

Dartmouth
Community
Medical School

*Fall 2007
Manchester, NH*

THE NEW THINKING ABOUT AGING

OPEN TO EVERYONE
HIGH SCHOOL STUDENTS
TO SENIOR CITIZENS

Register Now!
Space is limited.

Fostering health ~ Coping with frailty

Session 1: Tuesday, September 18

BUT I WAS BORN YOUNG!

*How and why we age, plus a special
Young @ Heart preview.*

Session 2: Tuesday, September 25

**HEART OF HEARTS – DON'T FAIL
ME NOW!**

*Advances in the prevention and treatment
of heart disease.*

Special Concert: Thursday, September 27

YOUNG @ HEART CHORUS

Dana Center, St. Anselm College

Tickets sold separately.

Co-sponsored by:

Catholic Medical Center and Elliot Hospital.

Session 3: Tuesday, October 2

BONING UP FOR THE LONG HAUL

*Helping our joints and skeleton cope with
decades of wear and tear.*

Session 4: Tuesday, October 9

WORKING TOGETHER

*The fine art of making complex decisions
about your health care options.*

Session 5: Tuesday, October 16

IS THERE LIGHT ON THE HORIZON?

*Making progress in preventing and treating stroke
and macular degeneration.*

Session 6: Tuesday, October 23

GREY MATTER MATTERS

*The biology and challenges of Alzheimer's and
Parkinson's disease.*

Session 7: Wednesday, November 7

**SENIORS COUNT: IMAGINE A
SENIOR-FRIENDLY COMMUNITY**

*Designing livable, walkable, senior-friendly
communities for successful aging. Join health care
and social service leaders for a community forum
and panel discussion about making the greater
Manchester area a more senior-friendly commu-
nity. We value your ideas and suggestions!*

SPECIAL GUEST SPEAKER:

Elinor Ginzler

Director for Livable Communities,
Office of Social Impact at AARP

DETAILS:

A registration fee of \$30 covers all seven sessions. Young @ Heart Chorus tickets sold separately. Regular sessions are Tuesday evenings 6:30-9:00PM at the Derryfield School Auditorium, 2108 River Road, Manchester, NH. Seniors Count forum Wednesday November 7 at the same location. Directions and parking information will be mailed with your receipt.

Register for the Aging Series online! http://ccehs.dartmouth-hitchcock.org/eventinfo_86.html

QUESTIONS? CALL (603) 653-1532. For more information: <http://dms.dartmouth.edu/dcms>

Offered in association with

 DARTMOUTH-HITCHCOCK MEDICAL CENTER