CURRICULUM VITAE

DATE PREPARED: September 1, 2022

NAME: MOHAMED W. M. ELSAYED

ADDRESS: New Hampshire Hospital

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I. EDUCATION:

DATE	INSTITUTION	DEGREE
March 2004 -	Faculty of Medicine, Ain Shams	MBBCh, medicine, and surgery, with highest honors
December	University, Cairo, Egypt	(Dean's honor list, ranked 13th over 1600 students)
2011		
October 2012	Faculty of Medicine, Ain Shams	M.Sc., Master's degree of sciences in psychiatry and
- September	University, Cairo, Egypt	neurology <i>magna cum laude</i>
2015		
September	State University of New York	Ph.D. candidate in the biomedical engineering track
2018 –	(SUNY), School of Graduate	
present	Studies	

II. POSTDOCTORAL TRAINING:

DATE	INSTITUTION	SPECIALTY
October 2012	Faculty of Medicine, Ain Shams	Combined Neurology and Psychiatry Residency. Chief
September	University, Cairo, Egypt	Resident 2014 - 2015
2015		
December	Yale University School of	Visiting Research Scientist/ Clinical Observer at the
2015 –	Medicine – VA Connecticut	Schizophrenia Neuropharmacology Research Group at
February	Healthcare system	Yale (SNRGY)
2017		
July 2017 -	SUNY Downstate Health	Psychiatry Residency. Chief Resident 2020-2021
June 2021	Sciences University, Brooklyn,	
	NY	
May 2021 –	Cornell University – eCornell	"Python for Data Science"
December	courses	
2021		

III. ACADEMIC APPOINTMENTS:

A. CURRENT DARTMOUTH/GEISEL AFFILIATIONS:

<u>DATE</u>	TITLE	INSTITUTION
Jul 2021-	Clinical Assistant	Geisel School of Medicine at Dartmouth, Department of
present	Professor	Psychiatry, Lebanon, NH

B. OTHER CURRENT ACADEMIC AFFILIATIONS:

C. PAST ACADEMIC AFFILIATIONS:

IV. INSTITUTIONAL LEADERSHIP ROLES:

V. LICENSURE AND CERTIFICATION (IF APPLICABLE):

DATE	LICENSURE/CERTIFICATION
2021 -	Full Medical License (Physician), New Hampshire State. License No. 21213
present	

VI. HOSPITAL APPOINTMENTS OR HEALTH SYSTEMS APPOINTMENTS (IF APPLICABLE):

DATES	POSITION/TITLE	INSTITUTION
2021 - present	Staff Physician	New Hampshire Hospital, Concord, New Hampshire

VII. OTHER PROFESSIONAL POSITIONS:

<u>DATES</u>	POSITION/TITLE	INSTITUTION
2021 –	Fellow of Nyapati Rao and	American Association of Directors of Psychiatric Residency
present	Francis Lu International	Training
	Medical Graduate award	

VIII. PROFESSIONAL DEVELOPMENT ACTIVITIES:

DATES	SOCIETY	ROLE
2012 –	Egyptian Medical Syndicate	Member
present		
2015 –	Egyptian Psychiatric Association	Member
present		
2017 - present	American Medical Association	Member
2017 - 2021	Brooklyn Psychiatric Association	Member
2017 –	American Psychiatric Association	Member
present		
2018 –	American Society of Clinical Psychopharmacology	Member
present		
2019 –	American Association for the Advancement of Science	Member
present		
2021 –	New Hampshire Psychiatric Society	Member
present		
2022 –	Society for Neuroscience	Member
present		

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IX. TEACHING ACTIVITIES (Please append course reviews or other metrics (e.g., eVal) with your CV):

A. UNDERGRADUATE TEACHING:

B and C. UNDERGRADUATE MEDICAL EDUCATION (Inclusive of both classroom teaching and medical student instruction in clerkships):

DATES	NAME OF COURSE/ACTIVITY	INSTITUTION	ROLE	<u>HOURS</u>	# STUDENTS
2019 – 2020	Medical Student Psychiatry Didactics for St. George's University (3 rd -year students)	SUNY Downstate Health Sciences University	Lecturer	2 hours	~120 per year
2020 - 2021	Evidence-Based Medicine course (1st and 2nd-year students)	SUNY Downstate Health Sciences University	Co- developer and Lecturer	20 hours	~150 per year
2021	Medical Student Psychiatry Didactics Patient-Oriented Problem Solving (2 nd -year students)	SUNY Downstate Health Sciences University	Lecturer	2 hrs	20 students
2021 – present	Mentoring medical students in research projects	SUNY Downstate Health Sciences University	Mentor	1-2 hrs/wee k	Three students
2021 – 2022	Nursing Students Supervision during rotation	Geisel School of Medicine	Supervisor	10 hrs/ week	~ 2 students per week
2021 – present	Medical Students Supervision during clerkship	Geisel School of Medicine	Supervisor	15 hrs/ week	One student every other five weeks

D. GRADUATE MEDICAL EDUCATION (Inclusive of instruction of residents and fellows during clinical practice):

DATES	NAME OF COURSE/ACTIVITY	INSTITUTION	ROLE	HOURS	# STUDENTS
2019	Medical Student Psychiatry Didactics (3 rd -year students)	SUNY Downstate Health Sciences University	Lecturer	2 hrs	~100 per year
2020	Neurobiology of substance use lecture (PGY-2 psychiatry residents)	SUNY Downstate Health Sciences University	Lecturer	2 hours	12 residents per year
2020 – 2021	Neuroscience basics and neurobiology of psychiatric disorders (PGY-2 and PGY-3 residents)	SUNY Downstate Health Sciences University	Co- developer and Co- lecturer with Professor	20 hrs	24 residents

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J	eremy	
C	Coplan	

E. OTHER CLINICAL EDUCATION PROGRAMS:

DATES	NAME OF COURSE/ACTIVITY	INSTITUTION	ROLE	HOURS	#STUDENTS
2020	TMS Training Workshop (for	SUNY	Workshop	11 hrs	21 residents
	psychiatry residents)	Downstate	developer		
		Health Sciences			
		University			

F. GRADUATE TEACHING (List classes taught for Ph.D. and Master's students):

DATES	NAME OF COURSE/ACTIVITY	INSTITUTION	ROLE	HOURS	#STUDENTS
2019 - 2021	Basic Psychopharmacology	SUNY	Co-	10 hours	7 interns per
	course for psychology interns	Downstate	developer		year
		Health Sciences	and		
		University –	lecturer		
		Kings County			
		Hospital			

G. OTHER PROFESSIONAL/ACADEMIC PROGRAMS:

DATES	SOCIETY	ROLE	
2021	PsychSign	Mentor for medical students of	
		international background to develop a	
		psychiatry career (mentored 2 students	
		for 2021-2022 academic year)	

X. PRIMARY RESEARCH ADVISING:

A. UNDERGRADUATE STUDENTS:

B. GRADUATE STUDENTS:

C. MEDICAL STUDENTS:

<u>DATE</u>	NAME OF STUDENT	ROLE	PROGRAM
2021	Megan Wang	Research advisor	SUNY Downstate Health Sciences University
2022	Akash Halagur	Research advisor	Geisel School of Medicine

D. RESIDENTS/FELLOWS:

E. OTHERS (JUNIOR FACULTY):

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XI. AD	VISING	/MENT	ORING ((Other)):

- A. UNDERGRADUATE STUDENTS:
- **B. GRADUATE STUDENTS:**

C. MEDICAL:

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DATE	NAME OF STUDENT	ROLE	PROGRAM	
2022	Katherine (Rin)	Research	Geisel School of Medicine	
	Heflin	advisor		

- D. RESIDENTS/FELLOWS:
- E. NON-DEGREE PROGRAM STUDENTS:
- F. FACULTY:
- G. OTHERS:

XII. ENGAGEMENT, COMMUNITY SERVICE/EDUCATION:

XIII. RESEARCH ACTIVITIES:

- A. SPONSORED ACTIVITY:
- **B. PENDING SUBMISSIONS:**

XIV. PROGRAM DEVELOPMENT:

During my residency at SUNY Downstate, I reorganized a curriculum for journal club series for residents. I also developed a course for the neuroscience basics and the neurobiology of psychiatric disorders with Professor Jeremy Coplan, MD. In addition, I reorganized the basic psychopharmacology course for first-year residents. I also helped create the curriculum for the newly developed consultation-liaison fellowship with Professor and interim chair Ramaswamy Viswanathan (2020 - 2021).

At NHH, I am working with Zachary Herrmann, DO, for developing a psychedelic-assisted treatment program for inpatients, including ketamine and esketamine.

XV. ENTREPRENEURIAL ACTIVITIES (List any patents, licenses, or other entrepreneurial activities):

XVI. MAJOR COMMITTEE ASSIGNMENTS, INCLUSIVE OF PROFESSIONAL SOCIETIES:

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A. NATIONAL/INTERNATIONAL:

DATES	<u>COMMITTEE</u>	ROLE	<u>ORGANIZATION</u>
2021-	IMG Committee	Member	The American
present			Association of Directors of Psychiatric Residency
			Training

B. REGIONAL:

C. INSTITUTIONAL:

DATES	COMMITTEE	ROLE	INSTITUTION
2020 - 2021	Residency Program Evaluation Committee	Member	SUNY Downstate Health
			Sciences University
2020 - 2021	Residency Recruitment Committee,	Member	SUNY Downstate Health
	Department of Psychiatry and Behavioral		Sciences University
	Sciences		
2020 - 2021	Grand Rounds Committee	Member	SUNY Downstate Health
			Sciences University
2021 –	P & T Committee	Member	NHH
present			
2021 –	UM Committee	Member and	NHH
present		taskforce	
		leader	
2021 –	MSO Committee	Member	NHH
present			
2022 –	The New Hampshire Department of Health &	Member	DHHS
present	Human Services Committee for the Protection		
	of Human Subjects (NH DHHS CPHS)		

XVII. INSTITUTIONAL CENTER OR PROGRAM AFFILIATIONS:

XVIII. EDITORIAL BOARDS:

XIX. JOURNAL REFEREE ACTIVITY:

XX. AWARDS AND HONORS:

DATES	JOURNAL NAME
2004 - 2010	Dean's Honor List, Faculty of Medicine Ain Shams University
2019	Alpha Omega Alpha, SUNY Downstate Health Sciences University
2021	Distinguished Resident Teaching Award, SUNY Downstate Health Sciences University
2022	Matthew Friedman – Gary Tucker Research award, Department of Psychiatry,
	Dartmouth-Hitchcock

XXI. INVITED PRESENTATIONS (* indicates individual invitation to present; # indicates presentations not following a personalized invitation; ^ indicates a CME activity):

A. INTERNATIONAL LOCATION:

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DATE	TOPIC/TITLE	ORGANIZATION	LOCATION
#March 21st,	History of Tobacco Industry and Anti-	The 16th World Conference for	Abu Dhabi,
2015	Tobacco Campaigns	Tobacco or Health	UAE

B. NATIONAL LOCATION:

DATE	TOPIC/TITLE	ORGANIZATION	LOCATION
# April 21st,	The Other Face of the Pandemic: The	Brooklyn Psychiatric Society	Brooklyn, NY
2021	Experience of Medical Students, Junior	Residents Scholarly	
	Doctors, and Healthcare Staff	Presentations Contest	
# September	From Physical Pain to Mental Agony:	The Association of Academic	Denver, CO
9 th , 2022	The Two Sides	Psychiatry (AAP)	
	Hospital Care in True Color – a media		
	session		

C. REGIONAL/LOCAL LOCATION:

DATE	TOPIC/TITLE	ORGANIZATION	LOCATION
^February 24, 2021	A Year of The Pandemic: How COVID- 19 Affected Our Lives (Experiences from Patients, Residents, Medical Students, and Staff	SUNY Downstate Psychiatry Grand Rounds	Brooklyn, NY
^August 23 rd , 2022	Esketamine with Psychotherapy for treatment-resistant depression + suicidality: A Case Study	NHH	Concord, NH

XXII. BIBLIOGRAPHY:

A. PEER-REVIEWED PUBLICATIONS IN PRINT OR OTHER MEDIA:

Most significant publications (3-5):

Original peer-reviewed articles

(in press) Tobacco, Alcohol, and Drug Misuse Among Young Adults with Serious Mental Illness. Ferron, J., Brunette, M., Pratt, S., ElSayed, M.

Reviews, invited, reviewed by peers

Reviews, invited, reviewed by editors

Reviews, other, peer-reviewed

Books edited

Book chapters

B. OTHER SCHOLARLY WORK IN PRINT OR OTHER MEDIA:

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- 1. Editorially reviewed publications
- 2. Print resources
- 3. Electronic resources
- 4. Large-team publications
- 5. White papers/position papers
- 6. Others (define)

C. ABSTRACTS:

- # Skosnik PD, Morgan, PT, Makriyannis, A, Creatura, G, DeWosrop, D, Deaso, E, Cortes-Briones, JA, ElSayed, M., Ranganathan, M, D'Souza, DC: The Effect of Fatty Acid Amide Hydrolase (FAAH) Inhibition on Sleep Architecture in Cannabis Withdrawal. National Institute of Drug Abuse/ Marijuana and Cannabinoids: A Neuroscience Research Summit; Bethesda, MD, USA, March 2016.
- 2. # Cortes-Briones, J, Skosnik, P, Cahill, JD, Sherif, M, **ElSayed, M**, Ranganathan, M, D'Souza, DC: *Neural noise and its relationship with the psychosis-like effects of THC.* National Institute of Drug Abuse/Marijuana and Cannabinoids: A Neuroscience Research Summit; Bethesda, MD, USA, March 2016.
- 3. #ElSayed, M., Cortes-Briones, JA, Cahill, JD, Luddy, C, Ranganathan, M, D'Souza, DC, Skosnik, PD: *The Human Cannabinoid Receptor Mediates Neural Plasticity in the Cerebellum*. Yale Neuroday 2016; Orange, CT, USA, August 2016.
- **4. # ElSayed, M**, Rodriguez Penney, A, Kumar, V, Whitley, S: *Diagnosis, Medical and Psychosocial management of Opioid Use Disorder: Where do we stand?* SUNY Downstate Health Sciences University Annual Research Day 2019; Brooklyn, NY, U.S.A., April 2019.
- # Arthur, P, ElSayed, M, Viswanathan, R: Emotional responses causing vaso-occlusive crises in sickle cell patients: a case report and literature review. American Psychiatric Association Annual meeting 2019; San Francisco, CA, USA, May 2019.
- **6.** # Viswanathan, R, **ElSayed, M**: Dextromethorphan-guaifenesin cough syrup to treat agitation in patients with neurocognitive disorders. American Psychiatric Association Annual meeting 2019; San Francisco, CA, USA. May 2019.
- **7. # ElSayed, M**, Ramsubick, C, AbdelWahab, L, Thompson, K: *Factors yielding partial response to Naltrexone in pathological gambling.* American Psychiatric Association Annual meeting 2020.
- **8. # ElSayed, M**, Kumar, V, Khan, A, Whitley, S: *Psychosocial Management of Opioid Use Disorder: Where Do We Stand?* American Psychiatric Association Annual meeting 2020.
- # Schoenfeld, E, ElSayed, M, Coplan, J: Neurogenic Maturational Correlates of the Anxiolytic Effect of Fluoxetine in Macaques. The Annual Meeting of the American Neurological Association 2020 (virtual), October 2020.
- **10.** # ElSayed, M, Alkatib, A, Arthur, P, Myers, M: Mental Health of Residents and Fellows at SUNY Downstate Health Sciences University during the Pandemic of COVID-19. 59th Annual Meeting of the American College of Neuropsychopharmacology (virtual), December 2020.
- 11. # Hashem S, ElSayed, M: Breakthrough Manic Symptoms Upon Changing Injection Site of a Long-Acting Injectable Antipsychotic: A Case Study. American Psychiatric Association Annual meeting 2021 (virtual), May 2021.
- **12.** # ElSayed, M, Mayevskiy, V, Huangthaisong, P: An Unusual Obsession Presentation in a Man with OCD and Comorbid Schizophrenia: A Case Report. American Psychiatric Association Annual Meeting 2021 (virtual), May 2021.
- **13.** # Ramchandani, K, Kramer, E, Viswanathan, R, **ElSayed, M**: Giving Ethanol instead of BZD to Prevent Alcohol Withdrawal in a Hospitalized Pt with Alcohol Use Disorder Undergoing EEG to detect Seizure Activity. American Psychiatric Association Annual Meeting 2021 (virtual), May 2021.

- **14.** # ElSayed, M, Eloma, A, McAfee, SG: Weight Gain Associated with Long-Acting Injectable Form of Aripiprazole (Abilify Maintena): A Case Report. American Psychiatric Association Annual meeting 2021 (virtual), May 2021.
- **15.** # Arthur, P, AlKatib, A, **ElSayed, M**, Myers, M, Pato, M: *Mental Health on the Frontlines: A Study of Residents and Fellows at SUNY Downstate Health Sciences University During the COVID-19 Pandemic.* American Psychiatric Association Annual meeting 2021 (virtual), May 2021.
- **16.** # Park, S, **ElSayed, M**: Effectiveness of Lorazepam in Conjunction with Steroids and Immunosuppressant in Treatment of Catatonia Secondary to Systemic Lupus Erythematosus Cerebritis (SLE-C) A Case Report. The 2021 American Society of Clinical Psychopharmacology (virtual), June 2021.
- **17.** # Mohammedpour, F, **ElSayed, M**, Anziska, Y, Viswanathan, R, Calvo, L, Abdelwahab, L, Zhang, D: *Encephalopathy in Patients with Covid-19 infection*. The Annual Meeting of the American Neurological Association (virtual), October 2021.
- **18.** # Davis, G, **ElSayed, M**, Galanter, C: *Effects of the COVID-19 Pandemic on Sleep Behavior of Children of Frontline Workers Over Time*. The AACAP's 68th Annual Meeting (virtual), October 2021.
- **19.** # **ElSayed, M**, Mohammedpour, F, Viswanathan, R, Anziska, Y, Park, S, Arthur, P, Foroughi, M, Zhang, D, Silver, M: *Hypo-arousal and Hyper-arousal Delirium in Hospitalized Patients with COVID-19: A Chart Review Study.* The 2021 Academy of Consultation-Liaison Psychiatry Annual Meeting (virtual), November 2021.
- 20. # ElSayed, M, Wang, M, Arthur, P, Al-Katib, A, Myers, M: Correlation between Previous Posttraumatic Disorder and Recent Posttraumatic Symptoms in Physician Trainees During the COVID-19 Pandemic. The 2022 American Psychiatric Association Annual Meeting (in-person and virtual), May (in-person) and June (virtual), 2022.
- **21.** # Kim, J, Wafy, F, Arthur, P, **ElSayed, M**, Al-Katib, A, Myers, M: *Mental Well-Being of Frontline Workers* (*Residents and Fellows*) during the COVID-19 Pandemic. Accepted for presentation at the International Conference on Physician Health (ICPH 2022), American Medical Association, October 2022.
- **22.** # **ElSayed, M**, Lytton, W, Sherif, M: Adaptation to Repetitive Stimuli Associated with Increased Gamma Oscillations in an Auditory Cortex Computer Model. Accepted for presentation at Society for Neuroscience 2022, November 2022.
- **23.** # Heflin, K, Blanock, M, Herrmann, Z, **ElSayed, M**: *Esketamine Combined with Psychotherapy for Severe Treatment-Resistant Depression after Failure of Intravenous Ketamine*. Submitted for presentation at the 2023 American Psychiatric Association, May 2023.

XXIII. PERSONAL STATEMENT

Please highlight in ~1-3 pages those *accomplishments* that best define your *contributions* to the academic mission of Geisel. Include your educational, clinical, and research activities, as well as your goals. Use this space to describe activities that may benefit from a more substantive description than the entries listed in your CV. Do not use this space to simply reiterate information that is listed in the CV.

I am an inpatient attending and a Ph.D. student at the biomedical engineering track. I aspire to be a physicianscientist with interest in understanding treatment-sensitive biomarkers for psychosis and mood disorders.

Following my residency training in Egypt, I worked with my mentor, Dr. Patrick Skosnik, to create electronencephalography (EEG) tasks and analyze the resulting data from the patients participating in clinical and challenge studies at the Schizophrenia Neuropharmacology Group at Yale (SNRGY). During my psychiatry residency at SUNY Downstate in New York City, I continued to work in research and patient care. I decided to advance my education by starting my Ph.D. in biomedical engineering during my second year of residency, focusing on EEG and computational modeling. Moreover, I worked with my mentor, Dr. Ramaswamy Viswanathan, to test the benefit of using CYP2D6 inhibitors (other than quinidine) with dextromethorphan in treating agitation in elderly patients with dementia who have comorbid prolonged QTc interval.

During my residency, I mentored medical students, co-residents, and child and adolescent psychiatry fellows in their scholarly activities. Most of these projects involved presenting interesting case reports and survey projects at annual meetings of psychiatric conferences. I also taught medical students evidence-based medicine, the neurobiology of mental illness, substance use treatment, and how to treat patients in clinical services. In addition, I taught the "basic psychopharmacology course" to psychology interns rotating at Kings County Hospital for two consecutive years. At Dartmouth, I supervise medical students during their clinical rotation in inpatient psychiatry and writing case reports.

During my previous position as chief resident for research and academics, I examined the areas in need of improvement in the resident's curriculum: neuroscience, human development, critical appraisal of articles, journal club design, and health disparities. I organized lectures to residents from experts in each field (inside and outside SUNY Downstate) to teach these topics.

During the peak of the COVID-19 pandemic, I worked with a team of residents to help provide psychological support to first responders during the pandemic. Moreover, I designed multiple research studies to follow residents, fellows, employees, medical students, and children of essential workers for the first few years after the pandemic and track its effect on their mental health with my mentors and co-residents. These research studies are still on-ongoing. Furthermore, I designed a chart review study to examine the background of patients who presented with neurological and psychiatric symptoms as part of their COVID-19 illness and a team of co-residents in psychiatry, neurology, and pediatrics, and mentors from psychiatry and neurology.

Updated by: Mohamed ElSayed, MD, MSc

Date: September 1, 2022