM EST, North Hero, VT
- [Rhode Island PrideFest & Illuminated Night Parade](#), June 18, 2022, Providence, RI

### **LGBTQ+ Awareness Resources**

- [Burlington's Not a Glum Lot Recovery Group](#)
- [Cultural Competence in the Care of LGBTQ Patients: Continuing Education Activity](#)

- [Improving Care of LGBTQ People of Color: Lessons from the Voices of Patients](#)
- [Indiana University School of Medicine's LGBTQ+ Virtual Health Care Conference & Inclusive Training Workshops](#)
- [Library of Congress: About Lesbian, Gay, Bisexual, Transgender, and Queer Pride Month](#)
- [Office of Disease Prevention and Health Promotion: Lesbian, Gay, Bisexual, and Transgender Health Disparities](#)
- [POTUS Proclamation on Lesbian, Gay, Bisexual, Transgender, and Queer Pride Month 2021](#)
- [Pride Center of Vermont](#)
- [The Trevor Project: Stories of Pride](#)
- [The Impact of COVID-19 on LGBT People's Mental Health and Care Seeking](#)

To unsubscribe from the Dartmouth CO-OP NNE PBRN listserv please send an email to

[DartmouthCO-OPNNEPBRN@Hitchcock.org](mailto:DartmouthCO-OPNNEPBRN@Hitchcock.org) with the subject title "UNSUBSCRIBE" and nothing in the body of the email.

Dartmouth Northern New England Cooperative Practice-based Research Network

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