

Dartmouth Community Medical School



Heal Thyself?

*Exploring the impact
of screening, prevention
and complementary
therapies on personal
health*

SEVEN WEEKLY SESSIONS

Session 1: Tuesday, April 3

- **TRADITIONS AND SCIENCE IN HEALING**
Understanding how knowledge and belief systems influence our approach to health

Session 2: Tuesday, April 10

- **THE SECRET LIVES OF VITAMINS, DRUGS, SUPPLEMENTS AND GENETICALLY MODIFIED FOODS**
The story of what goes in and what it does when it gets there

Session 3: Tuesday, April 17

- **HERBS AND SUPPLEMENTS**
What works? What's safe? How to choose?

Session 4: Tuesday, April 24

- **IS AN OUNCE ENOUGH?**
The pros and cons of disease screening, prevention and health maintenance strategies

Session 5: Tuesday, May 1

- **APPETITE AND METABOLISM**
Are we really what we eat?

Session 6: Tuesday, May 8

- **NUTRITION AND EXERCISE**
The Holy Grail of health

Session 7: Tuesday, May 15

- **BEYOND PREVENTION**
Coping with stress and illness

Questions? Call (603) 653-1568

DISTINGUISHED FACULTY

DARTMOUTH COLLEGE

Mary Lou Guerinot, PhD, *Professor of Biological Sciences*

Robert G. Henricks, PhD, *Professor of Religion*

DARTMOUTH MEDICAL SCHOOL

Lori Alvord, MD, *Assistant Professor of Surgery*

Kathleen H. Chaimberg, MD, *Assistant Professor of Anesthesiology*

Joshua W. Hamilton, PhD, *Associate Professor of Pharmacology and Toxicology*

Marcia Herrin, EdD, MPH, RD, *Adjunct Instructor in Community and Family Medicine*

Lionel D. Lewis, MB, BCH, MD, *Associate Professor of Medicine and of Pharmacology and Toxicology*

Donald A. Mahler, MD, *Professor of Medicine*

Gerald T. O'Connor, PhD, DSc, *Professor of Medicine and of Community and Family Medicine*

Mark H. Reed, MD, *Assistant Professor of Psychiatry*

Oscar A. Scornik, MD, PhD, *Professor of Biochemistry*

Margaret A. Caudill-Slosberg, MD, PhD, *Adjunct Associate Professor of Anesthesiology*

Harold C. Sox, Jr., MD, *Professor of Medicine*

H. Gilbert Welch, MD, MPH, *Professor of Medicine*

Lee A. Witters, MD, *Professor of Medicine and of Biochemistry*

VERMONT LAW SCHOOL

Tracy L. Bach, JD, *Assistant Professor of Legal Writing*

SERIES DATES

Tuesdays, April 3, 10, 17, 24; May 1, 8, 15, 2001

Kellogg Auditorium
Dartmouth Medical School
Hanover, New Hampshire

All sessions are 7:00-9:30 PM.

A registration fee of \$20 covers all seven sessions. Directions and parking information will be mailed with your receipt.

Open to everyone

Register Soon!
Space is limited. Registration ends March 23.

REGISTRATION FORM

Name: _____

Address: _____

Daytime Phone: _____

Please enclose your check for \$20, which covers all seven sessions, payable to CCE. Directions and parking information will be mailed with your receipt.

Mail to: Center for Continuing Education
Dartmouth-Hitchcock Medical Center
One Medical Center Drive, Lebanon, NH 03756