Mapping the Future Health Fair Sunday, May 20, 2007 • 12 - 2 pm

Aging in Place Co-Housing Options Alice Peck Day Memorial Hospital Angelique Priscilla, PT Armistead Caregiver Services Arthritis Foundation

CCBA

DHMC Department of Quality Measurement

Faye's Dance Studio

Fit For Life - Cia Maria Rising

Grafton County Senior Citizens Council, Inc.

New Hampshire Bureau of Elderly and Adult Services

Outreach House Residential Care

Parkinson's Information and Referral Center at DHMC

River Valley Club

RSVP and the Volunteer Center ServiceLink Aging and Disability Resource Center

Upper Valley Memory Center

Upper Valley Senior Center

Upper Valley Trails Alliance

ValleyNet

Visiting Nurse Association & Hospice of Vermont and New Hampshire

NUTRITION INFORMATION

Amy Tuller, RD, LD, CDE Co-Op Food Stores Hanover and Lebanon DHMC Nutrition Services Gita Patel, MS, RD Maryjane Simpson, RD, LD





Spring 2007

THE NEW THINKING ABOUT AGING

Fostering health ~ Coping with frailty