Dr. Baron, who provided a perspective on the global burden of cancer as part of the Dartmouth Community Medical School program, Cancer Nutrition and the Environment, has been a leader in epidemiological research and cancer prevention for 35 years. His research has been varied and extensive, encompassing international health organizations and the role of environmental chemicals in disease. Among his major contributions are the development of the Dartmouth Cancer Prevention Pyramid, which was used to guide research and policy, and the discovery of the importance of dietary selenium in arsenic-poisoned populations.

He explains, "Of the four, calcium and aspirin, and folic acid (a B vitamin)," as he says, "We've tested antioxidants, calcium, and others. "We certainly have some ideas, but it gets very complex at the molecular level." He adds, "I am an anti-oxidant, and it's thought that one of the mechanisms for the cancer risk associated with arsenic has to do with oxidative damage. And Selenium, as it turns out, is a mineral that can be used to treat acute arsenic toxicity. We've learned a lot about this, it's allowed us to develop a mechanism." Dr. Baron notes that the evidence for selenium is "very strong," and he continues, "We've learned a lot about how these compounds work, and how to prevent disease.

In his presentation, "The Effect of Diet on the Occurrence of Cancer and Other Major Diseases," Dr. Willett discussed findings from 50 years of research on diet and diet-related diseases. He pointed out that "we can learn a lot from what gets reported by media and is promoted by other sources of health information for the public." He explained the importance of healthy eating, emphasizing the role of whole grains, fruits, vegetables, and lean proteins in reducing cancer risk.

Dr. Willett also mentioned the role of antioxidants in disease prevention, noting that "we've tested antioxidants, calcium, and others." He added, "We certainly have some ideas, but it gets very complex at the molecular level." He explained the importance of diet in chronic disease prevention, noting that "we can learn a lot from what gets reported by media and is promoted by other sources of health information for the public." He emphasized the importance of healthy eating, emphasizing the role of whole grains, fruits, vegetables, and lean proteins in reducing cancer risk.

Throughout his presentation, Dr. Willett highlighted the importance of diet in chronic disease prevention, noting that "we can learn a lot from what gets reported by media and is promoted by other sources of health information for the public." He emphasized the importance of healthy eating, emphasizing the role of whole grains, fruits, vegetables, and lean proteins in reducing cancer risk.

In conclusion, Dr. Willett emphasized the importance of diet in chronic disease prevention, noting that "we can learn a lot from what gets reported by media and is promoted by other sources of health information for the public." He emphasized the importance of healthy eating, emphasizing the role of whole grains, fruits, vegetables, and lean proteins in reducing cancer risk.

Dr. Willett's presentation was well-received, with attendees noting the importance of diet in chronic disease prevention, and the importance of healthy eating, emphasizing the role of whole grains, fruits, vegetables, and lean proteins in reducing cancer risk.

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