



Fall 2007  
Manchester, NH

# THE NEW THINKING ABOUT AGING

Fostering health ~ Coping with frailty

A SERIES OF PUBLIC LECTURE PROGRAMS

## Distinguished Faculty DARTMOUTH MEDICAL SCHOOL

- Stephen J. Bartels, MD, *Professor of Psychiatry and of Community and Family Medicine*
- Lin A. Brown, MD, *Associate Professor of Medicine*
- Julie P.W. Bynum, MD, *Assistant Professor of Medicine and of Community and Family Medicine*
- David J. Coffey, MD, *Associate Professor of Medicine and of Psychiatry*
- Julie P. Fago, MD, *Associate Professor of Medicine and of Community and Family Medicine*
- Chris R. Fields, OD, *Instructor of Surgery*
- M. Brooke Herndon, MD, *Assistant Professor of Medicine*
- Lisa A. Leinaw, MD, *Assistant Professor of Community and Family Medicine*
- Timothy G. Lukovits, MD, *Assistant Professor of Medicine*
- Michael B. Mayor, MD, *Professor of Orthopaedics*
- Dennis M. McCullough, MD, *Associate Professor of Community and Family Medicine*
- David W. Nierenberg, MD, *Professor of Medicine and of Pharmacology and Toxicology*
- Diane Palac, MD, *Assistant Professor of Medicine*
- Deborah A. Peltier, MD, *Associate Professor of Medicine and of Community and Family Medicine*
- Robert B. Santulli, MD, *Associate Professor of Psychiatry*
- Adam J. Schwarz, MD, *Assistant Professor of Medicine*
- Rosalind A. Stevens, MD, *Associate Professor of Surgery*
- Donald L. St. Germain, MD, *Professor of Medicine and of Physiology*
- Rand S. Swenson, MD, PhD, *Professor of Anatomy and of Medicine*
- Lynn A. Villemaire, MD, *Assistant Professor of Psychiatry*

### GUEST FACULTY

- Robert Capodilupo, MD, FACC, *Director, Cardiomyopathy Clinic, Catholic Medical Center*
- Beth Carroll, *Host of NH Outlook, New Hampshire Public Television*
- Elinor Ginzler, *AARP Director for Livable Communities, Office of Social Impact*
- Mary McGowan, MD, *Medical Director, Concord Hospital Cholesterol Treatment Center*

### REGISTRATION FORM – FALL 2007

Registration fees: \$30 in advance for all seven sessions and a complete syllabus, payable to CGE. Advance registration strongly encouraged. Directions and parking information will be mailed with your receipt.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Mail to: Center for Continuing Education

Dartmouth-Hitchcock Medical Center  
One Medical Center Drive, Lebanon, NH 03756

—OR—

Register for the Aging Series online!

[http://cechs.dartmouth-hitchcock.org/eventinfo\\_86.html](http://cechs.dartmouth-hitchcock.org/eventinfo_86.html)

*Register Now!*

All sessions are 6:30–9:00PM

Dartmouth Community Medical School

Fall Course – 2007

Tuesdays: September 18, 25; October 2, 9, 16, 23

Seniors Count Forum: Wednesday, November 7

Nancy S. Boettiger Auditorium

Derryfield School, 2108 River Road

Manchester, New Hampshire

**Special Concert: Thursday, September 27, 7:00PM**  
**YOUNG @ HEART CHORUS**

Dana Center, St. Anselm College

Tickets sold separately.

Check <http://www.anselm.edu/dana/boxoffice/>  
or call (603) 641-7700.

# THE NEW THINKING ABOUT AGING

## Fostering health ~ Coping with frailty

Tuesdays: September 18, 25; October 2, 9, 16, 23  
*Seniors Count Forum*: Wednesday, November 7  
All sessions are 6:30-9:00PM.  
Young @ Heart Concert 7:00PM

### *Session 1: Tuesday, September 18* **BUT I WAS BORN YOUNG!**

*How and why we age, plus a special  
Young @ Heart concert preview.*

Stephen J. Bartels, MD / Donald L. St. Germain, MD

### *Session 2: Tuesday, September 25* **HEART OF HEARTS – DON'T FAIL ME NOW!**

*Advances in the prevention and treatment  
of heart disease.*

Robert Capodilupo, MD, FACC /  
Mary McGowan, MD / Diane Palac, MD /  
Adam J. Schwarz, MD

### *Special Concert: Thursday, September 27*

#### **YOUNG @ HEART CHORUS**

*Dana Center, St. Anselm College*

*Tickets sold separately.*

*Co-sponsored by:*

*Catholic Medical Center and Elliot Hospital.*

### *Session 3: Tuesday, October 2* **BONING UP FOR THE LONG HAUL**

*Helping our joints and skeleton cope with  
decades of wear and tear.*

Lin A. Brown, MD / Julie P. Fago, MD /  
Michael B. Mayor, MD / Deborah A. Peltier, MD

### *Session 4: Tuesday, October 9*

#### **WORKING TOGETHER**

*The fine art of making complex decisions about  
your health care options.*

Lisa A. Leinau, MD / Dennis M. McCullough, MD /  
David W. Nierenberg, MD

### *Session 5: Tuesday, October 16*

#### **IS THERE LIGHT ON THE HORIZON?**

*Making progress in preventing and treating  
stroke and macular degeneration.*

Julie P.W. Bynum, MD / Chris R. Fields, OD /  
M. Brooke Herndon, MD / Timothy G. Lukovits, MD /  
Rosalind A. Stevens, MD

### *Session 6: Tuesday, October 23*

#### **GREY MATTER MATTERS**

*The biology and challenges of Alzheimer's and  
Parkinson's diseases.*

Julie P.W. Bynum, MD / David J. Coffey, MD /  
Robert B. Santulli, MD / Rand S. Swenson, MD, PhD /  
Lynn A. Villemaire, MD

Dartmouth  
*Community*  
Medical School

Offered in association with



DARTMOUTH-HITCHCOCK MEDICAL CENTER

### *Session 7: Wednesday, November 7*

#### **SENIORS COUNT: IMAGINE A SENIOR-FRIENDLY COMMUNITY**

*Designing livable, walkable, senior-friendly  
communities for successful aging. Join health  
care and social service leaders for a community  
forum and panel discussion about making  
the greater Manchester area a more senior-  
friendly community. We value your ideas  
and suggestions!*

SPECIAL GUEST SPEAKER:

*Elinor Ginzler*

Director for Livable Communities,  
Office of Social Impact at AARP

Ms. Ginzler has appeared on The Today Show,  
The Early Show, Good Morning America  
and CNN news shows.

MODERATOR:

Beth Carroll, New Hampshire Public Television

PANELIST:

Stephen J. Bartels, MD  
Others to be Announced



ALL SESSIONS OPEN TO EVERYONE: *High school students to senior citizens.*