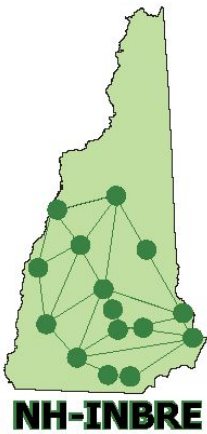


# Medical School Mentoring



Session: Medical Student Panel Meet & Greet

Presented by: The NH-INBRE Alumni Network

October 22nd, 2024

# About Us - NH INBRE Alumni Network & Mentoring Programs

New Hampshire INBRE (IDeA Network of Biomedical Research Excellence) is a program funded by the National Institutes of Health to develop a coordinated network of biomedical research and research training in New Hampshire.

In 2021, the NH INBRE Director of Biomedical Workforce Development implemented a [one-on-one mentoring program for INBRE students](#) to be paired with INBRE alumni.

Alumni mentoring provides career and academic guidance to current students on a volunteer basis.

In 2022, following the INBRE annual conference, two INBRE alumni recognized an urgent need to provide mentorship support for the numerous pre-med majors at the partner schools.

In 2023, the Medical School Mentoring program was launched for all pre-med students at the partner schools.

Medical School Mentors are current medical students that are either INBRE alumni or volunteers from the lead partner schools.

**Lead Partners:**

Geisel School of Medicine at Dartmouth  
University of New Hampshire at Durham

**Partner Institutions:**

Colby-Sawyer College  
Community College System of New Hampshire (CCSNH)  
Franklin Pierce University  
Keene State College  
New England College  
Plymouth State University  
Saint Anselm College  
University of New Hampshire at Manchester

**Associated Members:**

Rivier University



# Medical School Mentoring Program: Goals

- Provide resources, information, and support to students who are on their journey to become physicians.
- To **supplement** the pre-med advising at the NH INBRE partner schools.
  - **If you have not met with your pre-med advisor set up a meeting ASAP to introduce yourself**
- Establish more networking relationships within the INBRE community and beyond.



# 2024-2025 Sessions

## Sessions:

October	November	January	February	March	April
<b>Medical School Panel Meet &amp; Greet</b>	<b>MD/DO/MD-PhD /Caribbean Schools</b>	<b>All about the MCAT</b>	<b>Meet and Greet with Medical School Admissions</b>	<b>Things to do to prepare for medical school NOW</b>	<b>How to choose which schools to apply to</b>
Goals, milestones, and customized plan for applying to medical school	Types of schools, degrees, and other dual degree programs	Preparing to take the MCAT and practice question review	Q&A with Dartmouth Geisel School of Medicine	Plan your gap year and hear personal gap year stories	Applying to medical school and picking the right ones

# Sign up for 1:1 Mentoring

Student Intake Form:

[https://docs.google.com/forms/d/e/1FAIpQLSfRtPCEMq\\_LJ0XKhITRaBlvxM2astAPXtree9Y9Oy56BdVpw/view\\_form](https://docs.google.com/forms/d/e/1FAIpQLSfRtPCEMq_LJ0XKhITRaBlvxM2astAPXtree9Y9Oy56BdVpw/view_form)



# Mentor Introductions

# Caitlyn Keenan, MS3

South Brooklyn Hospital  
St George's University SOM '26  
New England College '21

Interested Specialty:  
Pediatric Emergency Medicine



## My path to medical school:

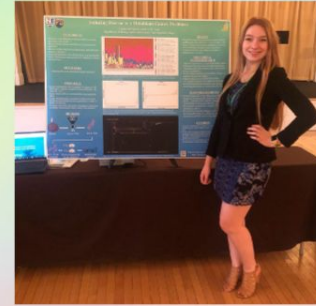
- 1<sup>st</sup> gen college student
- dual enrollment in HS
- BS: Health Science, Chemistry
- 3 Years of INBRE

## 1 Gap Year

- Boston Children's Hospital (I've had my CNA license since 16)
- finished my INBRE project
- medical missions to Guatemala

## Medical School Experiences:

- learning medicine in rural Kenya
- running clinics in an orphanage in Grenada
- hurricane relief clinics



Questions or want to chat?  
Email me!

[CaitlynBMcGhee@gmail.com](mailto:CaitlynBMcGhee@gmail.com)

# Abby Marshall

Geisel School of Medicine at Dartmouth

MD-PhD Program, 6th year

Endicott College, Class of 2019

Double Major in Biology/Biotechnology and Psychology

No gap year

MCAT Jan. 2018 (Junior year of undergrad)

Applied 2018-2019 cycle (Senior year of undergrad)

Probable specialty: oncology (radiation or medical, still debating), also think neurology is interesting



Feel free to reach out with questions!  
abigail.c.marshall.gr@dartmouth.edu

# Felipe Bispo

Warren Alpert Medical School of Brown University

Class of 2025

Saint Anselm College

Class of 2019 (BA: Biology, Philosophy)

Gap Years

Research Associate at UMass Medical School

Specialty: Internal Medicine



BROWN

# Haley Dragin (Zanga)

## Medical School Activities

- Created a HTN Clinic
- Research (Derm, OB, Rheumatology)
- Admissions Committee
- Science after school program



Lab  
tech/manager  
Basic  
Neuroscience  
research

Class of 2018  
B.S Biology

Took MCAT  
(X3)

Research  
Assistant/Associate  
Immunology  
Research-in vivo

Moved to  
Chicago to start  
M1 year

Gap Year-Had a  
baby, research,  
HTN clinic,  
STEP 1

Goal-Match into  
Dermatology

**Keene**  
STATE COLLEGE

2015-2018

**HSCI**  
HARVARD STEM CELL  
INSTITUTE®

2018-2020

**MCAT**  
Medical College  
Admission Test

2018-2020



2020-2022



**STRITCH**  
SCHOOL of MEDICINE

2022-2027



2024-2025



2027

Email: [hzanga@luc.edu](mailto:hzanga@luc.edu)

# Ashley Collins

Ross University School of Medicine, Class of 2026

Keene State College, Class of 2018 - BS  
Biology

Gap Years: MCAT, ED Scribe, Cath Lab Scribe

Interested Specialty: Internal Medicine>  
Pulm/Critical Care



# Katherine Kiley, MD

- MCAT during winter break 2016
- Keene State College, BS Biology, 2017
- Gap Years 2017-2019 in Charleston, SC doing bench research in ID
- Applied early decision to MUSC after establishing instate status, 2018
- Kayak guided in 2019 before starting at MUSC
- Board of student run free clinic and fell in love with FM
- Graduated MUSC 2023
- FM residency in Asheville, NC at MAHEC 2023-2026
- Plans for broad spectrum FM, Sports and disaster response



# Liberty Gendron, OMS 4

## Lake Erie College of Osteopathic Medicine, Class of 2025

I grew up in Goffstown New Hampshire. I'm part of a large family with many adopted children including myself! Competed in Gymnastics, Cross Country, Track and Field.

Saint Anselm College Class of 2019 Honors Bachelor of Arts Degree in Biology, minored in Chemistry (Cross Country, Volunteer College EMS Team, INBRE research)

Gap Years iSURF program (INBRE Summer Undergraduate Research Fellowship) at Dartmouth May-August 2019

Trip to London and Ireland with Brother and Sister September 2019

Started job as Full-Time EMT-B with LifeLine Ambulance, Concord NH September 2019-March 2020. Also continued my part time college job at Millennium Running, Bedford NH

Ran 2 Half Marathons!

Emergency Department Technician at Dartmouth Hitchcock Medical Center, Lebanon NH (Got my first apartment!). March 2020-July 2021 then I moved away for med school.

MCAT Prep on days off while working full-time with Princeton Review 510 course. My brother let me borrow the funds, I paid him back as I worked. I liked having structure to keep me on track.

MCAT June 5th, 2020 and Applied to Medical School (Letters from Research Mentor, Resident Doctor from work)

Started medical school July 2021 (EM Club, Garden Club, Lead and BP clinic coordinator, Health meets Home)

Used electives during medical school to do Emergency Medicine and collect standard letters of evaluation (SLOEs need 2 to apply EM)

Currently entering a busy interview season for Emergency Medicine and doing an EM Sub-internship rotation at Dartmouth Hitchcock Medical Center, Lebanon, NH. I am doing my first shift right now, sorry I couldn't join tonight's meeting!



Happy to Chat!

[libbygendron@gmail.com](mailto:libbygendron@gmail.com)

or

[LGendron34895@med.lecom.edu](mailto:LGendron34895@med.lecom.edu)

# Topics you hope we address this year!

Drop them in the chat or email me at [hzanga@luc.edu](mailto:hzanga@luc.edu)

# Next Session: November 19th at 7pm EST



American University of the Caribbean  
School of Medicine

