

Urban Health Scholars Pathway of Concentration

Student Year-by-Year Checklist

Geisel School of Medicine • 2026–2027

This checklist summarizes your key responsibilities and activities for each year of the Urban Health Equity Pathway of Concentration. Use it to plan ahead, track your progress, and ensure you stay on track throughout all four years.

M1 — First Year – Scholars

Phase I: The UHS Foundation | Role: Engaged Participant

Getting Started

- ☐ Confirm process for enrollment in Urban Health Scholars (UHS) and apply for membership in UHS (*prerequisite for the Pathway of Concentration*)
- ☐ Attend the M4 "Welcome Panel" in Aug/Sept to hear senior students share their Pathway journey
- ☐ Connect with M2 UHS Pathway Student Leaders for questions and guidance
- ☐ Connect with M2 Scholars/Pathway students for mentorship

Immersive Clinical Experience

- ☐ Participate in two community partner-led immersion trips to diverse urban sites during M1 (*e.g., Manchester, Nashua*)
- ☐ Begin a longitudinal community partner engagement working directly with patients (*e.g., Hartford Restorative Justice, Headrest; coordinated with On Doctoring when appropriate, depending on available sites*)

Didactics & Skills Training – required for good standing

- ☐ Attend the monthly UHS didactic series with guest speakers and panels (*invited speakers from throughout the region, virtual or live; 80% attendance required for good standing – didactics are open to all Geisel students*)
- ☐ Participate in the annual Narcan/Naloxone training skills session (*required, fall term, led by M4 students; registration required*)
- ☐ Attend one "Collaborative" skills night (*required, fall term, led by M2s and M4s; registration required*)
- ☐ Attend the M4 POC Grand Rounds and SPIM – UH POC Scholarly Project Showcase (*required, led by M2s and M4s; registration required*)

Community & Scholarly Engagement

- ☐ Complete one approved service-learning/community partnership activity per semester (*e.g., Portsmouth, Southern NH trip*)
- ☐ Participate in a structured reflection debrief following each service activity (*led by faculty advisor*)
- ☐ Begin development of a scholarly project or assessment of a challenge experienced by urban populations (*explore opportunities for funded summer research between M1 and M2*)
- ☐ Attend the M4 SPIM – Urban Health Equity Scholarly Project Showcase annually in March (*required*)

Leadership

- ☐ Engage fully as an "Engaged Participant" — attend meetings, contribute to discussions, and build relationships within the cohort

★ Application to the Pathway of Concentration occurs in January of the M1 year, with notification of acceptance in February of the M1 year.

M2 — Second Year – Scholars and Pathway

Phase I: The UHS Foundation | Role: Program Implementer

Immersive Clinical Experience

- ☐ Participate in one community partner-led immersion trip to diverse urban sites during M2 *(including a dedicated IPE trip where available)*
- ☐ Help organize and co-lead the immersion trips for incoming M1 students
- ☐ Continue longitudinal community partner engagement working directly with patients
- ☐ Continue attending monthly UHS didactic series *(open to all Geisel students)*

Didactics & Skills Training

- ☐ Attend and help lead the annual Narcan/Naloxone training skills session *(required, fall term, led by M2s and M4s; registration required)*
- ☐ Attend and help lead one "Collaborative" skills *(required, fall term, led by M2s and M4s; registration required)*
- ☐ Co-lead at least one lecture, panel, trip, or journal club on a topic relevant to urban health *(as Program Implementer responsibility)*

Community & Scholarly Engagement

- ☐ Complete one approved service-learning/community partnership activity per semester
- ☐ Participate in structured reflection debrief following each service activity *(led by faculty advisor)*
- ☐ Continue developing your scholarly project; explore regional or national presentation opportunities
- ☐ Attend the M4 SPIM – Urban Health Equity Scholarly Project Showcase annually in March *(required for all Pathway students)*

Leadership

- ☐ Transition into your role as "Program Implementer" — take an active role in helping run program activities
- ☐ Serve as a formal peer mentor to an incoming M1 student
- ☐ Take the lead on recruitment activities and outreach for the Pathway

M3 — Third Year – Pathway Students

Phase II: Clinical Immersion & Reflection | Role: Clinical Mentor

M3 is your "Prism Year" — apply your foundational urban health knowledge in real clinical settings and develop the scholarly question that will drive your M4 project, using the Urban Triad framework.

The Urban Triad: Clerkship Rotations – guidance provided

- ☐ Rank and request through the Clerkship Lottery at least one clerkship rotation at an Academic Hub site (e.g., DHMC)
- ☐ Rank and request at least one clerkship rotation at a Community Spoke site in an urban location (to complete the Hub & Spoke component of the Urban Triad)
- ☐ Use the clerkship lottery system strategically to fulfill the Urban Triad requirements

Structured Reflections & Scholarly Development

- ☐ Submit a structured written reflection on a systems-based challenge observed during your urban clinical rotation – discussion and debrief during CEI-B in September (required; contributes to personal portfolio)
- ☐ Submit a second structured written reflection after your second urban rotation – discussion and debrief during CEI-B in September (required; contributes to personal portfolio)
- ☐ Write a 1-page draft proposal for your M4 SPIM scholarly project based on M3 clinical experiences ("SPIM Project Incubator"; due in spring at end of M3)
- ☐ Begin connecting with a faculty mentor for your M4 scholarly project, if not already in process/completed

Community Engagement

- ☐ Attend the M4 SPIM – Urban Health Equity Scholarly Project Showcase in March, annually (required for all Pathway students)
- ☐ Participate in service/community partnership events when possible

Leadership & Cohort

- ☐ Serve as "Clinical Mentor" — act as a point of contact for your urban site(s) to help orient visiting M1/M2 students if they are shadowing at the site
- ☐ Attend the mandatory M3 UHS Retreat: "Resilience & The Road Ahead" (timing TBD, likely during CEI-B; in-person)

M4 — Fourth Year – Pathway Students

Phase III: Scholarly Synthesis & Leadership | Role: Senior Advisor

M4 is your culminating year — demonstrate synthesis of your clinical and scholarly experiences, complete the Urban Triad, deliver your scholarly project, and steward the next generation of Pathway students.

The Urban Triad: Advanced Urban Immersion

- ☐ Complete at least one advanced clinical elective in an urban setting or a field directly relevant to urban health *(completes the Urban Triad requirement)*

M4 Scholarly Project (SPIM – UH Pathway)

- ☐ Finalize your scholarly project analyzing a real-world urban health challenge, building on M3 clinical experiences and reflections
- ☐ Work closely with your separate faculty project mentor throughout the year
- ☐ Complete and submit the M4 SPIM – Urban Health Equity Scholarly Project *(fulfills the SPIM graduation requirement)*
- ☐ Present your scholarly work at the SPIM – Urban Health Equity Project at the Scholarly Project Showcase as an oral presentation *(required for all M4 Pathway students; in addition to the SPIM poster)*

Leadership & Mentorship

- ☐ Serve as a "Senior Advisor" — lead the M1 "Welcome Panel"
- ☐ Co-lead a preclinical skills night: "Teach a Clinical Pearl" *(fall term, after residency applications submitted)*
- ☐ Offer mock residency interviews and ERAS application review for rising M4s *(optional; schedule during TTR)*
- ☐ Serve as a role model and mentor for the M1–M3 cohort

Every Year

Ongoing responsibilities throughout the Pathway

- ☐ Maintain good standing in Urban Health Scholars (UHS)
- ☐ Attend all required Pathway events and meetings
- ☐ Engage thoughtfully in structured reflections and debrief sessions
- ☐ Cultivate relationships with peers, mentors, faculty advisors, and community partners
- ☐ Communicate proactively with your Faculty Advisor regarding program questions or concerns
- ☐ Stay informed about program updates *(the Pathway is in active development; some elements may evolve in AY26-27 and AY27-28)*

*Questions? Contact the UHS Administrative Team or your Faculty Advisor.
Urban Health Equity Pathway of Concentration Program Guide 2026–2027 • Revised 2026*