

Coming to  
*Manchester*

DARTMOUTH COMMUNITY  
MEDICAL SCHOOL presents...

# Heal Thyself?

*Exploring the impact  
of screening, prevention  
and complementary  
therapies on personal  
health*



## SEVEN WEEKLY SESSIONS

WEDNESDAY EVENINGS  
SEPTEMBER 26 - NOVEMBER 14

*Session 1: Wednesday, September 26*

- **TRADITIONS AND SCIENCE IN HEALING**  
*Understanding how knowledge and belief systems influence our approach to health*

*Session 2: Wednesday, October 3*

- **VITAMINS, DRUGS, SUPPLEMENTS AND EXERCISE**  
*The good, the bad, and the uncertainty*

*Session 3: Wednesday, October 10*

- **CHINESE MEDICINE AND HERBS**  
*What works? What's safe? How to choose?*

*Session 4: Wednesday, October 17*

- **APPETITE AND METABOLISM**  
*Are we really what we eat?*

*Session 5: Wednesday, October 24*

- **NUTRITION AND THE SECRET LIFE OF GENETICALLY MODIFIED FOODS**  
*The story of what goes in and what it does when it gets there*

*Session 6: Wednesday, November 7*

- **HOW DO WE COPE?**  
*Dealing with stress and illness*

*Session 7: Wednesday, November 14*

- **IS AN OUNCE OF PREVENTION ENOUGH?**  
*The pros and cons of health screening*

*Questions? Call (603) 653-1568  
or e-mail [DCMSRegistration@Dartmouth.edu](mailto:DCMSRegistration@Dartmouth.edu)*

## DISTINGUISHED FACULTY

### DARTMOUTH COLLEGE

Mary Lou Guerinot, PhD, *Professor of Biological Sciences*  
Robert G. Henricks, PhD, *Professor of Religion*

### DARTMOUTH MEDICAL SCHOOL

Lori A. Alvord, MD, *Assistant Professor of Surgery*  
Lynn F. Butterly, MD, *Assistant Professor of Medicine  
Dartmouth-Hitchcock Manchester*  
Kathleen H. Chaimberg, MD, *Assistant Professor  
of Anesthesiology*  
Paul D. Gerber, MD, *Professor of Medicine*  
Joshua W. Hamilton, PhD, *Associate Professor  
of Pharmacology and Toxicology*  
Marcia Herrin, EdD, MPH, RD, *Adjunct Instructor  
in Community and Family Medicine*  
Lionel D. Lewis, MB, BCH, MD, *Associate Professor  
of Medicine and of Pharmacology and Toxicology*  
Donald A. Mahler, MD, *Professor of Medicine*  
Gerald T. O'Connor, PhD, DSc, *Professor of Medicine and  
of Community and Family Medicine*  
Mark H. Reed, MD, *Assistant Professor of Psychiatry*  
Oscar A. Scornik, MD, PhD, *Professor of Biochemistry*  
Margaret A. Caudill-Slosberg, MD, PhD, *Adjunct Associate  
Professor of Anesthesiology*  
Lee A. Witters, MD, *Professor of Medicine and of Biochemistry*

## OPEN TO EVERYONE

*Register Soon!*  
*Space is limited. Registration ends  
September 17.*

### REGISTRATION FORM

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_

Please enclose your check for \$20, which covers all seven sessions, payable to CCE.  
Directions and parking information will be mailed with your receipt.

Mail to: Center for Continuing Education  
Dartmouth-Hitchcock Medical Center  
One Medical Center Drive, Lebanon, NH 03756

## LOCATION AND TIMES

The Nancy S. Boettiger Auditorium, Derryfield School  
2108 River Road, Manchester, NH

All sessions are 7:00-9:30PM.  
A registration fee of \$20 covers all seven sessions. Directions  
and parking information will be mailed with your receipt.

Dartmouth  
*Community*  
Medical School

Offered in association with  
DARTMOUTH-HITCHCOCK MEDICAL CENTER