DECISIONS, DECISIONS.

Making Informed Health Care Choices.



SEVEN WEEKLY SESSIONS

Session 1: Wednesday, September 24

• WHAT'S MY RISK? WHAT ARE MY OPTIONS? Evaluating your personal health risks and making good decisions.

Session 2: Wednesday, October 1

• Who Puts the "Convention" in CONVENTIONAL WISDOM?

A discussion of where medical advice comes from as well as how clinical research is performed and evaluated.

Session 3: Wednesday, October 8

• FOUNTAINS OF YOUTH?

Hormonal treatments for menopause, andropause (men), and somatopause (metabolic slowdown).

Session 4: Wednesday, October 15

• CASE STUDY #1: BREAST CANCER Making decisions about screening and treatment.

Session 5: Wednesday, October 22

 HOT ISSUES: DIABETES, DIET, & BARIATRIC SURGERY

The latest on diabetes and strategies for weight control.

Session 6: Wednesday, October 29
• Is More Health Care Better Health Care? The relationship between the individual and society in health care today.

Session 7: Wednesday, November 5

• CASE STUDY #2: PROSTATE CANCER Making decisions about screening and treatment.

Questions? Call (603) 653-1532

Offered in association with Martmouth-Hitchcock Medical Center

DISTINGUISHED FACULTY

E. Dale Collins, MD, Associate Professor of Surgery and of Community and Family Medicine

Richard J. Comi, MD, Associate Professor of Medicine Leslie R. Demars, MD, Assistant Professor of Obstetrics and Gynecology

Marc S. Ernstoff, MD, Professor of Medicine

Elliot S. Fisher, MD, MPH, Professor of Medicine and of Community and Family Medicine

David J. Gladstone, ScD, Assistant Professor of Medicine and Chief of Clinical Physics

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Marcia Herrin, EdD, Adjunct Instructor of Community and Family Medicine

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George L. Wolford, PhD, Professor of Psychological and Brain Sciences, Adjunct Professor of Community and Family Medicine

Steven Woloshin, MD, Associate Professor of Medicine and of Community and Family Medicine

SERIES DATES

All sessions are 7:00-9:00 PM

Wednesdays: September 24; October 1, 8, 15, 22, 29;

November 5 The Nancy S. Boettinger Auditorium, Derryfield School 2108 River Road, Manchester, NH.

A registration fee of \$25 covers all seven sessions. Directions and parking information will be mailed with your receipt.

OPEN TO EVERYONE

Register Now!

Space is limited. Registration ends September 10, 2003.