Seven Weekly Sessions

Session 1: Tuesday, April 3
• Traditions and Science in Healing
  Understanding how knowledge and belief systems influence our approach to health

Session 2: Tuesday, April 10
• The Secret Lives of Vitamins, Drugs, Supplements and Genetically Modified Foods
  The story of what goes in and what it does when it gets there

Session 3: Tuesday, April 17
• Herbs and Supplements
  What works? What’s safe? How to choose?

Session 4: Tuesday, April 24
• Is an Ounce Enough?
  The pros and cons of disease screening, prevention and health maintenance strategies

Session 5: Tuesday, May 1
• Appetite and Metabolism
  Are we really what we eat?

Session 6: Tuesday, May 8
• Nutrition and Exercise
  The Holy Grail of health

Session 7: Tuesday, May 15
• Beyond Prevention
  Coping with stress and illness

Questions? Call (603) 653-1568

Dartmouth Medical School

Heal Thyself?
Exploring the impact of screening, prevention and complementary therapies on personal health

Series Dates

Tuesday, April 3, 10, 17, 24; May 1, 8, 15, 2001
Kellogg Auditorium
Dartmouth Medical School
Hanover, New Hampshire
All sessions are 7:00-9:30pm.
A registration fee of $20 covers all seven sessions. Directions and parking information will be mailed with your receipt.

DISTINGUISHED FACULTY

DARTMOUTH COLLEGE
Mary Lou Guarino, PhD, Professor of Biological Sciences
Robert G. Heinricks, PhD, Professor of Religion

DARTMOUTH MEDICAL SCHOOL
Lori Almond, MD, Assistant Professor of Surgery
Kathleen H. Chaisson, MD, Assistant Professor of Anesthesiology
Joshua W. Hamilton, PhD, Associate Professor of Pharmacology and Toxicology
Marcia Herrin, EdD, MPH, RD, Adjunct Instructor in Community and Family Medicine
Lionel D. Lewis, MB, BCH, MD, Associate Professor of Medicine and of Pharmacology and Toxicology
Donald A. Mahler, MD, Professor of Medicine
Gerald T. O’Connor, PhD, DSc, Professor of Medicine and of Community and Family Medicine
Mark H. Reed, MD, Assistant Professor of Psychiatry
Oscar A. Scornak, MD, PhD, Professor of Biochemistry
Margaret A. Caudill-Slosberg, MD, PhD, Adjunct Associate Professor of Anesthesiology
Harold C. Sox, Jr., MD, Professor of Medicine
H. Gilbert Welch, MD, MPH, Professor of Medicine
Lee A. Winters, MD, Professor of Medicine and of Biochemistry

VERMONT LAW SCHOOL
Tracy L. Bach, JD, Assistant Professor of Legal Writing

Open to everyone
Register Soon!
Space is limited. Registration ends March 23.

REGISTRATION FORM

Name: ___________________________________________ Daytime Phone: ____________________________
Address: __________________________________________________________________________________
_________________________________________ Evening Phone: ________________________________
Please enclose your check for $20, which covers all seven sessions, payable to CCE. Directions and parking information will be mailed with your receipt.
Mail to: Center for Continuing Education
Dartmouth-Hitchcock Medical Center
One Medical Center Drive, Lebanon, NH 03756

Questions? Call (603) 653-1568