Map of Where to Turn

Where do I turn for mental health issues, medical issues, mistreatment, academic help, spiritual support, or personal counseling?

Mental health issues map: There are many options

1. Call the counseling center at Dick’s House (603/646-9442) to make an appointment. Call or walk in for crisis care 24 hours a day, 365 days a year.
   If you wish to have a private waiting area, you need to tell the intake nurse. *(What is a crisis? An unstable situation.)*

   **Call Dick’s House and make a less urgent appointment.** Wait time varies depending on the time of year, but typically is in the 2 week or less range. If you need help sooner (and do not have an unstable issue) one option is to get on the wait list. Another option is to talk with Drs. Pinto-Powell or Duncan. They can often help arrange an urgent appointment.

2. **Talk with a trusted advisor:**
   This may include Drs. Powell or Duncan, your On Doctoring facilitator (who for years 1 and 2 serves as a primary advisor), your SNAP representative, a faculty mentor, or a spiritual advisor (see section on spiritual advisors).

3. **Telephone the Dean on call.**
   The dean on call list is in the student handbook on the website at: 
   *(http://geiselmed.dartmouth.edu/students/resources/academic/)* and is also available by calling Dartmouth College Safety and Security (603/646-4000) 24/7.

Mistreatment map

1. Students are encouraged to utilize the **Geisel ombudsperson, Dr. Virginia Lyons**, as a first-line option to discuss possible incidents of mistreatment, harassment, abuse, or discrimination.

2. **Students may also utilize the following individuals:** Drs. Ogrinc, Powell, Duncan and Dick, Shawn O’Leary, SNAP representatives, clinical department chairpersons and clerkship directors. In addition, if the mistreatment occurred at DHMC, you may call an anonymous hotline (see student handbook for complete information on the hotline). Instructions for how to report the mistreatment of patients, poor role modeling of staff, administrators or faculty is described in the student handbook in the section on the Teacher-Learner relationship.

3. Students are assured that if they decide to make a report after discussion with one of the above individuals, they will remain completely anonymous and there will be no retribution.

4. Complaints that include sexual violence, hate crimes, and/or weapons will not be confidential as required by law.

5. **Refer to the student handbook for the complete policy and explanation** of what happens once a report is made. **Questions regarding the policy** should be directed to Dr. Roshini Pinto-Powell, your advisor, or your SNAP representatives.

6. Although reporting should normally be made through standard channels, Dartmouth has also contracted with **EthicsPoint**, an independent third party to serve as a web-based point of contact for concerns. This service supplements existing offices on campus that typically help register such
concerns. These concerns may include issues such as sexual assault or abuse, academic and research misconduct, child abuse, financial misconduct, or confidentiality concerns. The Dartmouth College Title IX Coordinator also receives all reports regarding this type of conduct.

**Sexual mistreatment and misconduct**

1. **Students who have experienced any threatening or intimidating conduct of a sexual nature**, which is explicitly prohibited at Dartmouth (see Student Handbook for details), have many resources including the Sexual Abuse Awareness Program (SAAP). The Get Help NOW resources (24/7) are listed on the SAAP website: [http://www.dartmouth.edu/sexualabuse/saap/saapcoordinator.html](http://www.dartmouth.edu/sexualabuse/saap/saapcoordinator.html)

   The mistreatment section on this “Map of Where to Turn” has non-emergency resources.

2. Although reporting should normally be made through standard channels, Dartmouth has also contracted with EthicsPoint, an independent third party to serve as a web-based point of contact for concerns. This service supplements existing offices on campus that typically help register such concerns. These concerns may include issues such as sexual assault or abuse, academic and research misconduct, child abuse, financial misconduct, or confidentiality concerns.

3. The Dartmouth College Title IX Coordinator also receives all reports regarding this type of conduct.

**Learning challenges map**

1. First years: Speak to Dr. Lyons or the course director. Other years: speak to the academic dean in charge of your year (Dr. Nierenberg for second year, Dr. Dick for third and fourth year). Each course has help sessions specifically for students who are struggling on examinations/quizzes. Students can speak to the course directors or Dr. Lyons about these help sessions.

2. Geisel is fortunate to have the learning skills professionals at the Academic Skills Center (224 Baker Library) available for consultation with any learning or study challenges they may be experiencing. Dr. Thum and Leslie Schnyder have extensive experience working with undergraduates, graduates, and adults. Students who are struggling academically and those who would like to improve their studying skills/techniques and test taking strategies should consider working with the Academic Skills Center.

3. **Tutors** are available for struggling students by contacting Dr. Glenda Shoop, who will arrange an upper class student to serve as a tutor. These tutors are paid by Student Services.

4. Students can also discuss their **learning difficulties, frustrations, and challenges** with their student advisor (Dr. Pinto-Powell or Dr. Duncan), who can help guide them to the best options including alternatives that are not listed above.

5. **Students from under-resourced backgrounds** may find discussions with Shawn O'Leary, Director of Multicultural Affairs, particularly helpful.

6. Students can **discuss challenges with their advisors or mentors**. (This is your On Doctoring facilitator for years one and two).
Medical Care /Issues

**General Dick’s House resources** are detailed on the web: [www.dartmouth.edu/~health/](http://www.dartmouth.edu/~health/).

Medical students often have **unique issues, and these are addressed in the Dick’s House Frequently Asked Questions (FAQ)** for medical students. The FAQ are in the Resources section of the Student Affairs area of the Geisel website: [http://geiselmed.dartmouth.edu/students/](http://geiselmed.dartmouth.edu/students/).

See section of this map on “mental health” for any threatening or intimidating conduct of a sexual nature.

**Not sure what to do?**

Contact Dr. Powell, Dr. Duncan or Dino Koff or fill out the Dick’s House anonymous feedback form that is available on the [Connections Canvas site](http://connections.dartmouth.edu/)(you will need to log in to Canvas). Needle sticks and occupational exposures are detailed in the student handbook. Information regarding common insurance issues is included in the FAQ.

Students with **fiscal issues related to medical care** (for example, dental issues) can seek counsel from Financial Aid. In virtually every case, these expenses will qualify for a loan.

**Spiritual support and resources**

Dartmouth’s Tucker Foundation has numerous programs and supports spiritual growth for individuals from many faith backgrounds. These programs are open to all Geisel students. In addition, counseling services are available. Geisel also has several faith-based special interest groups including the Maimonides Society and the Christian Medical Association.

Visit the Tucker Foundation website to find chaplains from many faiths. The College chaplains are available to the entire community, regardless of religious affiliation, for counseling and pastoral care as requested. There is a link to “Ask the Chaplain” on this web site: [http://www.dartmouth.edu/~tucker/spiritual/college_chaplains.html](http://www.dartmouth.edu/~tucker/spiritual/college_chaplains.html).

**Personal counseling map**

There are many options for **personal counseling and advice**. Problems may include such things as family issues, roommate issues, a close friend in crisis, or the illness/death of a friend or family member.

Good places to start are Student Services faculty and staff, your advisor, SNAP representative, Drs. Pinto-Powell and Duncan, the Tucker Foundation Chaplains, or Shawn O’Leary.

All of the faculty and staff in Student Services are knowledgeable and can help “triage” your concern and locate the person who is ideal to help you. Consult the dean on call list for any time-sensitive off-hours issues [http://geiselmed.dartmouth.edu/students/resources/academic/](http://geiselmed.dartmouth.edu/students/resources/academic/).