

CURRICULUM VITAE

Date prepared: September 10, 2025

NAME: James Knowles Rustad, MD, Fellow of the Academy of Consultation-Liaison Psychiatry (FACLP), Fellow of the American Psychiatric Association (FAPA)

ADDRESS:

OFFICE

Burlington Lakeside VA Community Based Outpatient Clinic
(White River Junction VA Medical Center)
128 Lakeside Avenue, Suite 260
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802-657-7095
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I. EDUCATION

<u>DATES</u>	<u>INSTITUTION</u>	<u>DEGREE</u>
2003-2007	University of Vermont College of Medicine Burlington, Vermont	M.D.
1998-2002	University of Florida Honors Program Gainesville, Florida	B.S. (with Honors)

II. POSTDOCTORAL TRAINING

<u>DATES</u>	<u>INSTITUTION</u>	<u>SPECIALTY</u>
2011-2012	Massachusetts General Hospital Harvard Medical School Boston, Massachusetts	Clinical Fellow in Psychiatry Psychosomatic Medicine- Consultation Psychiatry Fellowship Program
2007-2011	Jackson Memorial Hospital University of Miami Leonard M. Miller	Resident in Psychiatry Adult Psychiatry Residency Training Program

School of Medicine

III. ACADEMIC APPOINTMENTS

<u>DATES</u>	<u>INSTITUTION</u>	<u>TITLE</u>
2025-present	Department of Psychiatry Geisel School of Medicine at Dartmouth	Associate Professor
2018-2025	Department of Psychiatry Geisel School of Medicine at Dartmouth	Assistant Professor
2016-2018	Department of Psychiatry Geisel School of Medicine at Dartmouth	Clinical Assistant Professor
2016-present	Department of Psychiatry Larner College of Medicine at the University of Vermont	Clinical Assistant Professor (Voluntary Pathway)
2013-2016	University of South Florida Morsani College of Medicine	Courtesy Assistant Professor of Psychiatry
2012-2013	University of Central Florida College of Medicine	Assistant Professor of Psychiatry

IV. INSTITUTIONAL LEADERSHIP ROLES:

<u>DATES</u>	<u>INSTITUTION</u>	<u>TITLE</u>
2024-present	White River Junction VAMC	Mental Health Executive Committee Member
2024-present	Burlington Lakeside VA Community Based Outpatient Clinic	Lead Psychiatrist (Supervisory Psychiatrist)/Director of Mental Health Services
2022-2024	Burlington Lakeside VA Community Based Outpatient Clinic	Acting Director of Mental Health Services

2020-present	White River Junction VAMC	Mental Health Suite Treatment Plan Training Coordinator
2017-present	Burlington Lakeside VA Community Based Outpatient Clinic	Site Supervisor, Dartmouth-Hitchcock Adult Psychiatry Residency rotation
2016-present	Burlington Lakeside VA Community Based Outpatient Clinic	Facility Program Director for University of Vermont Medical Center Psychiatry Residency

V. LICENSURE AND CERTIFICATION (IF APPLICABLE):

<u>DATE</u>	<u>LICENSURE/CERTIFICATION</u>
2013-present	Certification in Psychosomatic Medicine, American Board of Psychiatry and Neurology (ABPN)
2011-present	Certification in Psychiatry, American Board of Psychiatry and Neurology (ABPN)
2011-present	Massachusetts Medical License (246350)
2010-present	Florida Medical License (ME 108519)

VI. HOSPITAL APPOINTMENTS (IF APPLICABLE):

<u>DATES</u>	<u>INSTITUTION</u>	<u>POSITION/TITLE</u>
2016-	White River Junction VA Medical Center	Staff Psychiatrist

VII. OTHER PROFESSIONAL POSITIONS (NON-DARTMOUTH):

<u>DATES</u>	<u>INSTITUTION</u>	<u>POSITION/TITLE</u>
2013-2016	James A. Haley VA Medical Center	Staff Psychiatrist

(Tampa, Florida)

2012-2013	Orlando VA Medical Center (Orlando, Florida)	Staff Psychiatrist
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VIII. PROFESSIONAL DEVELOPMENT ACTIVITIES

<u>DATES</u>	<u>INSTITUTION</u>	<u>TITLE</u>	<u>PURPOSE</u>
2024	Veterans Integrated Services Network 1	Executive Leadership Academy Training	VA Supervisor Training
2024	Veterans Integrated Services Network 1	Advanced Leadership Academy Training	VA Supervisor Training
2023	Veterans Integrated Services Network 1	Leadership Academy Training	VA Supervisor Training
2014-2015	James A. Haley Veterans' Hospital (Tampa, Florida)	Transcranial Magnetic Stimulation (TMS) Clinic	Trained in TMS under the supervision of F. Andrew Kozel, M.D., M.S.C.R. for participation in clinical and research program

IX. TEACHING ACTIVITIES:

A. UNDERGRADUATE (COLLEGE) EDUCATION

N/A

B. GRADUATE EDUCATION

N/A

C. UNDERGRADUATE MEDICAL EDUCATION:

<u>DATES</u>	<u>INSTITUTION</u>	<u>COURSE TITLE</u>	<u>ROLE</u>	<u>HOURS/YEAR</u>
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2016-present	Geisel School of Medicine at Dartmouth	N/A	Clinical supervisor for medical students on WRJ VAMC Psychiatry Consultation-Liaison Service	240
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D. GRADUATE MEDICAL EDUCATION

“The History of Psychiatry”

Dates taught: 3/8/2017, 1/23/2018, 10/23/2018, 10/22/2019, 10/20/2020, 2/1/2022, 3/7/2023, 2/27/2024, 3/4/2025, 3/3/2026

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency Didactics

Role: Lecturer

Scheduled hours/year: 2 hours (except 2/27/2024 which was allotted 1 hour)

Estimated number of students: 5 residents in psychiatry

“Catatonia: An approach to diagnosis and treatment”

Dates taught: 3/20/2018, 2/26/2019, 2/18/2020, 9/14/2021, 9/13/2022, 9/19/2023, 11/5/2024, 10/28/2025

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency Didactics

Role: Lecturer

Scheduled hours/year: 1 hour

Estimated number of students: 5 residents in psychiatry

“Caring for Veterans”

Dates taught: 9/11/2018, 4/12/2022, 4/10/2023, 4/9/2024, 4/15/2025, 4/14/2026

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency Didactics

Role: Lecturer

Scheduled hours/year: 1 hour

Estimated number of students: 5 residents in psychiatry

“Treatment Resistant Depression”

Dates taught: 10/16/2018, 10/15/2019, 10/13/2020, 10/12/2021, 11/1/2022, 11/7/2023, 8/20/2024, 8/19/2025

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency Didactics

Role: Lecturer

Scheduled hours/year: 1 hour

Estimated number of students: 5 residents in psychiatry

“Delirium: Evaluation and Management”

Dates taught: 10/16/2018, 10/15/2019, 10/13/2020, 10/12/2021, 11/1/2022, 11/7/2023, 8/20/2024, 8/19/2025

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency
Didactics

Role: Lecturer

Scheduled hours/year: 1 hour

Estimated number of students: 5 residents in psychiatry

“The Diagnosis and Treatment of Delirium”

Dates taught: 10/16/2018

Institution: Dartmouth-Hitchcock Medical Center Neurology Didactics

Role: Lecturer

Scheduled hours/year: < 1 hour

Estimated number of students: 5 residents in neurology

“Understanding and Undermining the Opioid Crisis: A Patient-Centered Approach”

Dates taught: 2/4/2019

Institution: Dartmouth-Hitchcock Medical Center Child Psychiatry Fellowship
Didactics

Role: Lecturer

Scheduled hours/year: <1 hour

Estimated number of students: 5 fellows and residents in psychiatry

“Mood Disorders” (for PGY-2 residents)

Dates taught: 5/7/2019, 5/12/2020, 5/18/2021, 5/10/2022, 3/28/2023, 4/23/2023, 4/23/2024, 4/29/2025, 4/28/2026

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency
Didactics

Role: Lecturer

Scheduled hours/year: 2 hours/year

Estimated number of students: 5 residents in psychiatry

“Mood Disorders” (for PGY-4 residents)

Dates taught: 3/7/2023, 3/26/2024, 4/1/2025, 3/31/2026

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency
Didactics

Role: Lecturer

Scheduled hours/year: 2 hours/year

Estimated number of students: 5 residents in psychiatry

“Introduction to Fellowships”

Dates taught: 5/21/2024, 5/9/2024, 5/13/2025

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency

Didactics

Role: Lecturer/Panelist

Scheduled hours/year: 2 hours/year

Estimated number of students: 5 residents in psychiatry

“Anxiety, trauma, and dissociation: Differential Diagnosis and Management of PTSD”

Dates taught: 2/20/2024, 2/25/2025, 2/24/2026

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency

Didactics

Role: Lecturer

Scheduled hours/year: 2 hours/year

Estimated number of students: 5 residents in psychiatry

“Assessment and Treatment of Traumatic Brain Injury”

Dates taught: 5/14/2024, 5/27/2025

Institution: Dartmouth-Hitchcock Medical Center Adult Psychiatry Residency

Didactics

Role: Lecturer

Scheduled hours/year: 2 hours/year

Estimated number of students: 5 residents in psychiatry

Consultation-Liaison Fellow Didactics

Dates taught: 9/5/2025 (Psychosis, Mania, and Catatonia, 1 hour), 10/31/2025

(Somatic symptom disorder and illness anxiety, 1 hour; Deception syndromes, 1 hour), 11/14/2025 (Heart Disease, 1 hour), 12/12/2025 (Renal disorders, 1 hour)

Institution: Dartmouth-Hitchcock Medical Center (Consultation-Liaison fellow didactic series)

Role: Lecturer

Scheduled hours/year: 5 hours/year

Estimated number of students: 2 fellows in consultation-liaison psychiatry

“Diabetes and Consultation-Liaison Psychiatry”

Dates taught: 2/17/2021, 1/12/2022, 11/30/2022

Institution: Cambridge Health Alliance/Harvard Medical School Residency

Didactics (Consultation-Liaison didactic series)

Role: Lecturer

James Knowles Rustad, MD, FACLP, FAPA

Scheduled hours/year: 1 hour/year

Estimated number of students: 8 residents and fellows in psychiatry

Psychiatry Journal Club presentations with Dartmouth-Hitchcock residents in Adult Psychiatry.

Hours: 1/year

Psychiatry Journal Club presentations for Dartmouth Fellows in Consultation-Liaison Psychiatry.

Hours: 2/year

Clinical supervision of Dartmouth-Hitchcock Psychiatry residents on WRJ VAMC Psychiatry Consultation-Liaison Service

Hours: 160/year

Clinical supervision (Psychodynamic Psychotherapy) of Dartmouth-Hitchcock Psychiatry residents

Hours: 50/year

E. OTHER CLINICAL EDUCATION (e.g., PA programs)

N/A

X. RESEARCH TEACHING/MENTORING

A. UNDERGRADUATE STUDENTS

N/A

B. GRADUATE STUDENTS

N/A

C. MEDICAL STUDENTS

N/A

D. RESIDENTS/FELLOWS/RESEARCH ASSOCIATES

Name of Advisee/Mentee: Eileen McGarry, M.D.
Dates Advised/Mentored: July 2024 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Brandon Wilson, M.D.
Dates Advised/Mentored: January 2024 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Michael Yoon, M.D.
Dates Advised/Mentored: January 2023 – June 2024
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Nolan Neu, M.D.
Dates Advised/Mentored: October 2022 – June 2025
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Alexander Buell, M.D.
Dates Advised/Mentored: February 2021 – June 2023
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Samuel Kohrman, M.D.
Dates Advised/Mentored: March 2018 – June 2020
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: H. Samuel Landsman, M.D.
Dates Advised/Mentored: October 2016 – June 2019
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

E. FACULTY

N/A

XI. ADVISING/MENTORING

A. UNDERGRADUATE STUDENTS

Name of Advisee/Mentee: Ryan Waaland
Dates Advised/Mentored: January 2022 – June 2022
Name of program: Dartmouth College

B. GRADUATE STUDENTS

N/A

C. NON-DEGREE PROGRAM STUDENTS

N/A

D. MEDICAL STUDENTS

N/A

E. RESIDENTS/FELLOWS

Name of Advisee/Mentee: Safiya Aijazi, M.D.
Dates Advised/Mentored: July 2025 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Michael Harrington, M.D.
Dates Advised/Mentored: July 2025 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Zachary Goodman, M.D.
Dates Advised/Mentored: July 2024 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: William Buffington, M.D.
Dates Advised/Mentored: July 2024 – March 2025
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Eileen McGarry, M.D.
Dates Advised/Mentored: July 2024 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry

Residency Program Name of Advisee/Mentee: Kyra Doumlele, M.D.
Dates Advised/Mentored: July 2023 – June 2024
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Rebecca Schwartz, M.D.
Dates Advised/Mentored: July 2023 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Brandon Wilson, M.D.
Dates Advised/Mentored: July 2023 - present
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Michael Yoon, M.D.
Dates Advised/Mentored: January 2023 – June 2024
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: Nolan Neu, M.D.
Dates Advised/Mentored: October 2022 – June 2025
Name of program: Dartmouth-Hitchcock Adult Psychiatry
Residency Program

Name of Advisee/Mentee: John Corbett, M.D.
Dates Advised/Mentored: September 2022 – June 2023
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Zoey Scharf, M.D.
Dates Advised/Mentored: February 2022 – June 2024
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Barinder Singh, D.O.
Dates Advised/Mentored: December 2021 – June 2022
Name of program: Dartmouth-Hitchcock Geriatric
Psychiatry Fellowship Program

Name of Advisee/Mentee: Matthew Rasmussen, M.D.
Dates Advised/Mentored: July 2021 - present
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: J.R. Rader, M.D.
Dates Advised/Mentored: July 2021 – June 2023
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Alexander Buell, M.D.
Dates Advised/Mentored: February 2021 – June 2023
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Patrick A. Ho, M.D., M.P.H.
Dates Advised/Mentored: July 2017 – June 2021
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Samuel McCord
Dates Advised/Mentored: July 2019 – June 2021
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Samuel Kohrman, M.D.
Dates Advised/Mentored: March 2018 – June 2020
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Cybele Arsan, M.D.
Dates Advised/Mentored: March 2019 – June 2020
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: H. Samuel Landsman, M.D.
Dates Advised/Mentored: October 2016 – June 2019
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: Geraldine McWilliams, M.D.
Dates Advised/Mentored: March 2018 – June 2019
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

Name of Advisee/Mentee: William T. Schleyer, M.D.
Dates Advised/Mentored: October 2017 – May 2018
Name of program: Dartmouth-Hitchcock Adult
Psychiatry Residency Program

F. FACULTY

Name of Advisee/Mentee: Patrick Ho, M.D., M.P.H.
Dates Advised/Mentored: July 2022 - present
Name of program: Dartmouth Department of Psychiatry

Name of Advisee/Mentee: Samuel McCord, M.D.
Dates Advised/Mentored: July 2021 - present
Name of program: Dartmouth Department of Psychiatry

Name of Advisee/Mentee: H. Samuel Landsman, M.D.
Dates Advised/Mentored: July 2020 – present
Name of program: Dartmouth Department of Psychiatry

Name of Advisee/Mentee: Geraldine McWilliams, M.D.
Dates Advised/Mentored: July 2019 - present
Name of program: Dartmouth Department of Psychiatry

G. ADDITIONAL INFORMATION

N/A

XII. COMMUNITY SERVICE, EDUCATION, AND ENGAGEMENT:

2018-2023: Mentor, Mentorship program of Academy of Consultation-Liaison Psychiatry program. Provide career guidance to CL fellowship applicants. Shaheen Ali, M.D. (Virginia Commonwealth University School of Medicine), Victor Patron Romero, M.D. (Rush University Medical Center), Jonathan Broadwell (Central Michigan University College of Medicine).

XIII. RESEARCH ACTIVITIES:

Dates: 2024-present

Project Title and Number: National Adaptive Trial for PTSD Related Insomnia (CSP #2016)

Role: Site Principal Investigator at White River Junction VAMC

Sponsoring Agency: VA Office of Research and Development

Annual Direct Costs: FY23: \$122,131, FY24: \$129,907.90

Dates: 2021-2025

Project Title and Number: A Study Comparing Oral Buprenorphine and Injectable Buprenorphine for the Treatment of Opioid Use Disorder (VA-BRAVE – CSP #2014)

Role: Site Primary Investigator at White River Junction VAMC

Sponsoring Agency: VA Office of Research and Development

Annual Direct Costs: projected for FY24: \$92,833

Dates: 2019-2024

Project Title and Number: Assessing an electroencephalography (EEG) biomarker of response to transcranial magnetic stimulation for major depression, I01CX002088

Role: Co-Investigator (PI: P Holtzheimer)

Sponsoring Agency: VA CSR&D

Annual Direct Costs: FY23: \$182,033, FY24: \$172,598

Dates: 2019-2020

Project Title and Number: Cannabis, schizophrenia, and reward: Self-medication and agonist treatment?

Role: Co-Investigator (PI: A. Green, Dartmouth)

Sponsoring Agency: NIDA (R01 DA034699)

Dates: 2014-2016

Project Title and Number: “Targeting Disability from PTSD with Transcranial Magnetic Stimulation”

James A. Haley Veterans’ Hospital (Tampa, Florida)

JAHVA Study Number 15863 (PI – Kozel)

Role: Co-Investigator (10%)

Sponsoring Agency: Rehabilitation Research and Development Service of the VA Office of Research and Development

Total Direct Costs (2 years): \$199,116 – does not include clinical salary

XIV. PROGRAM DEVELOPMENT

Title or Project Description: *Visual Health Timelines for Improving Patient-Doctor Communication*. This project was awarded funding as part of the 2019 Spark-Seed-Spread Investment Program (VHA Innovators Network).

Type: Quality Improvement innovation project for integrated care settings (e.g., Primary Care and Mental Health).

Stated mission/aim of program: These visual timelines are being used to facilitate patient-doctor communications for veterans with PTSD, traumatic brain injury, memory complaints, and complicated medical comorbidities.

Your role: Developed and conducted project in collaboration with Dartmouth psychiatry resident Dr. Sam Kohrman and Katie McCurdy from the company Pictal Health

Dates: 2019-2020

Cohort of program: 10 veterans

Assessments by which impact of program has been measured: Patient and provider post-intervention feedback surveys.

Title or Project Description: *Psychotherapy clinical rotation for residents in psychiatry.*

Type: Development and implementation of psychotherapy clinical rotation for residents in psychiatry.

Stated mission/aim of program: Enriching the resident training experience at Dartmouth with specialized knowledge about working with veteran and military populations in an integrated care setting (Burlington Lakeside VA Community Based Outpatient Clinic [BLC]).

Your role: Site supervisor. I place special emphasis on enriching the resident training experience at Dartmouth with specialized knowledge about working with veteran and military populations in an integrated care setting. On a local level, I facilitate resident training in modalities such as Cognitive Processing Therapy, Written Exposure Therapy, and Prolonged Exposure Therapy for Posttraumatic Stress Disorder (PTSD), which is a unique and rare opportunity for psychiatric trainees. I advocate for their participation in formal National Center for PTSD and VA training sessions and match them with experienced psychotherapy supervisors for individual sessions. At BLC, our therapy supervisors are embedded in the clinic and are well acquainted with each individual patient and collaborate with the residents on providing clinical care. I prioritize assignment of instructive cases (including primary care patients with co-morbid psychiatric and medical illness (e.g., depression and cancer) to the residents for psychotherapy, and the residents would not otherwise have received this high-quality training.

Dates: 2017 - 2023

Cohort of program: Since 2017, several Dartmouth residents participated in this rotation which has allowed us to expand access to evidence-based psychotherapies for veterans by increasing the pool of trained providers.

Assessments by which impact of program has been measured: teaching evaluations by residents (MedHub).

XV. ENTREPRENEURIAL ACTIVITIES

N/A

XVI. MAJOR COMMITTEE ASSIGNMENTS:

National/international

<u>DATES</u>	<u>COMMITTEE</u>	<u>ROLE</u>
2017-2024	Academy of Consultation-Liaison Psychiatry Residency Education Subcommittee	Member (2017-present), Chair of Educational Materials Workgroup (2020-2024)
2021-2022	American Psychiatric Association/Academy of Consultation-Liaison Psychiatry Opioid Use Disorder Workgroup	Member of Workgroup developing educational materials for “Treatment of Opioid Use Disorder in the General Hospital.”

Regional

<u>DATES</u>	<u>COMMITTEE</u>	<u>ROLE</u>	<u>INSTITUTION</u>
2023-2024	VISN 1 Geriatric Mental Health Conference Planning Committee	Planning Committee Member	VA VISN 1 (New England)
2021-present	VISN 1 Geriatric Mental Health Committee	WRJ VAMC representative	VA VISN 1 (New England)
2018	VISN 1 Expanding Education and Research Strategic Initiative Steering Committee	WRJ VAMC representative	VA VISN 1 (New England)

Institutional

<u>DATES</u>	<u>COMMITTEE</u>	<u>ROLE</u>	<u>INSTITUTION</u>
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2021-present	Clinical Care Conference	Co-Chair	Burlington Lakeside VA Community Based Outpatient Clinic
2020-present	Veterans IRB of Northern New England	Voting Member	VA Medical Center White River Junction, VT
2020-present	Clinical Competency Committee	Member	Dartmouth-Hitchcock Adult Psychiatry Residency Program
2020-present	MH Chief Search Committee	Member	WRJ VAMC Mental Health and Behavioral Sciences
2016-present	Education committee	Chairman, Coordinator of CME Grand Rounds Educational Series and Journal Club	WRJ VAMC Mental Health and Behavioral Sciences
2018-present	Education committee	Chairman	Burlington Lakeside VA Community Based Outpatient Clinic
2018-present	Residency Program Evaluation Committee	Member	Dartmouth-Hitchcock Adult Psychiatry Residency Program
2019-present	Grand Rounds Steering Committee	Member	Dartmouth-Hitchcock Department of Psychiatry

MEMBERSHIPS, OFFICE, AND COMMITTEE ASSIGNMENTS IN PROFESSIONAL SOCIETIES:

<u>DATES</u>	<u>SOCIETY</u>	<u>ROLE</u>
2012-present	American Psychiatric Association	Member
2012-present	Academy of Consultation-Liaison Psychiatry	Member
2018-present	Academy of Consultation-Liaison Psychiatry Military & Veterans Special Interest Group	Founding Member
2018-present	Academy of Consultation-Liaison Psychiatry Integrative Medicine Special Interest Group	Founding Member
2024-present	Academy of Consultation-Liaison Psychiatry Military & Veterans Special Interest Group	Executive Committee Member

XVII. INSTITUTIONAL CENTER OR PROGRAM AFFILIATIONS

N/A

XVIII. EDITORIAL BOARDS:

N/A

XIX. JOURNAL REFEREE ACTIVITY:

<u>DATES</u> <u>OF REVIEW</u>	<u>JOURNAL NAME</u>	<u>ANNUAL FREQUENCY</u>
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2011- present	<i>Journal of the Academy of Consultation-Liaison Psychiatry</i>	4 manuscripts/year
2019 - present	<i>Case Reports in Psychiatry</i>	1 manuscript/year
2021 - present	<i>The Primary Care Companion for CNS Disorders</i>	1 manuscript/year
2021 - present	<i>Personalized Medicine in Psychiatry</i>	1 manuscript/year
2024- present	<i>Academic Psychiatry</i>	1 manuscript/year

XX. AWARDS AND HONORS:

DATE

AWARD

June 2025	2025 Psychiatry Residents' Award of Excellence presented for Excellence in Academic Teaching in appreciation for enthusiastic and supportive commitment to resident training through didactic instruction and academic pursuits. University of Vermont Medical Center.
September 2024	Excellence in Education Award. Dartmouth Department of Psychiatry.
September 2020	Fellowship in the Academy of Consultation-Liaison Psychiatry (ACLP): awarded by the Fellowship and Awards Subcommittee and the ACLP Board of Directors reflecting recognition by peers of abilities, talents, and contributions to the profession of Consultation-Liaison Psychiatry.
June 2019	Dartmouth-Hitchcock Department of Psychiatry 2019 Teacher of the Year Award: awarded by the residents in training in appreciation of excellent teaching.
May 2019	American Psychiatric Association 2019 Research Colloquium awardee (\$1,200.00 stipend). Track 2: Treatment from Psychopharmacology and Psychotherapy to Neural Strategies. Selected as a

Junior Investigator with potential to develop a research career in psychiatry.

May 2018	Best Poster New Hampshire Psychiatric Society Annual Spring Scientific Meeting, Lake Sunapee, New Hampshire
June 2011	The Jack Skigen Resident Teaching award for the University of Miami Leonard M. Miller School of Medicine, Jackson Memorial Hospital and Affiliated Hospitals Department of Psychiatry and Behavioral Sciences
June 2010	The Jack Skigen Resident Teaching award for the University of Miami Leonard M. Miller School of Medicine, Jackson Memorial Hospital and Affiliated Hospitals Department of Psychiatry and Behavioral Sciences
June 2010	The Effort and Achievement Award for the Behavioral Health Clinic of the Mental Health and Behavioral Sciences Service at the Bruce W. Carter Department of Veterans Affairs Medical Center in Miami, Florida

XXI. INVITED PRESENTATIONS:

- Asterisk (*) indicates invited presentations.
- Hashtag (#) indicates those presentations that were meetings where I presented a poster/talk, but not following a personalized invitation (i.e., at a large society meeting).
- Carat (^) indicates that the talk/presentation was applicable as a CME activity.

A. International:

N/A

B. National:

<u>YEAR</u>	<u>TOPIC/TITLE</u>	<u>ORGANIZATION</u>	<u>LOCATION</u>
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2025	“Financial Abuse of Older Adults: Screening, Prevention, and Interventions” #^	American Psychiatric Association Annual Meeting	Los Angeles, CA
2025	“Catch me if you can”: Catatonia in general medical settings #^	American Psychiatric Association Annual Meeting	Los Angeles, CA
2025	“Mastering Systematic Reviews Using the Framework of Social Determinants of Health in Proactive Integrated Consultation-Liaison Psychiatry” #^	American Psychiatric Association Annual Meeting	Los Angeles, CA
2024	“Modulating Positive Energy”: Approaches, Applications, and Complications in Neuromodulation for CL Psychiatrists#^	Academy of Consultation-Liaison Psychiatry Annual Meeting	Miami, FL
2024	“Financial Abuse of Older Adults: Screening, Prevention, and Interventions” (Workshop Chair) #^	American Psychiatric Association Annual Meeting	New York, New York
2024	“The Missing Face of Catatonia: An Overview of Catatonia in the Context of Addiction” #^	American Psychiatric Association Annual Meeting	New York, New York
2021	“Innovations in Consultation-Liaison Psychiatry Care for Veterans with PTSD and TBI” #^	Academy of Consultation-Liaison Psychiatry Annual Meeting	Virtual
2021	“Should we enter the room? Protecting trainees from patients during adverse patient encounters”: A Residency Education Subcommittee Sponsored Workshop #^	Academy of Consultation-Liaison Psychiatry Annual Meeting	Virtual
2021	C-L Psychiatry Case Conference*#	Academy of Consultation-Liaison Psychiatry	Virtual
2021	“Neurocognitive and Decision-Making Impairments	American Psychiatric	Virtual

	in Patients with Comorbid Diabetes Mellitus and Depression” (Workshop Chair) #^	Association On Demand Meeting	
2020	“Rounds in the General Hospital: turning case presentations into publishable manuscripts” #^	Academy of Consultation-Liaison Psychiatry Annual Meeting	Virtual
2020	“Caring for Veterans” (Workshop Chair) #^ * After reviewing this presentation, as well as receiving positive feedback from attendees, APA selected this presentation to be a part of APA’s 2021 Course of the Month (APA members have free access to an on-demand CME course on a popular topic).	American Psychiatric Association On Demand Meeting	Virtual
2020	“Catch me if you can”: Catatonia in general medical settings (Workshop Chair) #^	American Psychiatric Association On Demand Meeting	Virtual
2019	Chair, Workshop 1543 – “Dementia or Primary Psychiatric Disorder? Early diagnosis and treatment of neurocognitive disorders in the psychiatric setting” (Workshop Chair)	American Psychiatric Association Annual Meeting	San Francisco, California
2019	Chair, Workshop 1085 – “Caring for Veterans” #1085 #^	American Psychiatric Association Annual Meeting	San Francisco, California
2019	Chair, Workshop 1106 – “Catch me if you can”: Catatonia in general medical settings #1106 #^	American Psychiatric Association Annual Meeting	San Francisco, California
2018	“IRB for new researchers” #^	Academy of Consultation-Liaison Psychiatry Annual Meeting	Orlando, Florida

2018	Chair, Workshop 1508 – “Catatonia: An Approach to Diagnosis and Treatment” #1508 #^	American Psychiatric Association Annual Meeting	New York, New York
2018	Chair, Workshop 1267 – “Neurocognitive and Decision-Making Impairments in Patients with Comorbid Diabetes Mellitus and Depression” #1267 #^	American Psychiatric Association Annual Meeting	New York, New York

C. Regional/Institutional:

DATE	TOPIC/TITLE	ORGANIZATION	LOCATION
September 16, 2025	“Financial Abuse of Older Adults: Screening, Prevention, and Interventions” *^	Maine Medical Center, Department of Psychiatry Grand Rounds (Portland, Maine)	Virtual presentation
June 19, 2025	“The Missing Face of Catatonia: An Overview of Catatonia in the Context of Addiction” *^	New Hampshire Hospital (Concord, NH)	Virtual Presentation
April 15, 2025	“Financial Abuse of Older Adults: Screening, Prevention, and Interventions”	Boston VA Geriatric Mental Health Seminar Series	Virtual Presentation
Jan 7, 2025	“The Missing Face of Catatonia: An Overview of Catatonia in the Context of Addiction” *^	Dartmouth-Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Lebanon, New Hampshire
Jan 7, 2025	“Financial Abuse of Older Adults: Screening,	Aging and Disabled Veterans	Virtual Presentation

May 24, 2024	Prevention, and Interventions” *^ Treatment-resistant depression: Psychopharmacology Update*^	Community of Practice New Hampshire Psychiatry Society	Concord, New Hampshire
April 27, 2023	A Patient-Centered Approach to Diagnosis and Treatment of Catatonia*^	Louis Stokes (Cleveland, Ohio) VAMC Psychiatry Grand Rounds	Virtual
April 4, 2023	Financial Abuse of Older Adults: Screening, Prevention, and Interventions*^	VISN-1 Geriatric Mental Health Conference, “Aging Here and Together: Addressing the Mental Health Needs of Diverse Veterans”	Virtual
March 7, 2023	Financial Abuse of Older Adults: Screening, Prevention, and Interventions*^	Dartmouth-Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Lebanon, New Hampshire
November 30, 2021	Psychiatric Consultation for Diabetes Along the Continuum of Care*^	Dartmouth-Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Virtual
April 21, 2021	“Sharing in the Groove: A Journey of Teamwork and Collaboration in Academic Psychiatry” *	Psychiatry Research Forum, Dartmouth-Hitchcock Medical Center/Geisel School of Medicine	Virtual

		at Dartmouth Department of Psychiatry	
May 19, 2020	“Understanding and Undermining the Opioid Crisis: A Patient-Centered Approach” *^	Dartmouth- Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Virtual
March 1, 2019	“Catatonia: An Approach to Diagnosis and Treatment” *^	University of Vermont Medical Center Department of Psychiatry Grand Rounds	Burlington, Vermont
December 4, 2018	“Catatonia: An Approach to Diagnosis and Treatment” *^	Dartmouth- Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Lebanon, New Hampshire
October 25, 2016	“Catatonia in the General Hospital” *^	Dartmouth- Hitchcock Medical Center/Geisel School of Medicine at Dartmouth Department of Psychiatry Grand Rounds	Lebanon, New Hampshire

XXII. BIBLIOGRAPHY:

Underline indicates collaborators who are Dartmouth trainees

A. Peer-reviewed publications in print or other media

1. Most significant publications:

1. **Rustad JK**, Stern TA, Eth S. A Patient-Centered Approach to Opioid Use Disorder. *Prim Care Companion CNS Disord*. 2021; 23(2):20f02749.

This article was selected by the journal as a Continuing Medical Education (CME) offering. As a result of this work, I was invited to contribute to the resource document “Treatment of Opioid Use Disorder in the General Hospital: A Consensus Statement from the American Psychiatric Association (APA) Councils on Consultation Liaison Psychiatry and Addiction Psychiatry” which is featured on the APA website.

2. Funk MC, Nash S, Smith A, Barth K, Suzuki J, **Rustad JK**, Buonocore S, Khandai AC, Smith MA, Jin S, Drexler K, Renner JA. Treatment of Opioid Use Disorder in the General Hospital. *Am J Psychiatry* 180:8, August 2023.

This summary highlights essential concepts of the comprehensive resource document jointly sponsored by the APA Councils on Consultation-Liaison Psychiatry and Addiction Psychiatry for psychiatrists involved in the treatment of patients with Opioid Use Disorder in the general hospital.

3. **Rustad JK**, Landsman HS, Ivkovic AI, Finn CT, Stern TA. “Catatonia: An approach to diagnosis and treatment.” *Prim Care Companion CNS Disord*. 2018; 20(1): 17f02202.

This work was the foundation for several national and local presentations (including American Psychiatric Association (APA) workshops and invited Grand Rounds at Dartmouth and the University of Vermont). Based on this manuscript, I created a narrated presentation on Catatonia for a new APA-Academy of Consultation-Liaison Psychiatry (ACLP) collaboration project which is featured online by APA.

4. **Rustad JK**, Musselman DL, Nemeroff CB. “The relationship of depression and diabetes: pathophysiological and treatment implications.” *Psychoneuroendocrinology*. 2011 Oct; 36(9):1276-86. *100 citations per Web of Science

This publication was the foundation for several national and local presentations (including American Psychiatric Association (APA) workshops and an upcoming Grand Rounds at Dartmouth in November 2021). I have since collaborated with Dr. Dominique Musselman on several other Diabetes-related journal articles and a book

chapter on “Depression and Medical Illness” (edited by Dr. Charles Nemeroff) which was published in the American Psychiatric Publishing Textbook of Mood Disorders.

2. Other publications (excluding any listed in part 1)

a. Original articles:

5. Goodman Z, Gardner SM, **Rustad JK**, Finn CT, Landsman HS, Ho PA. Using Academic Consultation-Liaison Telepsychiatry to Meet the Mental Health Needs of Complex, Medically Ill Patients in Underserved Areas: A Case Report. *Telemedicine and e-Health* 2023 Nov 3 (Online ahead of print).
6. **Rustad JK**, Schlozman SC, Chen J, Stern TA. An Alternative Proposal for Teaching Medical Students About Psychiatry: Consultation-Liaison Psychiatry Rotations that Consult to Medical and Surgical Services. *Academic Psychiatry* 2023 Aug 8 (Online ahead of print).
7. **Rustad JK**, Waaland RP, Sippel LM, Martinez-Camblor P, Kohrman SI, Landsman HS, Buckley K, Holtzheimer PE. Cranial electrotherapy stimulation in the treatment of posttraumatic stress disorder: A feasibility, safety, and preliminary efficacy study. *Personalized Medicine in Psychiatry* 35-36 (2022) 100096.
8. Evenson S, Burgess J, **Rustad JK**. COVID-Associated Exacerbation of Acute Psychosis in a Patient with Schizoaffective Disorder. *Prim Care Companion CNS Disord.* 2022 Jun 28; 24 (4): 22cr03253.
9. Kohrman SI, **Rustad JK**, Suhail-Sindhu T, Fortney TA, Ramkumar DB, Warhold LG, Thakur D, Finn CT, Stern TA. “Self-inflicted limb amputation: A case of non-paraphilic, non-psychotic xenomelia.” *Psychosomatics* 2020 Jan - Feb;61(1):70-75.
10. Ho PA, Stern TA, **Rustad JK**. “Moon River”: Intact Musical Appreciation and Performance in a Man with Semantic Variant Primary Progressive Aphasia. *Psychosomatics* 2019 Jan-Feb; 60(1):70-74.
11. **Rustad JK**, Weisman M, Van Trees K, Hashimie J, Nirmalani-Gandhy A, Chichkova RI, Kozel FA. “Case Report: Repetitive Transcranial Magnetic Stimulation (rTMS) Treatment of Depression in a Patient with Myasthenia Gravis.” *Brain Stimul.* 2016 Jan-Feb; 9(1):141-143.
12. **Rustad JK**, Cho T, Chemali Z, Rost N, Stern TA. The recognition and treatment of rabies: a case report and discussion. *Psychosomatics*. 2015 Mar-Apr; 56(2):196-201.

b. Review articles:

13. Chang A, Ho PA, **Rustad JK**, McGarry E, Fox D, Stern TA. Formulating Complex Cases: The Hazards of Anchoring. *Prim Care Companion CNS Disord.* (submitted manuscript, 2025).
14. Matta SE, DeSimone AC, **Rustad JK**, Bobonis MB, Le T, Stern TA. Impulsivity: Differential diagnosis, evaluation, and management. *Prim Care Companion CNS Disord.* (submitted manuscript, 2025).
15. Zhao E, Wilson B, Harrington M, Ho PA, **Rustad JK**, Stern TA. Treatment Non-adherence: Sequelae of Using Digital Technologies to Circumvent Hospital Dietary Restrictions. *Prim Care Companion CNS Disord.* (in press, 2025).
16. Matta SE, Bonvie JL, **Rustad JK**, Joy M, Rainone J, La Croix CL, Quang TS, Stern TA. Screening For, and Managing, the Sequelae of Toxic Exposures in Veterans. *Prim Care Companion CNS Disord.* (in press, 2025).
17. **Rustad JK**, Ho PA, Herrera Santos LJ, Lee JH, Stern TA. Facilitating Academic Success for Practicing Clinicians. *Prim Care Companion CNS Disord.* (in press, 2025).
18. **Rustad JK**, DeSimone AC, Goodman ZS, Ho PA, Schwartz R, Li DH, Felde A, Rebhun S, Powell R, Stern TA. Somatic Delusions: An Approach to Diagnosis and Treatment. *Prim Care Companion CNS Disord.* (in press, 2025).
19. **Rustad JK**, Braford M, Nguyen E, Boone L, Weber J, Ford S, Stern TA. Dizziness: An approach to diagnosis and treatment. *Prim Care Companion CNS Disord.* (in press, 2025).
20. Lee JH, **Rustad JK**, Herrera Santos LJ, Ho PA, Stern TA. Time-limited teaching of psychiatry to medical trainees: Flipping the classroom and offering layered learning. *Prim Care Companion CNS Disord.* 2025 Jun 17;27(3):25f03944.
21. DeSimone A, Rudinoff E, Lee MY, **Rustad JK**, Zaragoza M, Stern TA. Psychotropic medication-induced priapism: An approach to diagnosis and treatment. *Prim Care Companion CNS Disord.* 2025 Jul 31;27(4):25f03942.
22. **Rustad JK**, Hodges S, DeSimone A, Ford S, Boone L, Weber J, Andrews G, Santoy J, Bernal R, Stern TA. Functional Neurologic Disorders in Active-Duty Military Personnel and Veterans: Challenges to Diagnosis and Treatment. *Prim Care Companion CNS Disord.* 2025 Jul 24;27(4):25f03928.
23. Matta SE, **Rustad JK**, Fisher DR, Braford MB, Stern TA. Assessment and Management of Post-traumatic Stress Disorder in Primary Care Practices. *Prim Care Companion CNS Disord.* (in press, 2025).
24. **Rustad JK**, Waaland R, Coughlin B, Sippel L, Neu N, Wilson BC, Schwartz R, Fuller K, Stern TA. Psychosis-related Posttraumatic Stress Disorder: True, true, and unrelated? *Prim Care Companion CNS Disord.* 2025 Feb 6;27(1):24f03831.
25. Chopra A, **Rustad JK**, Hall DL, Mak MSB, Stern TA. Management of Insomnia in the General Hospital. *Prim Care Companion CNS Disord.* 2025 Jan 21;27(1):24f03793.

26. **Rustad JK**, Spitz AZ, Wilson BC, Felde A, Neu N, Stern TA. Neuropsychiatric complications of hypervitaminosis D: Diagnosis, evaluation, and treatment. *Prim Care Companion CNS Disord.* 2024; 26(3):23f03680.
27. Rasmussen MJ, Robbins H, Fipps D, **Rustad JK**, Pallais JC, Stern TA. Myxedema coma: Evaluation and management of its neuropsychiatric sequelae. *Prim Care Companion CNS Disord.* 2023; 25(6):23f03570.
28. Gardner SM, Pavisian B, Ho PA, **Rustad JK**, Kasick DP, Stern TA. Dynamic evolution of catatonia in the context of cerebral venous sinus thrombosis. *Prim Care Companion CNS Disord.* 2023; 25(4): 22f03471.
29. Singh B, **Rustad JK**, McWilliams G, Gaston E, Poole S, Stern TA. Financial Abuse of Older Adults: Screening, Prevention, and Interventions by Primary Care Providers. *Prim Care Companion CNS Disord.* 2023; 25(3): 22f03434.
30. **Rustad JK**, Schlozmann SC, Hendler RA, Rasmussen MJ, Rader GL, Stern TA. "Developing, Losing, and Regaining Trust in the Doctor-Patient Relationship." *Prim Care Companion CNS Disord.* 2022;24(0):21f03184.
31. Ho PA, York A, **Rustad JK**, Felde A, Stern TA. "Non-Alcohol-Related Wernicke's Encephalopathy: Diagnosis and Treatment." *Prim Care Companion CNS Disord.* 2021; 23(5): 21f02968.
32. Arsan C, Baker C, Wong J, Scott R, Felde A, Mills P, Stern TA, **Rustad JK**. "Delirious Mania: An Approach to Diagnosis and Treatment." *Prim Care Companion CNS Disord.* 2021; 23(1):20f02744.
33. Ho PA, Girgis C, **Rustad JK**, Noordsy D, Stern TA. "Advancing Medical Education Through Innovations in Teaching During the COVID-19 pandemic." *Prim Care Companion CNS Disord.* 2021; 23(1):20nr02847.
34. Ho PA, Girgis C, **Rustad JK**, Noordsy D, Stern TA. "Advancing the Mission of Consultation-Liaison Psychiatry Through Innovation in Teaching." *Psychosomatics* 2019 Nov - Dec; 60(6):539-548.
35. Padilla VL, **Rustad JK**, Harvey PD, Wasserman B, Ziemer D, Musselman DM. "Neurocognitive impairment in patients with comorbid diabetes mellitus and depression." *Pers Med Psychiatr.* 1-2 (2017) 2-10.
36. Van Trees K, **Rustad JK**, Weisman M, Phillips S, Hashimie J, Kozel FA. "Comprehensive Guide for the Safe administration of rTMS While Providing for Patient Comfort." *Issues Ment Health Nurs.* 2016 Dec 8:1-7.
37. Nelson S, **Rustad JK**, Catalano G, Stern TA, Kozel FA. "Depressive Symptoms Before, During, and After Delirium: A Literature Review." *Psychosomatics.* 2016 Mar-Apr; 57(2): 131-41.
38. **Rustad JK**, Stern TA, Prabhakar M, Musselman D. "Risk factors for alcohol relapse following orthotopic liver transplantation: a systematic review." *Psychosomatics.* 2015 Jan-Feb; 56(1):21-35. *41 citations per Web of Science
39. **Rustad JK**, Musselman DL, Skyler JS, Matheson D, Delamater A, Kenyon NS, Cáceda R, Nemeroff CB. "Decision-making in diabetes mellitus type 1." *J Neuropsychiatry Clin Neurosci.* 2013 Winter; 25(1):40-50.

40. **Rustad JK**, Stern TA, Hebert KA, Musselman DL. "Diagnosis and treatment of depression in patients with congestive heart failure: a review of the literature." *Prim Care Companion CNS Disord*. 2013; 15(4): PCC.13r01511.
41. **Rustad JK**, David D, Currier MB. "Cancer and post-traumatic stress disorder: diagnosis, pathogenesis, and treatment considerations." *Palliat Support Care*. 2012 Sep; 10(3):213-23. *27 citations per Web of Science
42. **Rustad JK**, Junquera P, Chaves L, Eth S. "Civil Commitment Among Patients with Alcohol and Drug Abuse: Practical, Conceptual and Ethical Issues." *Addictive Disorders & Their Treatment* 2012; 11(3): 136-145.

c. Books/ book chapters/monographs:

43. Braford M, Nguyen E, **Rustad JK**. Traumatic Brain Injury. (pending publication in textbook for internists who work with hospitalized psychiatric patients, edited by Jeffrey Fetter for publication by Oxford).
44. **Rustad JK**, Padilla VL, Musselman DM. Depression in Medical Illness. In: Nemeroff CB, Schatzberg AF, Rasgon N, Strakowski S. *American Psychiatric Publishing Textbook of Mood Disorders, Second Edition*. American Psychiatric Publishing. Washington D.C. 2022: pages 743-768.
45. **Rustad JK**. How Can the Risk of Domestic Violence Be Decreased During the COVID-19 Pandemic? In: *Facing COVID-19: A Guide for Patients and Their Families*. Sher Y, Fishman JA, Stern TA, editors. Massachusetts General Hospital Psychiatry Academy, Boston, MA. 2021: pages 151-159.
46. **Rustad JK**, Jimenez X, Felde A, Thakur D. (2019). Vulnerable Populations. In: Lavakumar M, Rosenthal L, Rabinowitz T (eds.) *Fundamentals of Consultation-Liaison Psychiatry*, Nova Science.
47. Nejad S, **Rustad J**. (2013). Altered Mental Status. In: Berg SM, Bittner EA (eds). *The MGH Review of Critical Care Medicine*. (pp. 159-161) Philadelphia, Pennsylvania: Lippincott, Williams & Williams.

d. Peer-reviewed ACLP How-to guides

48. "How-to Guide" (authored by ACLP members who are recognized experts in the respective areas) on Traumatic Brain Injury. Co-author on web publication for residents in Consultation-Liaison Psychiatry (in press, 2025).
49. "How-to Guide" (authored by ACLP members who are recognized experts in the respective areas) on Catatonia. Author on web publication for residents in Consultation-Liaison Psychiatry.
Available at: <https://www.clpsychiatry.org/training-career/resident-information/c-l-how-to-guides-for-psychiatry-residents/>
50. "How-to Guide" (authored by ACLP members who are recognized experts in the respective areas) on Somatic Symptom Disorder. Co-author on web publication for residents in Consultation-Liaison Psychiatry.

Available at: <https://www.clpsychiatry.org/training-career/resident-information/c-l-how-to-guides-for-psychiatry-residents/>

B. Other scholarly work in print or other media

1. “Catatonia: An Approach to Diagnosis and Treatment” Livestream on the Psychiatry Network group page with Dr. H. Samuel Landsman (Resident in Psychiatry, Dartmouth-Hitchcock) on August 23, 2018.
2. The ACLP Residency Education Subcommittee developed a series of lectures (PowerPoint presentations) on core topics in consultation-liaison psychiatry that are tailored to the educational level of a junior resident in psychiatry. I am the author of slide deck on “Psychiatric Consultation for Diabetes” and co-author of slide deck on “Informed Consent and Capacity.”

Available at: <https://www.clpsychiatry.org/educationcareers/resident-curriculum/>

3. Catatonia course (APA-ACLP collaboration project) which is featured online by APA. Available (for APA members) at: [Diagnosis and Management of Catatonia \(psychiatry.org\)](https://www.psychiatry.org/Diagnosis-and-Management-of-Catatonia)

4. APA Resource Document on the Treatment of Opioid Use Disorder in the General Hospital (psychiatry.org). As part of a multispecialty expert workgroup, helped prepare a resource document related to the medication treatment of patients with opioid use disorder.

The document can be accessed here: [APA Resource Document on the Treatment of Opioid Use Disorder in the General Hospital \(psychiatry.org\)](https://www.psychiatry.org/APA-Resource-Document-on-the-Treatment-of-Opioid-Use-Disorder-in-the-General-Hospital)

Posters

Regional meetings

May 2018 - “Moon River”: Intact Musical Appreciation and Performance in a Man with Semantic Variant Primary Progressive Aphasia (award winner for “Best Poster”). New Hampshire Psychiatric Society Annual Spring Scientific Meeting, Lake Sunapee, New Hampshire

May 2019 – “Cranial Electrotherapy Stimulation in treatment of PTSD: A feasibility and safety pilot study.” New Hampshire Psychiatric Society Annual Spring Scientific Meeting, Lake Sunapee, New Hampshire

National Meetings:

November 2019 - Co-author of Poster: “A case of delirious mania: more than a refractory diagnosis; reflections on treatment, ethical responsibilities and challenges of interdisciplinary care.” Academy of Consultation-Liaison Psychiatry Annual Meeting. San Diego, California

May 2019 - Co-author of Poster #4305: Chopped: A case of successfully completed upper-extremity self-amputation in a non-psychotic, non-paraphilic patient with Body Identity Disorder # American Psychiatric Association Annual Meeting. San Francisco, California

May 2019 - Co-author of Poster #4269: “Someday my prince will come”: management of elderly patients who have been victimized by online and telephone scams # American Psychiatric Association Annual Meeting. San Francisco, California

November 2018 - Co-author of poster: “Moon River”: Intact Musical Appreciation and Performance in a Man with Semantic Variant Primary Progressive Aphasia # Academy of Consultation-Liaison Psychiatry Annual Meeting Orlando, Florida

C. Abstracts

N/A

XXIII. Personal Statement:

I am a Consultation-Liaison (CL) psychiatrist who specializes in advancing integrated psychiatric care for patients with medical illness. I am dedicated to developing and disseminating learning materials, mentoring psychiatry residents to advance their clinical and academic careers and serving as a “go-to” clinical resource for colleagues locally and nationally. In these activities, I share my passion for helping teams to understand and manage care of patients with complex needs.

I am dedicated to creation and dissemination of CL learning materials, and inspiring and training the next generation of CL psychiatrists. To that end, I served as Educational Materials Workgroup Chair on the Academy of Consultation-Liaison Psychiatry (ACLP) Residency Education Subcommittee, which focuses on mentorship of residents and recruitment into the subspecialty on a national level. ACLP has over 2000 members, of which 25% are trainees. I help develop a variety of impactful curricular materials, update existing work, facilitate peer review, and collaborate with other national societies to develop educational materials. We used technology to transform the way materials are accessed, and our residency curriculum page with

slide decks has had over 10,000 views, while our how-to-guides page has over 13,792 total users. ACLP recently published an article on the popularity of the how-to-guides <https://www.clpsychiatry.org/aclp-news/y2025/m04/how-to-guides/> [clpsychiatry.org].

I am nationally recognized as a clinical leader in CL psychiatry and education. The Fellowship and Awards Subcommittee and the ACLP Board of Directors awarded me Fellowship in the Academy of Consultation-Liaison Psychiatry (ACLP), reflecting honor by peers of abilities, talents, and contributions to the profession of Consultation-Liaison Psychiatry. In addition, I was selected to serve as a master (CL) clinician educator for ACLP's first virtual case conference in 2021. In 2024, I served as a faculty discussant for Massachusetts General Hospital's Psychosomatics conference on Neuropsychiatric Sequela of Thyroid Disorder.

On a local level, I have significantly impacted the educational culture at the VA and Dartmouth. I have an ardent desire to engage the residents in scholarship and transform their trajectory of their careers. Prior to my arrival on the Geisel faculty, residents rarely presented at national conferences and published in peer-reviewed journals. I have consistently provided novel opportunities for the residents in the Dartmouth-Hitchcock psychiatry residency program to publish, present at conferences, participate in research, and advance their careers. Over a five-year span from 2018-2022, I received a 4.98 out of 5 positive rating from resident evaluations in response to 154 questions on the quality of my clinical teaching. In addition, I received 100% positive feedback on resident evaluations rating the quality of my didactics teaching for 25 lectures presented from 2018-2022.

CL psychiatry is an ideal medium for teaching because it requires broad knowledge in systems-based differential diagnosis, drug-drug interactions, neuroimaging, physical exam, and communication skills with other medical specialties. I seek to ignite a passion in residents for the subspecialty of CL by sharing my thought process about challenging cases and communicating my enthusiasm for the benefits of having a versatile training background. I was awarded the 2019 Teacher of the Year award for the Dartmouth-Hitchcock Department of Psychiatry and the 2024 Dartmouth Psychiatry Excellent in Education award in appreciation of excellent teaching. The residents selected me to speak at the resident retreat as an inspirational faculty member and role model in academic psychiatry. I have devoted great effort to teaching CL psychiatry locally and inspired residents to go into the field. Five of my Dartmouth mentees have gone on to prestigious fellowships in Consultation-Liaison Psychiatry (Massachusetts General Hospital, Cambridge Health Alliance, Brown University, Ohio State University, and University of Southern California). Two of my CL mentees have returned to Dartmouth Health to serve as faculty CL attendings.

I have developed a particular expertise in the clinical syndrome of Catatonia. Catatonia is a fascinating condition which shows us how motivation and movement intersect to produce behavior. I serve as a sought-after expert consultant for my

colleagues locally and nationally on challenging consultation cases. For example, I recently helped guide psychiatrists at the VA New Jersey Medical Center in evaluation and successful treatment of a complex case of Catatonia in an older adult on inpatient psychiatry. I was also invited as an expert to participate in a conversation with representatives from the University of Vermont Medical Center and the Vermont Ethics Network about the ethical and legal approach to involuntary treatment of patients with catatonia. I presented at the Veterans Integrated Service Network 1 (VISN 1/New England VA Health Care System) Geriatric Community of Practice meeting on Catatonia in older adults. I have authored a web publication for ACLP on how to diagnose and treat Catatonia for residents in Consultation-Liaison Psychiatry (with over 950 total users), and I also created a course for APA on Diagnosis and Management of Catatonia which has over 1000 learners enrolled.

I view my CL Psychiatrist role as a wonderful opportunity to lead improvements in patient care and education in primary care and general hospital settings. I have demonstrated expertise in the interface between compassionate patient care and brain science. I encourage trainees to study neuroanatomy in greater depth and utilize neuroscientific principles in helping to relieve our patients' suffering on the medical and surgical wards. I teach compassionate patient care and brain science, then lead trainees to the patient's bedside to bring the knowledge to life. Going forward I plan to continue to recruit and train the next generation of CL Psychiatrists, both at Dartmouth and nationally, and develop educational materials and treatment guidelines in the field.

Updated by James Knowles Rustad, MD, FACLP, FAPA

Date: 9/10/2025