The UHS Presents:

Spring Break in Washington, DC
Community Health Outreach at Bread for the City

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What is Bread for the City?

- Medical
- Law
- Food pantry
- Social Services
What We Did…
Medical Files
What We Did…

Shadowing

- Dr. Randi Abramson
  - Over 15 years
- GW students
- Georgetown Residents
- Patient Population
- Medications
- Experience
What We Did

Patient Stories

Part of a fundraising program
People loved their doctor
Regular check ups: primary care attention
Coaching about the health care system
Health education
Dignity
Some Quotes

“The doctor, she cares about me”

“No one told me to avoid eating salt”

“I did not know why I was feeling sick”

“Everyone here is kind to me”

“I knew where the cancer doctor was, because she told be about him”
Example: Patient 1

59 year old man

Moved to DC from NYC to work in construction

Came that day for coaching from his doctor about going to a near by hospital for a colonoscopy

A survivor of prostate cancer: had pain with urination and general abdominal pain. Was told at the ER, he should consider going to this clinic

Never knew that a man of his age should be getting a colonoscopy every 10 years
Example: Patient 2

65 year old woman

Immigrated to DC from Kingston, Jamaica

Diabetic, hypertensive, overweight

She has lived in the US for about 3 years

Her husband died of a heart attack in the US without seeing regular medical care

Her daughter lives in Canada, she is currently in the process of moving to Toronto
Example: Patient(s) 3

Married couple

Vietnamese immigrants who were teaching at a Vietnamese school in Washington, yet were underinsured from their benefits as teachers

Their current health care plan did not cover their needs

Never thought they could have someone to call their doctor
Health and Government

- U.S. Capitol
  - Sarah Levin in Rep. Paul Hodes’s (D-NH) Office
  - Senate & House Debate
- CSIS Report on Global Health Policy
- NIH Clinical Center
Health and Government
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Welcome!

The Clinical Center at the National Institutes of Health (NIH) in Bethesda, Maryland, is America’s clinical research hospital. Approximately 1,500 studies are in progress at the NIH Clinical Center. More than 350,000 patient volunteers, from all 50 states and all over the world, have participated in clinical research at the Clinical Center since its opening in 1953.
THANK YOU!

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